

BIBLIOGRAPHY

- Caspersen, C.J., Powel, K.E., & Christensen, G.M. (1985) Physical activity, exercise, and physical fitness: Definitions and distinctions for health-related research. *Public Health Reports*, 100: 126-131.
- Fukugasako, Y., Suroto, Komatsuzaki, S., Yonemura, K., & Takahashi, T. (2003) A Study of the significance of "momentum" in physical education classes: The relationship between learning engagement and students' formative evaluation of the classes. *Japan Journal of Physical Education, health, and Sport Science* (48): 281-297. (In Japanese)
- Hasegawa, E., Takahashi, T., Urai, T., & Matsumoto, T. (1995) Development of an instrument for formative evaluation and its diagnostic standard of physical education class in elementary school. *Japanese Journal of Sport Education Studies* 14 (2): 91-101. (In Japanese)
- Kaga, M., Takahashi, K., Suzuki, H., & Ikeda, N. (1997) Effect of physical education class on amount of daily physical activity at school children. *Japanese Journal of Sport Education Studies*. 17 (2): 95-103. (In Japanese)
- Martin, L.T. (2003) Context of schools. In S.J., Silverman and C.D. Ennis (eds). *Student learning in physical education*. Second edition. *Human Kinetics: Champaign: IL*. (p.43-66).

- Mawer, M. (1995) *The effective teaching of physical education (the effective teacher series)*. Pearson & Longman: Harlow, England (p.51-53).
- McKenzie, T.L. (2003) *Health related physical education: Physical activity, fitness, and wellness*. In S.J., Silverman and C.D. Ennis (eds). *Student learning in physical education*. Second edition. Human Kinetics: Champaign: IL. (p.207-226).
- McKenzie, T.L., Strikmiller, P.K., Stone, E.J., Woods, S.E., Ehlinger, S.S., Romero, K.A., & Budman, S.T. (1994a) *CATCH: Physical activity process evaluation in a multi-center trial*. *Health Education Quarterly* 2 (Suppl.): pp. S72-S89.
- McKenzie, T.L., Alcaraz, J., & Sallis, J.F. (1994b) *Assessing children's liking for activity units in an elementary physical education curriculum*. *Journal of Teaching in Physical Education* 13: pp. 206-215.
- McKenzie, T.L., Sallis, J.F., Nader, P.R., Patterson, T.L., Elder, J.P., Berry, C.C., Rupp, J.W., Atkins, C.J., Buono, M.J., & Nelson, J.A. (1991a). *BEACHES: An observational system for assessing children's eating and physical activity behaviors and associated events*. *Journal of Applied Behavior Analysis* 24(1): pp. 141-151.
- McKenzie, T.L., Sallis, J.F., & Nader, P.R. (1991b). *SOFIT: System for observing fitness instruction time*. *Journal of Teaching in Physical Education* 11: pp. 195-205.

- Metzler, M. (1990) Instructional supervision in physical education. Champaign, Illinois, Human Kinetics (p.61).
- Metzler, M. (1983) Using academic learning time in process-product studies with experimental teaching units: Teaching in physical education, Human Kinetic: Champaign, pp.185-196.
- Pieron, M., & Cheffers, J. (1988) ICSSPE Sport Science Studies: Research in sport pedagogy. Germany: Verlag Karl Hofmann. 192-193.
- Siedentop, D., and Tannehill, D. (2000) Developing teaching skills in physical education. Fourth Edition. Mountain View, California: Mayfield Publishing Company(p.6,).
- Siedentop, D. (1983). Developing teaching skills in physical education. Second Edition. Mountain View, California: Mayfield Publishing Company. Page 41.
- Silverman, S. (1991) Research on teaching in physical education. Research Quarterly for Exercise and Sport, 62(4):352-64.
- Suroto, Fukugasako, Y., Jung, J.H., Okade, Y., & Takahashi, T. (2004) Students' physical activity level (PAL) during gymnastics and ball games units of elementary physical education class evaluation (FCE) scores. Japanese Journal of Sport Education Studies 24 (1).
- Takahashi, T., Okade, Y., Tomozoe, H., & Iwata, Y., (2002). Introduction to sports pedagogy. Tokyo: 大修館書店 (Taisyuukansyoten). Page 273.

- Takahashi, T. (2000a) Characteristics of physical education teaching evaluated by students. *Japan J. Phys. Educ.* 45: 147-162, March 2000.
- Takahashi, T., (2000b) in Korean Association of Sport Pedagogy, 3rd International Sport Pedagogy Seminar: New paradigm of Sport Pedagogy, Inchon, Korea: Inchon National University of Education, 26th Aug., 2000. Page 21-41. Characteristics of the process of physical education classes which are highly evaluated by pupils: Focusing on the relationship between learning and teaching in the class process and the class evaluation by pupils.
- Takahashi, T., Hasegawa, E., & Kariya, S. (1994) Construction of an instrument for formative evaluation of physical education class. *Japanese Journal of Physical Education* 39: 29-37. (In Japanese)
- Takeda, K., Takahashi, T., & Okade, Y., (1997). Quest for sport pedagogy. Tokyo: 大修館書店 (Taisyuukansyoten). Page 362-363.
- Welk, G.J. (2002) Physical activity assessments for health-related research. Ed. *Human Kinetics*: Champaign, IL.
- World Health Organization (2002a). "Move for Health": World Health Day 2002. In Fact Sheet Copenhagen, 7 April 2002. (Retrieved from: http://www.who.int/archives/world-health-day/euro_factsheet.pdf)
- World Health Organization (2002b) Myths about Physical Activity. In archives of World Health Day 2002. "Move for Health" 7 April. (Retrieved from: http://www.who.int/archives/world-health-day/fact_sheets7.en.shtml)

World Health Organization (2002c) Physical inactivity a leading cause of disease and disability, warns WHO. In Press Release WHO/23 on 4 April 2002. (Retrieved from: <http://www.who.int/inf/en/pr-2002-23.html>)

World Health Organization (2002d) Sedentary Lifestyle: a global public health problem. In Non-communicable Disease Prevention and Health Promotion Page (Retrieved from: <http://www.who.int/hpr/physactiv/sedentary.lifestyle1.shtml>)