

資料Ⅱ 平成3年度筑波大学大学院生年齢・男女・出身大学別体力・運動能力測定値

筑波大学出身者・大学院男子

	2 3 才			2 4 才			2 5 才			2 6 才			2 7 才			2 8 才			2 9 才		
	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N
身長 (cm)	170.9	6.20	82	171.9	5.05	111	172.1	6.49	52	173.1	4.50	23	171.3	6.53	12	170.0	5.75	10	171.5	5.61	38
体重 (kg)	63.9	8.70	82	65.1	8.21	111	67.0	8.70	52	66.0	9.77	23	67.8	8.45	12	69.5	11.60	10	65.6	11.76	38
胸囲 (cm)	88.6	5.56	82	88.3	5.55	111	90.6	7.17	52	90.1	7.20	23	93.1	8.11	12	90.4	5.91	10	90.9	8.26	38
上腕囲 (cm)	27.5	2.82	82	27.9	2.61	108	28.2	2.76	52	27.8	2.97	23	28.3	2.75	12	28.6	2.63	10	28.0	3.43	38
大腕囲 (cm)	53.0	4.45	82	53.5	4.40	110	54.2	4.24	52	53.4	5.16	23	55.3	3.60	12	53.5	4.43	10	52.8	5.48	38
皮脂厚上腕 (mm)	10.8	4.58	82	10.3	4.75	110	12.0	4.94	52	11.2	4.37	23	14.1	7.17	12	12.7	5.59	10	11.0	5.95	38
皮脂厚背脊部 (mm)	14.4	5.49	82	13.8	5.31	108	15.3	5.73	51	14.7	5.81	27	15.7	5.43	12	17.7	6.95	10	14.6	6.21	36
肺活量 (cc)	4453.0	539.72	82	4466.4	623.65	111	4433.4	630.15	52	4301.4	549.04	23	4821.7	448.87	12	4288.0	690.13	10	4495.0	771.50	38
最高血圧 (mmHg)	126.8	10.77	78	126.1	8.88	109	128.6	10.38	51	126.7	10.85	28	128.2	7.95	12	125.8	7.92	10	125.0	9.03	36
最低血圧 (mmHg)	70.9	9.78	77	71.3	9.05	109	70.6	8.08	50	72.5	8.46	28	76.2	10.64	11	71.3	7.85	10	71.2	6.62	36
握力 (kg)	48.1	7.64	81	48.3	6.63	111	48.1	7.56	52	46.0	5.53	23	46.0	4.70	12	46.1	6.55	10	46.9	5.92	38
体前屈 (cm)	12.2	5.90	81	10.8	6.51	107	9.7	5.08	52	8.8	7.51	26	9.1	3.66	12	12.0	4.50	8	10.3	7.37	36
垂直跳 (cm)	56.5	6.77	80	57.7	6.85	108	56.3	6.90	51	56.5	6.36	27	58.8	7.11	12	54.0	6.11	10	55.3	7.48	37
サイドステップ (回)	46.6	6.60	79	47.7	5.31	104	47.5	5.20	50	46.5	4.28	27	50.2	4.67	12	43.7	6.23	10	48.2	5.95	37

筑波大学出身者・大学院女子

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	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N
身長 (cm)	158.9	6.67	26	157.8	5.44	15	162.9	9.61	2	(157.5)	0.00	(1)	---	---	---	---	---	---	161.5	4.97	13
体重 (kg)	51.6	7.73	26	53.1	4.24	15	52.0	11.31	2	(52.5)	0.00	(1)	---	---	---	---	---	---	54.0	5.23	13
胸囲 (cm)	80.6	4.06	26	82.5	3.31	15	82.0	11.31	2	(83.0)	0.00	(1)	---	---	---	---	---	---	81.4	3.24	13
上腕囲 (cm)	25.5	2.28	26	26.6	1.63	15	24.5	4.94	2	(28.0)	0.00	(1)	---	---	---	---	---	---	25.2	2.06	13
大腕囲 (cm)	53.0	4.48	25	54.6	2.49	15	50.0	4.24	2	(55.0)	0.00	(1)	---	---	---	---	---	---	53.2	3.90	13
皮脂厚上腕 (mm)	17.9	4.34	26	17.9	3.64	15	12.5	2.12	2	(20.5)	0.00	(1)	---	---	---	---	---	---	18.5	6.83	13
皮脂厚背脊部 (mm)	17.6	4.60	26	18.9	4.81	15	14.5	2.12	2	(25.0)	0.00	(1)	---	---	---	---	---	---	16.5	5.08	13
肺活量 (cc)	2947.3	371.99	26	2953.3	622.42	15	3470.0	1088.94	2	(2810.0)	0.00	(1)	---	---	---	---	---	---	2828.3	391.80	13
最高血圧 (mmHg)	109.9	10.71	26	116.2	11.23	15	120.5	14.85	2	(118.0)	0.00	(1)	---	---	---	---	---	---	111.2	12.85	13
最低血圧 (mmHg)	65.2	9.90	26	65.5	8.70	15	61.5	3.53	2	(72.0)	0.00	(1)	---	---	---	---	---	---	65.1	6.99	13
握力 (kg)	31.5	4.91	26	31.5	5.09	15	25.0	8.50	2	(35.0)	0.00	(1)	---	---	---	---	---	---	32.9	5.50	13
体前屈 (cm)	14.9	5.12	26	14.7	5.09	14	12.5	4.94	2	(14.0)	0.00	(1)	---	---	---	---	---	---	15.0	8.81	13
垂直跳 (cm)	41.8	6.33	26	41.4	5.46	14	36.5	4.94	2	(33.0)	0.00	(1)	---	---	---	---	---	---	39.7	5.92	13
サイドステップ (回)	41.2	5.17	26	42.4	6.27	13	35.0	1.41	2	(47.0)	0.00	(1)	---	---	---	---	---	---	40.1	5.66	13

筑波大学出身者以外・大学院男子

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	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N
身長 (cm)	171.9	5.11	26	171.4	7.19	23	171.1	5.75	9	173.4	6.65	13	168.8	4.79	18	169.8	5.67	10	171.7	6.67	63
体重 (kg)	65.6	8.78	26	64.6	7.73	23	64.7	9.10	9	63.8	5.44	13	63.1	7.50	18	62.9	9.13	10	67.7	10.10	63
胸囲 (cm)	87.2	6.29	26	89.3	5.46	23	88.9	7.41	9	88.1	4.67	13	88.4	6.07	18	87.5	7.27	10	91.6	6.67	63
上腕囲 (cm)	27.4	2.59	26	27.6	2.05	23	28.1	3.02	9	27.7	2.26	13	27.5	2.28	18	26.9	2.62	10	28.6	2.69	64
大腿囲 (cm)	53.6	4.46	26	53.0	2.98	23	53.3	4.14	9	53.0	4.25	13	52.4	3.88	18	52.5	4.72	10	53.9	4.19	64
皮脂肪厚上腕 (mm)	11.6	5.08	26	10.3	3.48	23	13.2	4.29	9	10.4	4.01	13	10.2	4.04	18	9.1	6.10	10	11.5	5.18	64
皮脂肪厚臀部 (mm)	15.6	6.40	25	14.5	4.88	23	16.4	5.34	9	15.0	4.99	13	15.9	5.04	18	11.6	5.95	9	17.6	7.20	63
肺活量 (cc)	4346.9	663.18	26	4543.1	656.21	23	4182.2	705.30	9	3981.5	854.42	13	3955.0	703.63	18	4494.0	818.40	10	4395.9	612.22	64
最高血圧 (mmHg)	127.0	10.59	26	127.3	8.36	23	128.6	8.44	9	127.3	9.16	13	126.8	12.40	18	126.6	22.02	10	127.3	9.45	63
最低血圧 (mmHg)	71.3	7.84	26	69.8	5.55	23	71.0	4.06	9	70.9	11.72	13	69.2	8.47	18	62.3	8.20	9	72.3	11.55	63
握力 (kg)	47.9	5.18	26	47.9	8.34	23	44.3	10.31	9	49.8	6.17	13	46.8	8.17	18	43.1	6.68	10	47.3	6.90	64
体前屈 (cm)	8.0	5.28	25	8.5	7.85	23	8.2	2.85	9	10.2	3.13	13	8.2	7.27	17	13.0	8.70	10	8.1	6.48	62
垂直跳 (cm)	58.8	7.19	26	58.3	8.68	23	54.9	6.94	9	53.3	6.12	12	54.0	4.93	18	53.1	11.16	10	52.5	6.84	64
サイドステップ (回)	45.0	4.58	26	43.9	8.65	23	45.7	4.39	9	40.8	8.32	11	43.6	7.49	18	43.0	10.71	9	38.0	8.22	63

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	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N	M	SD	N
身長 (cm)	160.9	8.95	9	159.3	4.84	11	153.5	7.08	7	155.8	4.71	6	156.6	1.32	3	158.1	5.21	5	159.1	4.01	14
体重 (kg)	54.8	8.70	9	56.0	6.84	11	47.6	7.74	7	51.5	5.42	6	52.7	5.51	3	53.6	5.65	5	54.0	7.20	14
胸囲 (cm)	81.4	5.65	9	82.8	5.20	11	78.7	3.81	7	85.3	8.26	6	82.2	2.02	3	85.3	3.93	5	83.1	5.45	13
上腕囲 (cm)	26.1	1.24	9	26.8	3.00	11	23.1	2.75	7	23.5	2.39	6	25.3	0.76	3	26.5	3.16	5	25.6	2.24	13
大腿囲 (cm)	55.1	3.92	9	57.0	5.26	11	47.9	4.68	7	53.2	3.68	6	52.5	3.12	3	55.0	5.20	4	53.3	4.22	13
皮脂肪厚上腕 (mm)	19.2	6.46	9	21.0	9.21	11	11.2	5.15	7	20.2	7.66	6	18.2	3.55	3	19.0	7.87	4	17.6	6.59	13
皮脂肪厚臀部 (mm)	16.0	3.54	9	21.3	7.18	9	14.4	5.42	7	21.3	5.67	6	22.0	7.59	4	22.5	7.59	4	16.0	4.53	12
肺活量 (cc)	3286.7	974.17	9	3220.9	466.16	11	2700.0	373.14	7	2575.0	309.44	6	2873.3	330.05	3	2740.0	599.83	5	3113.6	472.52	14
最高血圧 (mmHg)	115.8	8.64	9	113.1	11.97	11	109.6	12.19	7	106.7	8.38	6	107.3	2.52	3	116.8	11.24	4	108.8	14.12	14
最低血圧 (mmHg)	66.3	8.85	9	65.1	7.56	11	70.1	11.63	7	65.2	8.66	6	67.0	5.00	3	60.3	12.74	4	65.4	9.03	13
握力 (kg)	32.6	4.61	9	31.4	3.70	11	32.4	3.86	7	28.1	5.02	6	34.0	1.73	3	31.1	6.33	5	29.7	5.60	13
体前屈 (cm)	13.8	4.84	9	14.0	4.04	11	10.3	6.27	7	16.1	4.59	5	5.8	4.19	3	19.5	5.40	5	13.6	6.81	13
垂直跳 (cm)	39.9	7.52	9	38.4	8.04	11	38.0	4.62	7	36.2	3.43	6	33.3	4.04	3	38.8	6.72	5	35.2	7.19	13
サイドステップ (回)	39.2	5.83	9	41.3	7.32	11	38.3	6.05	7	38.2	5.00	6	37.3	2.52	3	37.2	3.96	5	34.9	4.72	13