

# Amyloid Polypeptide Disaggregation Activity of Passion Fruit Seed-Derived Polyphenol Compounds

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## Abstract

In an aging society, the prevalence of Alzheimer disease (AD) and type 2 diabetes (T2D) has increased. It is currently hypothesized that these diseases are caused by the aggregation of amyloid  $\beta$  ( $A\beta$ ) in the brain and human islet amyloid polypeptide (hIAPP) in the islets of Langerhans, respectively. Therefore, the disaggregation of these existing amyloid aggregates is a promising approach to the prevention and treatment of both diseases. In our previous studies, we found a remarkable  $A\beta$  and hIAPP aggregation inhibitory activity of polyphenolic compounds containing catechol moieties. Compared to previous reports on their aggregation inhibitory activity, there are few on the disaggregation activity of polyphenolic compounds. Additionally, there are few findings on the disaggregation activity of polyphenolic compounds on hIAPP. In this study, we investigated the  $A\beta$  and hIAPP disaggregation activity of scirpusin B, a polyphenolic compound found in passion fruit seeds, and related compounds. Thioflavin T (Th-T) assays and transmission electron microscopy (TEM) were performed on these compounds to evaluate their  $A\beta$ 42 and hIAPP disaggregation activities. The results showed that scirpusin B and its related compounds showed remarkable disaggregation activity. The structure–activity relationship of these compounds revealed that the presence of catechol moieties is important for this activity. This study also showed that polyphenols from passion fruit seeds have significant disaggregation activity against amyloid polypeptide aggregation.

## Keywords

alzheimer disease, type 2 diabetes, amyloid  $\beta$ , human islet amyloid polypeptide, scirpusin B, structure–activity relationship, catechol, disaggregation

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In an aging society, the increasing number of patients suffering from dementia has become a serious concern. Alzheimer disease (AD), an intractable neurodegenerative complaint, accounts for more than half of all dementia cases. Neurodegenerative diseases, such as AD, interfere with the daily activities of patients, who are in need of long-term care and become an increasing burden on their families. Although research is underway to develop a cure, no effective treatment nor drug has been found to fundamentally treat AD itself. Similar to AD, type 2 diabetes mellitus (T2D), which is on a rise across the globe, is also a major problem. T2D is characterized by decreased insulin function, which leads to high blood glucose levels and various complications. Previous studies have shown a relationship between AD and T2D.<sup>1</sup> AD and T2D share many common pathophysiological characteristics, such as increased oxidative stress and the aggregation of amyloid proteins with intermolecular  $\beta$ -sheet structures.<sup>2–4</sup> Amyloid proteins include amyloid  $\beta$  ( $A\beta$ ) and human islet amyloid polypeptide (hIAPP).<sup>5–7</sup>  $A\beta$ , which consists of 36 to 43 amino acids, is produced from amyloid precursor protein in the brain, and hIAPP, which consists of 37 amino acids, is

secreted from pancreatic  $\beta$ -cells.<sup>8</sup> These aggregates attack cells in various ways.<sup>9</sup> For example, they stimulate the production of cytotoxic molecules, such as nitric oxide, reactive oxygen species (ROS), and pro-inflammatory cytokines in glial cells, contributing significantly to neuronal damage and death.<sup>10,11</sup> It has also been proposed that these aggregates load unfolded-protein response pathways,<sup>12</sup> which leads to cerebral and hippocampal atrophy in the brain and insulin deficiency in the pancreas. Furthermore, recent studies have shown that hIAPP is mixed with senile plaques, which are

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A $\beta$  aggregates found specifically in the brains of patients with AD.<sup>13</sup> Additionally, A $\beta$  has been found to aggregate in the pancreas of transgenic mice expressing both A $\beta$  and hIAPP.<sup>14</sup> Therefore, the disaggregation of these toxic oligomeric and fibrillar species may prove important for the treatment of AD and T2D. However, there is no effective therapy that can reverse the formation of these aggregates. Finding a

compound that can disaggregate both the amyloid proteins would therefore be an effective agent for the prevention and treatment of both diseases.

Recently, plant extracts,<sup>15</sup> and especially flavonoids,<sup>16</sup> have been reported to exhibit disaggregating activity. In addition, resveratrol and related compounds have been reported to inhibit the aggregation of A $\beta$  protein and hIAPP, which has been

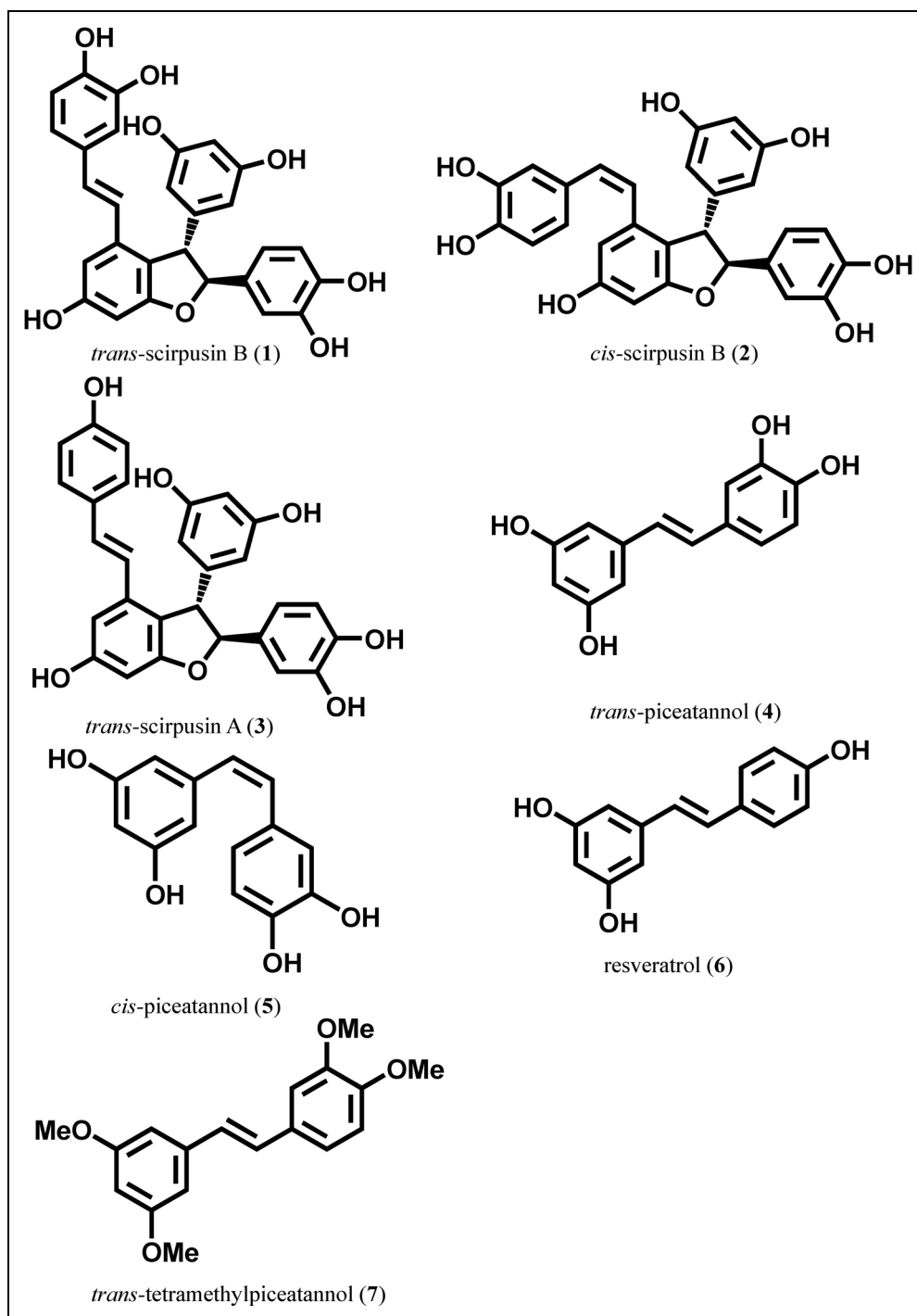
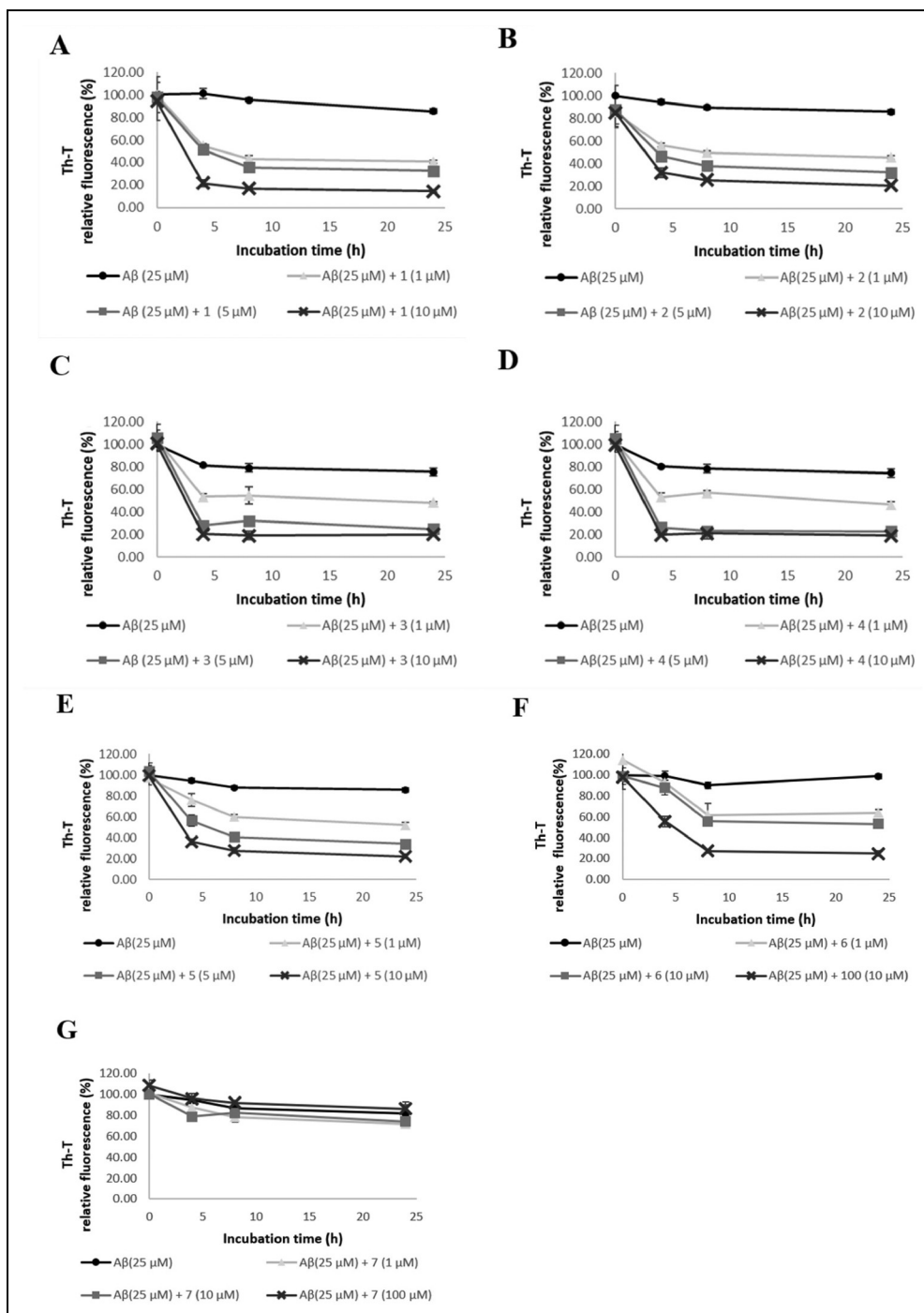


Figure 1. Molecular structures of compounds 1–7.

attracting significant attention.<sup>17,18</sup> However, there are no reports on resveratrol analogs. Nonetheless, it is important to investigate the disaggregation activities of both hIAPP and A $\beta$  amyloid polypeptides.

In our previous study, we found that polyphenols derived from various natural products inhibit amyloid polypeptide aggregation.<sup>19–27</sup> In this study, we evaluated the disaggregation activities of scirpusin B and its related compounds from passion fruit seeds



**Figure 2.** Effect of compounds 1–7 on A $\beta$ 42 disaggregation. A $\beta$ 42 (25  $\mu$ M) fibril formation was monitored by Th-T fluorescence after treatment with 1, 5, and 10  $\mu$ M of each compound. Fluorescence intensity was measured at excitation and emission wavelengths of 420 nm and 485 nm, respectively. Values represent the mean  $\pm$  SD (n = 6).

against amyloid polypeptide aggregation and expounded a structure–activity relationship for these compounds.

## Materials and Methods

### Tested Compounds 1–7

*Trans*-scirpusin B (**1**), *cis*-scirpusin B (**2**), *trans*-scirpusin A (**3**), *trans*-piceatannol (**4**), *cis*-piceatannol (**5**), and resveratrol (**6**) were purchased from Nagara Science Co. Ltd, Japan, and *trans*-tetramethylpiceatannol (**7**) from FUJIFILM Wako Pure Chemical Corporation, Japan.

### Thioflavin T (Th-T) Assay

The disaggregation abilities of A $\beta$ 42 and hIAPP were evaluated using the Th-T method developed by Naiki *et al.*,<sup>12</sup> the procedure for which has been described previously.<sup>28</sup> Herein, A $\beta$ 42 was dissolved in 0.1% NH<sub>4</sub>OH or hIAPP (KareBay Biochem Inc) dissolved in a 250 mM solution of 1,1,1,3,3,3-hexafluoro-2-propanol (0.5% acetic acid aqueous solution). The amyloid polypeptide solution was then diluted 10-fold with 50 mM PBS (pH = 7.4) and incubated with or without compounds **1–7** (Figure 1). The amyloid polypeptide solution (2.5  $\mu$ L) was then added to 250  $\mu$ L of 1 mM Th-T in 50 mM Gly-NaOH solution (pH = 8.5). The amyloid polypeptides were pre-incubated for 24 h to form aggregates beforehand, and then compounds **1–7** were added. The fluorescence intensities were measured at excitation and emission wavelengths of 420 nm and 485 nm, respectively, using a Wallac 1420 ARVO MX Multidetector Microplate Reader (PerkinElmer). The IC<sub>50</sub> value of each compound was calculated from the inhibition rate (%) of amyloid polypeptide aggregation after 24 h of incubation at 37 °C.

### Transmission Electron Microscope (TEM) Observations

The procedure was performed as previously reported<sup>28</sup> but with slight modifications. First, after the Th-T assay, 5  $\mu$ L of the amyloid polypeptide sample was spotted onto a glow-discharge carbon-coated Formvar grid, incubated for 2 min, then washed twice with 5  $\mu$ L of distilled water. The resulting grid was negatively stained twice for 1 min each with 5  $\mu$ L of 0.4% silicotungstic acid. After air-drying for 10 min, the samples were analyzed by transmission electron microscopy (TEM) (JEOL JEM-1400).

## Results

### A $\beta$ 42 Disaggregation Activity of Compounds 1–7

Th-T fluorescence assays were performed on compounds **1–7** to evaluate their A $\beta$ 42 disaggregation activities (Figure 2). The IC<sub>50</sub> values of these compounds are listed in Table 1. Compounds **1** (IC<sub>50</sub> = 1.0  $\mu$ M) and **2** (IC<sub>50</sub> = 1.3  $\mu$ M) exhibited significant A $\beta$  disaggregation activity, compounds **5** (IC<sub>50</sub> = 2.1

$\mu$ M), **4** (IC<sub>50</sub> = 1.9  $\mu$ M), and **3** (IC<sub>50</sub> = 2.1  $\mu$ M) showed moderate A $\beta$  disaggregation activity, compound **6** (IC<sub>50</sub> = 7.7  $\mu$ M) showed low disaggregation activity, and compound **7** (IC<sub>50</sub> > 100  $\mu$ M), which contained no catechol moieties, exhibited no disaggregation inhibitory activity (Table 1).

Th-T fluorescence intensity was suppressed in a concentration-dependent manner after treatment with each compound. Therefore, these compounds likely disaggregate the formation of the  $\beta$ -sheet structures associated with A $\beta$  aggregation in a concentration-dependent manner. Compounds **1** and **2** showed strong disaggregation activity against A $\beta$  aggregation. In contrast, while *trans*-piceatannol (**4**), which contains one catechol moiety, showed A $\beta$  disaggregation activity in the Th-T assay, its activity was lower than that of *trans*-scirpusin B (**1**), which contains 2 catechol moieties. Furthermore, compounds **6** and **7**, which have no catechol moieties, were less active than compounds **1** and **2**. Notably, compound **7** did not exhibit any disaggregation activity. Based on these results, it can be concluded that disaggregation activity was higher in compounds that contained at least one catechol moiety in their structure. The tendency for disaggregation activity was dependent on the number of catechol moieties.

To confirm this result, we used TEM to observe directly the aggregated form of A $\beta$ 42 (Figure 3). Conducting the experiment with only A $\beta$ 42 fibers showed that the A $\beta$ 42 fibers spread in a mesh pattern. A direct TEM observation revealed that the formation of A $\beta$  fibers was most significantly disaggregated by compounds **1** and **2**. Compounds **3–6** were found to have moderate disaggregation activity against A $\beta$  fiber formation, while compound **7** showed almost no activity. These results support the results of the Th-T assay.

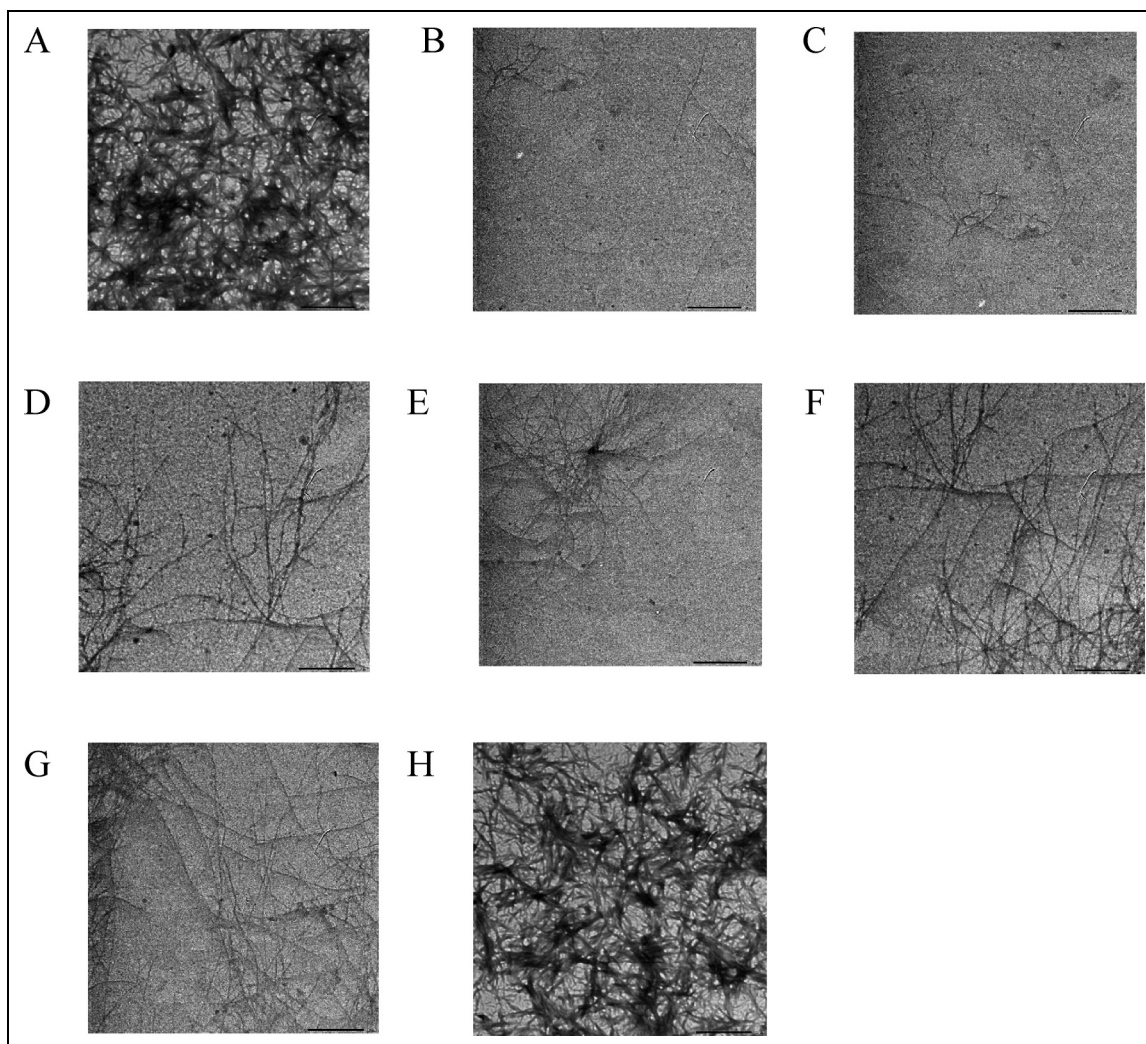
### hIAPP Disaggregation Activity of Compounds 1–7

Th-T fluorescence assays were performed on compounds **1–7** to evaluate their hIAPP disaggregation activity (Figure 4). The IC<sub>50</sub> values of these compounds are listed in Table 1. Compounds **1** (IC<sub>50</sub> = 3.0  $\mu$ M) and **2** (IC<sub>50</sub> = 3.0  $\mu$ M) showed

**Table 1.** Evaluation of A $\beta$ 42 and hIAPP Disaggregation Activity of Compounds 1–7.

Compounds	<sup>a</sup> IC <sub>50</sub> value ( $\mu$ M) A $\beta$ and hIAPP
<i>trans</i> -scirpusin B ( <b>1</b> )	1.0 and 3.0
<i>cis</i> -scirpusin B ( <b>2</b> )	1.3 and 3.0
<i>trans</i> -scirpusin A ( <b>3</b> )	2.1 and 3.2
<i>trans</i> -piceatannol ( <b>4</b> )	1.9 and 3.8
<i>cis</i> -piceatannol ( <b>5</b> )	2.1 and 4.4
resveratrol ( <b>6</b> )	7.7 and 31.0
<i>trans</i> -tetramethylpiceatannol ( <b>7</b> )	>100 and >100

<sup>a</sup>IC<sub>50</sub> values were calculated from the inhibitory rate (%) of each concentration of derivatives for amyloid polypeptide aggregation estimated using the Th-T assay after 24 h.



**Figure 3.** Effects of compounds 1–7 on A $\beta$ 42 fibrillogenesis identified using a TEM. Fibril formation was observed after 24 h of incubation in a 50  $\mu$ M PBS buffer. Scale bars: 1  $\mu$ m. **A:** A $\beta$ 42 (25  $\mu$ M), **B:** A $\beta$ 42 (25  $\mu$ M) + **1** (10  $\mu$ M), **C:** A $\beta$ 42 (25  $\mu$ M) + **2** (10  $\mu$ M), **D:** A $\beta$ 42 (25  $\mu$ M) + **3** (10  $\mu$ M), **E:** A $\beta$ 42 (25  $\mu$ M) + **4** (10  $\mu$ M), **F:** A $\beta$ 42 (25  $\mu$ M) + **5** (10  $\mu$ M), **G:** A $\beta$ 42 (25  $\mu$ M) + **6** (100  $\mu$ M), and **H:** A $\beta$ 42 (25  $\mu$ M) + **7** (100  $\mu$ M).

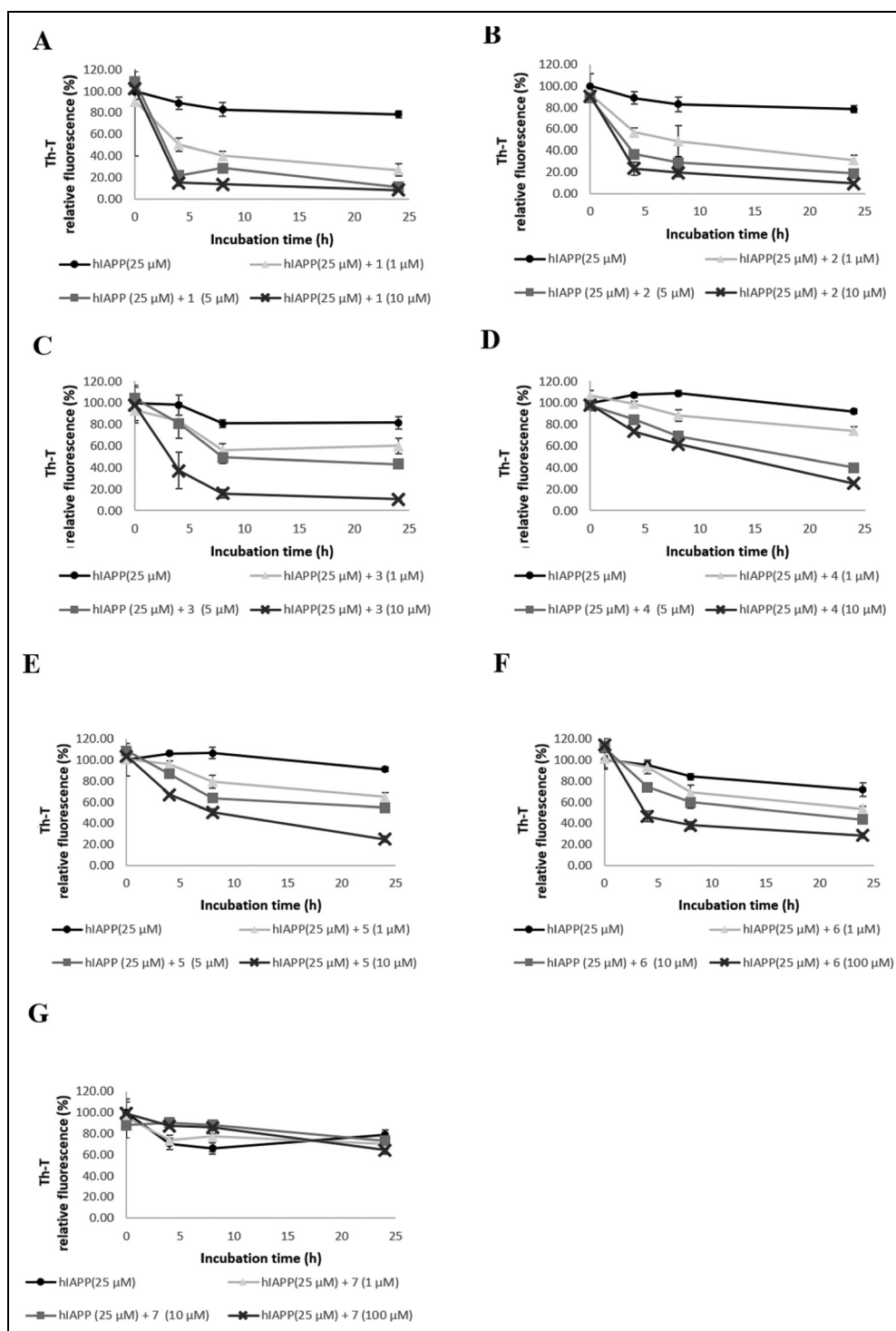
significant A $\beta$  disaggregation activity, and compounds **3** ( $IC_{50}$  = 3.2  $\mu$ M), **4** ( $IC_{50}$  = 3.8  $\mu$ M), and **5** ( $IC_{50}$  = 4.4  $\mu$ M), which contain only one catechol moiety each, showed a lower disaggregation activity than compounds **1** and **2**. Furthermore, compounds **6** ( $IC_{50}$  = 31.0  $\mu$ M) and **7** ( $IC_{50}$  >100  $\mu$ M), which have no catechol moieties, were less active than compounds **1** and **2**. Compound **7** did not exhibit any disaggregation activity.

To verify the effects of compounds 1–7 on hIAPP fiber formation, direct TEM observations were performed (Figure 5). Conducting the experiment with only hIAPP showed that the hIAPP fibers spread in a mesh pattern. It was confirmed that the addition of compounds 1–7 (10  $\mu$ M) suppressed hIAPP fiber formation to varying degrees. As far as the structure–activity relationship is concerned, it was found that compounds **1** and **2**, which contain 2 catechol moieties each, exhibited significantly disaggregation activity against the formation of hIAPP fibers. Compounds **3**, **4**, and **5**, each having a catechol

moiety, were found to have moderate disaggregation activity against hIAPP fiber formation. Compounds **6** and **7** were found to be less active and showed a greater disaggregation activity than the other compounds. These results were consistent with those of the Th-T assay.

## Discussion

In the present study, we investigated the effects of *trans*-scirpusin B (**1**) and its related compounds **2**–**7** on A $\beta$ 42 and hIAPP aggregation. Th-T assays were utilized to evaluate the disaggregation activities of compounds 1–7 on A $\beta$ 42 and hIAPP. Compounds **1** and **2** showed strong disaggregation activity against A $\beta$ 42 and hIAPP aggregation. While compound **4**, which contains one catechol moiety, showed disaggregation activity against A $\beta$  and hIAPP aggregation in the Th-T assay, its activity was lower than that of compound **1**, which contains 2 catechol moieties. Furthermore, compounds **6**



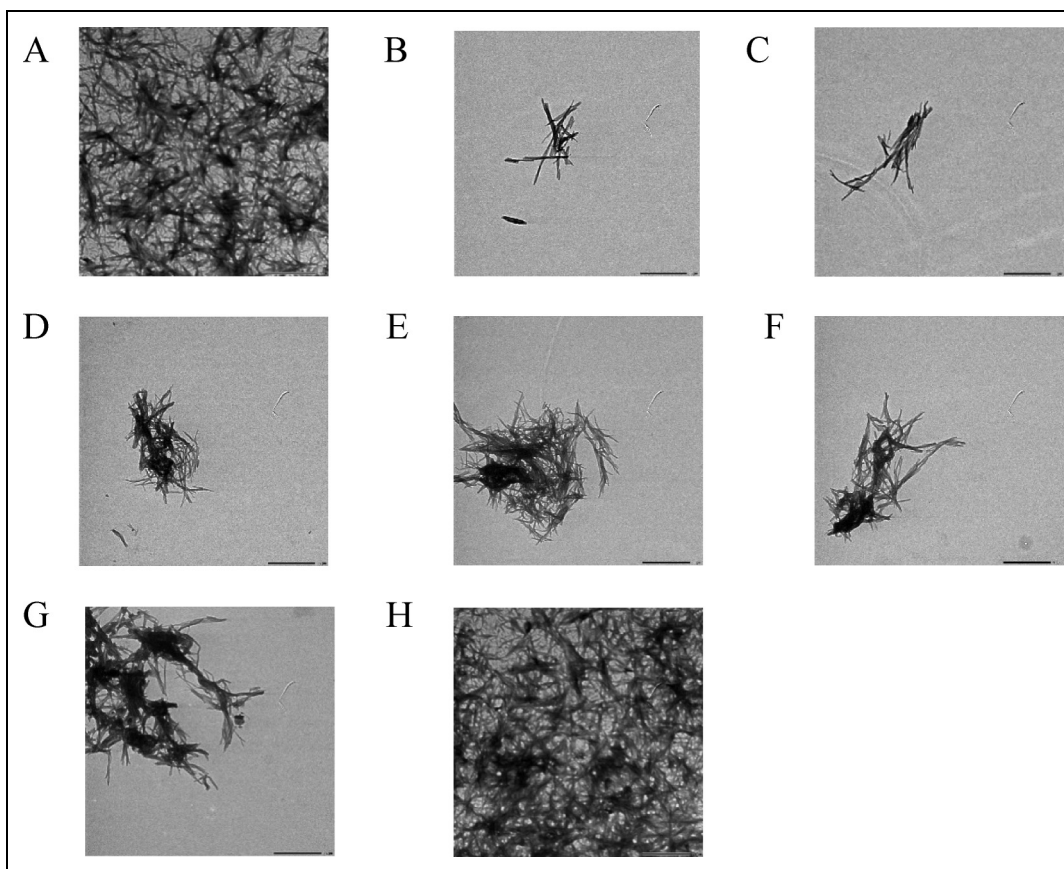
**Figure 4.** Effect of compounds 1–7 on hIAPP disaggregation. hIAPP (25 μM) fibril formation was monitored by Th-T fluorescence after treatment with 1, 5, and 10 μM of each compound. Fluorescence intensity was measured at the excitation and emission wavelengths of 420 nm and 485 nm, respectively. Values represent the mean  $\pm$  SD ( $n = 6$ ).

and 7, which had no catechol moieties, were less active than compounds 1–5. The structure–activity relationship showed that steric differences did not affect the extent of activity.

In conclusion, the compounds with catechol moieties exhibited better disaggregation activity. The degree of activity was

related to the number of catechol moieties present in the compounds, which suggests that catechol moieties affect A $\beta$  and hIAPP structure. These results (Table 1) are consistent with our previous studies on aggregation inhibition.<sup>19–27</sup> The following mechanisms were proposed based on the experimental





**Figure 5.** Effects of compounds 1–7 on hIAPP fibrillogenesis identified using a TEM. Fibril formation was observed after 24 h of incubation in a 50  $\mu\text{M}$  PBS buffer. Scale bars: 1  $\mu\text{m}$ . **A:** hIAPP (25  $\mu\text{M}$ ), **B:** hIAPP (25  $\mu\text{M}$ ) + **1** (10  $\mu\text{M}$ ), **C:** hIAPP (25  $\mu\text{M}$ ) + **2** (10  $\mu\text{M}$ ), **D:** hIAPP (25  $\mu\text{M}$ ) + **3** (10  $\mu\text{M}$ ), **E:** hIAPP (25  $\mu\text{M}$ ) + **4** (10  $\mu\text{M}$ ), **F:** hIAPP (25  $\mu\text{M}$ ) + **5** (10  $\mu\text{M}$ ), **G:** hIAPP (25  $\mu\text{M}$ ) + **6** (100  $\mu\text{M}$ ), and **H:** hIAPP (25  $\mu\text{M}$ ) + **7** (100  $\mu\text{M}$ ).

results. First, the catechol moiety is autoxidized to *o*-benzoquinone.<sup>29</sup> The autoxidation of the catechol moiety to *o*-benzoquinone is thought to result in a Michael addition of basic amino acid residues to A $\beta$ , in particular to the Lys16 and Lys28, resulting in structural changes of the protein.<sup>30,31</sup> Furthermore, the benzene ring of the compounds employed in this experiment may cause protein conformational changes by inducing  $\pi$ - $\pi$  stacking, according to the orientation of the amino acid residues of A $\beta$ .<sup>32</sup> This  $\pi$ - $\pi$  stacking may destabilize the fibrils by disrupting their  $\beta$ -sheet structure, which is thought to be necessary for aggregation. According to literature, A $\beta$ 42 and hIAPP are structurally similar<sup>33</sup> and may destabilize the fibril structure through a similar mechanism.

Second, small molecules such as brazilin<sup>34</sup> and polyphenols<sup>34–38</sup> have also been reported to disaggregate amyloid fibrils into non-toxic amyloid aggregates. The exact mechanism is unclear, but it has been suggested that direct interaction of natural compounds with the fibril  $\beta$ -sheet is important for understanding the dissociation mechanism.<sup>32,39</sup> Molecular dynamics simulations show that hydrogen bonds are formed with Asp23 within the fibrils and there is binding to the intermolecular Asp23-Lys28 salt bridge, which is important for

stabilizing amyloid fibrils.<sup>40–42</sup> This destabilizes the hydrogen bonds in the amino acid backbone that supports the fibrils, resulting in fibril remodeling and disaggregation. Amentoflavone-type bioflavonoids have been shown to bind preferentially to the *N*-terminus of fibrils *via*  $\pi$ - $\pi$  interactions, resulting in the disaggregation of A $\beta$  fibrils.<sup>43,44</sup> The aromatic ring of the compound binds to the aromatic residues of the fibrils and fits into the *N*-terminus pocket, thereby stabilizing the biflavonoid-fibril complex. Hydrogen bonds are subsequently formed between the hydroxyl groups of the compound and the peptide backbone, significantly reducing the  $\beta$ -sheet content of the fibrils and altering the A $\beta$  fibril conformation, leading to the fibril disaggregation.<sup>42</sup> Since the compound used in this experiment is a small molecule with a catechol moiety, a structure similar to that of brazilin, it may disaggregate *via* the mechanism described above.

We also compared the disaggregation and anti-aggregation activities of A $\beta$ 42 and hIAPP and found that A $\beta$ 42 and hIAPP showed similar behavior. These results support the results obtained in our previous studies,<sup>19–27</sup> that is, polyphenols show comparable results in both A $\beta$ 42 and hIAPP disaggregation activity.

In the present study, A $\beta$ 42 and hIAPP disaggregation activity tests using *trans*-scirpusin B (**1**) and its related compounds **2**–

7, showed that the active compounds 1–5 can be used to prevent and/or treat AD and T2D, while they have different inhibitory activities.

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### Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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