英文アブストラクト (書籍 Book)

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| 英文概要 Abstract | This book was published after the Great East Japan Earthquake and Tsunami to enlighten journalists, who cover the disaster, about critical incident stress caused by the disaster. Journalists' Critical Incident Stress Research Group (Principal Investigator: Yutaka Matsui) as the editor had conducted research about critical incident stress among journalists such as news reporters, announcers, and camera operators of newspaper companies and TV stations, as well as enlightened them. Members of the research group had been planning to conduct research and training seminars of critical incident stress care for journalists in consultation with Sinbun Roren, a labor association for employees of newspaper companies in Japan. Twenty hours after the planning session, the Great East Japan Earthquake struck Japan at 14:46 on March 11, 2011. To help cope with the disaster, the research group engaged in educational activities on stress care by sending briefing papers about critical incident stress with the help of Shinbun Roren, and providing informational brochures online. The research group also conducted a series of research on journalists' stress caused by the disaster This activity was supported by Dr. Frank Ochberg and other foreign researchers and clinical psychologist. This book introduces the educational activities for journalists involved in the disaster as well as perspectives of critical incident stress among journalists. It also details survey results of critical |
| | incident stress toward Japanese journalists, discussions about journalism and critical incident stress, psychological topics relating to critical incident stress (such as definition of critical |

| | incident stress, post-traumatic stress disorder and post-traumatic |
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| | growth), and stress measure for journalists. |
| | It advocates for training seminars to be developed based on |
| | critical incident stress care in foreign countries. For the sake of |
| | good coverage, it is important for journalists to realize and to cope |
| | with their own critical incident stress. |
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| 共著者の同意について | □ つくばリポジトリへのデータ提出について共著者の承諾済 |
| Consent of co-author(s) | Data submission to University of Tsukuba Repository has |
| | been approved by the co-author(s). |