

平成24年度体力運動能力測定用紙 集計

1年男 子

| 人文・文化学群 | | 社会・国際学群 | | 人間学群 | | 生命環境学群 | | 理工学群 | | 情報学群 | | 医学群 | | 体育専門学群 | | 芸術専門学群 | | 全体 | | | |
|-------------|--------|---------|------|--------|--------|--------|--------|-------|------|--------|-------|------|--------|--------|------|--------|-------|------|--------|--------|-----|
| Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | |
| 身長(cm) | 171.1 | 5.6 | 86 | 171.7 | 6.3 | 75 | 171.3 | 6.0 | 44 | 183.6 | 132.2 | 126 | 171.3 | 5.6 | 430 | 172.0 | 6.6 | 138 | 171.5 | 5.9 | 85 |
| 体重(kg) | 64.0 | 11.8 | 86 | 62.3 | 7.6 | 76 | 64.1 | 10.4 | 44 | 61.4 | 9.3 | 126 | 62.5 | 9.9 | 430 | 61.0 | 10.0 | 138 | 63.9 | 11.2 | 153 |
| 体脂肪率(%) | 15.9 | 6.6 | 86 | 14.9 | 4.6 | 75 | 15.9 | 6.2 | 44 | 14.2 | 5.9 | 125 | 15.6 | 9.5 | 426 | 15.0 | 18.1 | 134 | 15.7 | 6.2 | 85 |
| B.M.I | 21.7 | 3.7 | 85 | 21.3 | 3.2 | 75 | 22.1 | 5.6 | 44 | 20.8 | 2.8 | 125 | 21.3 | 3.1 | 427 | 20.6 | 2.8 | 137 | 21.6 | 3.8 | 85 |
| ウエスト(cm) | 75.5 | 10.0 | 87 | 74.5 | 6.5 | 77 | 75.5 | 8.5 | 46 | 73.8 | 8.6 | 128 | 75.4 | 8.2 | 437 | 73.1 | 9.3 | 139 | 75.0 | 9.4 | 86 |
| ヒップ(cm) | 91.6 | 9.0 | 87 | 92.2 | 6.6 | 77 | 88.6 | 8.2 | 46 | 90.2 | 7.4 | 128 | 92.9 | 7.1 | 437 | 89.5 | 6.8 | 139 | 93.3 | 6.1 | 86 |
| 握力(kg) | 43.0 | 6.5 | 87 | 42.2 | 6.4 | 76 | 42.8 | 7.0 | 46 | 42.7 | 6.9 | 129 | 42.8 | 7.4 | 437 | 41.0 | 6.9 | 140 | 41.5 | 5.3 | 86 |
| 上体起立(回) | 30.6 | 5.9 | 87 | 30.2 | 6.0 | 76 | 31.8 | 5.6 | 46 | 31.0 | 5.6 | 129 | 30.3 | 5.4 | 437 | 28.7 | 5.4 | 138 | 30.3 | 5.5 | 85 |
| 長座体前屈(cm) | 45.3 | 10.0 | 88 | 45.8 | 9.0 | 77 | 47.7 | 9.1 | 45 | 48.5 | 8.3 | 128 | 47.2 | 9.0 | 439 | 42.8 | 8.7 | 139 | 46.9 | 9.7 | 85 |
| 反復横跳び(回) | 55.4 | 6.7 | 87 | 56.4 | 6.8 | 76 | 55.9 | 7.0 | 46 | 52.4 | 8.1 | 257 | 55.3 | 6.9 | 433 | 52.3 | 7.0 | 140 | 54.3 | 9.0 | 86 |
| 50m走(秒) | 7.5 | 0.6 | 56 | 7.5 | 0.4 | 5 | 6.8 | 0.3 | 2 | 7.5 | 0.5 | 49 | 7.9 | 5.9 | 152 | 7.5 | 0.6 | 6 | 8.1 | 1.1 | 3 |
| 立ち幅跳び(cm) | 225.7 | 22.0 | 86 | 230.6 | 23.5 | 76 | 236.8 | 19.6 | 46 | 233.6 | 21.9 | 128 | 227.4 | 19.5 | 430 | 226.5 | 21.1 | 138 | 225.3 | 26.9 | 86 |
| ハンドボール投げ(m) | 25.1 | 6.0 | 56 | 26.4 | 5 | 23.5 | 4.9 | 2 | 26.3 | 7.2 | 49 | 27.3 | 6.2 | 150 | 21.8 | 7.3 | 6 | 23.0 | 3.5 | 3 | |
| 12分間走(m) | 2426.1 | 426.1 | 62 | 2059.6 | 1016.6 | 5 | 2781.3 | 249.8 | 12 | 2549.5 | 394.4 | 51 | 2309.7 | 375.9 | 154 | 2404.3 | 414.9 | 18 | 1862.8 | 1050.8 | 5 |

1年女 子

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|-------------|--------|---------|------|-------|-------|--------|-------|-------|--------|-------|------|--------|-------|--------|------|--------|------|------|-------|------|--------|
| Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | Mean | SD | N | |
| 身長(cm) | 158.0 | 5.2 | 136 | 157.8 | 5.2 | 63 | 179.3 | 176.0 | 66 | 158.7 | 5.2 | 106 | 159.2 | 5.5 | 65 | 159.1 | 5.6 | 60 | 158.2 | 5.3 | 112 |
| 体重(kg) | 52.1 | 8.0 | 136 | 52.4 | 6.0 | 60 | 48.9 | 5.9 | 66 | 53.2 | 11.8 | 104 | 52.2 | 7.0 | 72 | 51.2 | 6.8 | 81 | 51.2 | 6.5 | 113 |
| 体脂肪率(%) | 27.6 | 5.6 | 135 | 71.2 | 329.5 | 58 | 25.1 | 5.2 | 66 | 27.2 | 5.4 | 103 | 30.8 | 27.2 | 72 | 26.9 | 5.4 | 81 | 27.2 | 5.2 | 113 |
| B.M.I | 20.8 | 2.6 | 135 | 21.2 | 2.2 | 38 | 19.7 | 2.1 | 66 | 20.8 | 2.7 | 102 | 20.8 | 2.6 | 72 | 21.2 | 3.0 | 59 | 20.8 | 2.8 | 113 |
| ウエスト(cm) | 68.4 | 7.1 | 137 | 67.5 | 5.1 | 65 | 66.8 | 5.5 | 67 | 67.8 | 7.0 | 106 | 68.0 | 6.4 | 73 | 69.6 | 6.8 | 61 | 66.9 | 6.5 | 117 |
| ヒップ(cm) | 89.7 | 7.3 | 137 | 91.3 | 4.6 | 65 | 96.9 | 95.6 | 67 | 90.6 | 6.0 | 106 | 90.2 | 5.9 | 73 | 91.0 | 6.4 | 61 | 90.1 | 4.8 | 117 |
| 握力(kg) | 27.2 | 6.4 | 136 | 27.2 | 4.4 | 64 | 27.6 | 4.1 | 67 | 29.4 | 10.7 | 107 | 26.8 | 4.6 | 73 | 27.3 | 4.6 | 61 | 27.3 | 4.5 | 117 |
| 上体起立(回) | 22.6 | 6.4 | 136 | 23.7 | 4.8 | 65 | 23.2 | 6.0 | 66 | 23.9 | 5.7 | 106 | 24.1 | 4.8 | 71 | 23.4 | 4.8 | 59 | 23.9 | 4.9 | 116 |
| 長座体前屈(cm) | 46.5 | 7.7 | 136 | 45.3 | 8.8 | 65 | 43.4 | 7.3 | 67 | 46.7 | 8.1 | 107 | 45.3 | 8.8 | 73 | 44.5 | 8.4 | 61 | 46.8 | 9.1 | 117 |
| 反復横跳び(回) | 45.6 | 5.5 | 135 | 46.8 | 4.9 | 63 | 45.1 | 5.6 | 67 | 46.8 | 6.2 | 107 | 45.5 | 6.5 | 72 | 44.8 | 5.2 | 61 | 47.0 | 6.1 | 116 |
| 50m走(秒) | 9.2 | 0.9 | 57 | - | - | 8.7 | 0.7 | 5 | 8.9 | 0.7 | 37 | 8.8 | 0.6 | 3 | 8.8 | 0.6 | 3 | - | - | - | 9.3 |
| 立ち幅跳び(cm) | 169.5 | 23.1 | 136 | 169.1 | 23.5 | 65 | 173.3 | 20.5 | 67 | 174.6 | 20.7 | 106 | 170.2 | 23.1 | 72 | 171.8 | 25.0 | 61 | 171.5 | 24.6 | 116 |
| ハンドボール投げ(m) | 13.3 | 3.7 | 57 | - | - | 15.8 | 5.6 | 5 | 14.3 | 4.2 | 36 | 11.3 | 2.5 | 3 | 11.3 | 2.5 | 80 | - | - | - | 14.1 |
| 12分間走(m) | 1963.4 | 288.7 | 60 | - | - | 2183.7 | 244.4 | 15 | 2024.3 | 397.2 | 43 | 1840.0 | 243.0 | 6 | - | - | - | - | - | - | 1939.7 |

