

1 Measurement of impact pressure and bruising of apple fruit using pressure-sensitive film  
2 technique

3 Fei Lu <sup>a,c</sup>, Yutaka Ishikawa <sup>b,\*</sup>, Hiroaki Kitazawa <sup>b</sup>, Takaaki Satake <sup>a</sup>

4 <sup>a</sup> Graduate School of Life and Environmental Sciences, University of Tsukuba, 1-1-1,  
5 Tennodai, Tsukuba, Ibaraki 305-8572, Japan

6 <sup>b</sup> Food Packaging Laboratory, Food Engineering Division, National Food Research  
7 Institute, 2-1-12, Kannondai, Tsukuba, Ibaraki 305-8642, Japan

8 <sup>c</sup> College of Food Science, Shenyang Agricultural University, Dongling, Shenyang,  
9 Liaoning 110161, China

10

11

12

13

14

15

16

17

18

---

19 \* Correspondence to: Yutaka Ishikawa

20 Address: Food Packaging Laboratory, Food Engineering Division, National Food

21 Research Institute, 2-1-12, Kannondai, Tsukuba, Ibaraki 305-8642, Japan

22 Telephone: +81- 29-838-8037

23 Fax: +81-29-838-7996

24 E-mail: yishi@affrc.go.jp

25

26 **Abstract**

27 Impact pressure and bruising of apple fruit were measured by means of a  
28 pressure-sensitive film technique, in order to develop methods for assessing and  
29 predicting bruising of apples resulting from impact loads during the course of transport  
30 and handling. Results of impact tests with apples indicate that when the fruits are dropped  
31 from different heights onto different impacting surfaces, the bruise area and volume could  
32 be assessed and predicted by regression models based on the impact force obtained from  
33 the pressure-sensitive film ( $F_{PSF}$ ). The coefficients of determination ( $R^2$ ) for bruise area  
34 and bruise volume were found to be 0.91 and 0.95, respectively.

35

36 **Keywords:** Apple; Bruising; Impact; Contact pressure; Pressure-sensitive film

37

38

39

40

41

42

43

44

45

46

47

48

49

50

## 51 **1. Introduction**

52 The fruits may pass through several containers and modes of transport from the orchard  
53 to the supermarket (Van Zeebroeck et al., 2007b). During their journey, the apples  
54 experience a variety of loading schemes that may lead to damage and bruising, the two  
55 main types are being static and dynamic loading (Lewis et al., 2008). During these  
56 processes, bruising is a major source of postharvest mechanical damage (Knee and Miller,  
57 2002), and results in problematic losses in fresh fruit; as high as 17% in Japan during  
58 2004 (Usuda, 2006). Much research has been conducted on impact damage to apples  
59 (Holt et al., 1981, 1985; Siyami et al., 1988; Sober et al., 1990; Chen and Yazdani, 1991;  
60 Pang et al., 1992a, 1994, 1996; Studman et al., 1997; Bajema and Hyde, 1998; Menesatti  
61 et al., 2002; Acıcan et al., 2007; Jarimopas et al., 2007), using a variety of techniques,  
62 including instrumented spheres, artificial fruit, a tactile sensor, laser scanning, and  
63 ultrasonic technique.

64 The most widely used is the instrumented sphere (IS) (Zapp et al., 1990; Tennes et al.,  
65 1990; Pang et al., 1992b, 1994; García-Ramos et al., 2002, 2003, 2004a, 2004b, 2004c;  
66 Desmet et al., 2004; Berardinelli et al., 2001, 2006). The change of acceleration and  
67 velocity has to be interpreted in terms of damage done to real fruit (Studman, 2001).  
68 Herold et al. (1996) developed an “artificial fruit” to detect damage sources for perishable  
69 fruit and vegetables during practical harvesting and handling. This Pressure Measuring  
70 Sphere (PMS) is capable of collecting all load events involving contact with its skin that  
71 exceed a preset threshold. Herold et al. (2001) used a tactile sensor, Type Tekscan No.  
72 5051, to study apple contact pressure distribution between apple fruits in contact with flat  
73 and curved surfaces. Rabelo et al. (2001) measured the contact area of rubber spheres and  
74 oranges compressed against rigid, flat plates laid in parallel, by using a measuring system  
75 including a transducer board on which some micro-switches were disposed in linear,

76 radial directions, an interface device, and a microcomputer. Lewis et al. (2007) developed  
77 analytical and numerical tools to predict bruise sizes for a given drop height against a  
78 given counterface material by dynamic finite element (FE) modeling in which a laser scan  
79 of an apple was created. Lewis et al. (2008) used a novel ultrasonic technique to study  
80 apple contact areas and stresses under static loading; the results were then used to validate  
81 the output from a finite element (FE) model of an apple.

82 Due to its ease of application, the pressure-sensitive film technique has been widely  
83 used to study contact area and pressure in a wide range of fields (Liggins et al., 1995;  
84 Harris et al., 1999; Zdero et al., 2001; Hoffmann et al., 2005; Bachus et al., 2006).  
85 Pressure-sensitive film can be applied directly onto the impact object to assess the  
86 interface force, pressure distribution, and contact area. It is non-invasive, and therefore  
87 will not affect the contact and can be used to detect the static and dynamic loading during  
88 the transport and handling of fruits.

89 The present study is initiated to use the non-invasive pressure-sensitive film technique  
90 to measure the impact pressure and pressure distribution of apple fruit impact, as  
91 experienced, for example, during the course of transport and handling. The nature of the  
92 resulting bruising was also examined in order to develop a bruise-predicting model which  
93 is based on the pressure data from the pressure-sensitive film.

94

## 95 **2. Materials and methods**

### 96 **2.1. Materials**

97 All the experiments were carried out with “sannfuji” cultivar apple fruits harvested at  
98 November, 2007, from Yamagata Prefecture, Japan. They were selected for uniformity of  
99 size, ground color and firmness, as well as freedom from defects and mechanical damage.  
100 The average weight for the apples was  $279.6 \pm 9.8$ g. The apple fruits were stored at 4°C in

101 air until tested at May, 2008. The tested apples can be considered as not turgid, and  
102 therefore with low damage probability.

## 103 **2.2. Drop test**

104 Impact bruises were produced by dropping apples from a measured drop height on a  
105 counterface surface. Three types of impact counterface material were used to  
106 comparatively test the different apple bruises: double wall corrugated fiberboard, rubber,  
107 and wood. In this study, drop heights were 5, 10, 15, 20, 30, 40, and 50 cm. Tests were  
108 conducted at least three times for each height. Each fruit was caught after one bounce.  
109 The pressure-sensitive film was placed on the impact counterface to indicate force and  
110 pressure distribution.

## 111 **2.3. The pressure-sensitive film measurements**

112 Fuji film (Fuji Film Corporation, Japan) is currently supplied in six grades (minute,  
113 ultra super low, super low, low, medium, and high), available to cover a wide range of  
114 pressures from 0.05 MPa to 300 MPa. With the exception of high-grade film, this  
115 material consists of two sheets (the A- and C-films), both having an active layer on one  
116 surface; on the high-grade film, these layers are currently overlaid on a single sheet.

117 This study employed only the two-sheet film for ultra super low pressure, in which A  
118 film is coated with a microencapsulated color forming material, and C film is coated with  
119 a color developing material (Fig. 1). When used, the two films are placed with the coated  
120 (rough and opaque) surfaces facing each other. When pressure is applied on the film,  
121 microcapsules are broken, with distribution and “density” of magenta color varying with  
122 true pressure distribution and magnitude. When microcapsules are broken, their material  
123 is released and reacts with the color-developing material, thereby forming magenta color.  
124 (Fuji Film Corporation, 2009)

125 Through Particle Size Control (PSC) technology, microcapsules are designed to react to

126 various degrees of pressures, releasing their color-forming material at a density that  
127 corresponds to the specific level of applied pressure. A prescale pressure graph system  
128 (FPD-9210, Fuji Film Corporation, Japan), composed of a scanner and a computer, was  
129 used to evaluate multicolor presentation of results, resulting pressure and pressure  
130 distribution, statistical data, and others. (Fuji Film Corporation, 2009)

#### 131 **2.4. Bruise measurement**

132 Bruise was measured as the procedure introduced by Lewis et al. (2007). Apples were  
133 left for 24 h after dropping, for full development of bruises. Bruise areas,  $BA$ , were then  
134 determined by measuring the widths using a digital caliper ( $w_1$  and  $w_2$ , as shown in Fig. 2)  
135 and assuming that the bruises were elliptical (Bollen et al, 1999):

$$136 \quad BA = \frac{\pi \cdot w_1 \cdot w_2}{4} \quad (1)$$

137 where,  $w_1$ , bruise width along the major axis;

138  $w_2$ , bruise width along the minor axis.

139 Sections through bruised apples show that the bruise shape is approximately spherical  
140 above and below a contact plane, shown on the bruise shape, Fig. 2 (Schoorl and Holt,  
141 1980). It was observed that a section through the bruise appeared to have a circular or  
142 elliptical profile. Therefore it was proposed that the bruise volume could be described as a  
143 section of a sphere or ellipsoid. In this study, the volume was calculated for an elliptical  
144 shape defined below the contact plane (point of maximum deflection of the apple during  
145 impact) (Mohsenin, 1986; Bollen et al, 1999). Observation of bruise shapes suggests that  
146 this is a reasonable approximation. Bruise volumes were then calculated using the  
147 elliptical bruise thickness method (Mohsenin, 1986). This calculation method has been  
148 compared with a range of others (Bollen et al, 1999). The bruise widths were measured by  
149 using a digital caliper. Bruise depth was measured by using a digital caliper after the

150 bruised apple was cut perpendicular at the bruise width along the major axis. Bruise  
151 volume,  $BV$  is given by:

$$152 \quad BV = \frac{\pi \cdot d}{24} (3w_1 \cdot w_2 + 4d^2) \quad (2)$$

153 where,  $w_1$  and  $w_2$  are bruise widths along the major and minor axes, respectively;  
154  $d$ , bruise depth.

## 155 **2.5 Statistical analysis**

156 Statistical tests were performed using the Origin software (OriginLab Corporation,  
157 USA, version 6.1). Results were expressed as means  $\pm$  standard deviation (SD) for each  
158 determination. Statistical analysis was done with one-way analysis of variance.  
159 Differences at  $p < 0.05$  were considered to be statistically significant.

160

## 161 **3. Results and discussion**

### 162 **3.1. Apple bruising**

163 Average apple bruise areas and volumes (calculated from Eqs. (1) and (2)) after impacts  
164 against three counterface materials are shown in Fig. 3 and Fig. 4, respectively. The  
165 smallest bruise area and volume were seen with double-wall corrugated fiberboard, and  
166 the larger with rubber and wood. In the case of fruit dropping on the three impact surfaces,  
167 the bruise area (Fig. 3) and bruise volume (Fig. 4) was increased with the drop height.  
168 Changes of the bruise due to drop height were found significant different ( $p < 0.05$ ) not  
169 only between double-wall corrugated fiberboard counterface and rubber counterface, but  
170 also between double-wall corrugated fiberboard counterface and wood counterface; it was  
171 found no significant different ( $p > 0.05$ ) between rubber counterface and wood counterface.  
172 These data show that bruises differ for the different impact surfaces from the same drop  
173 height, due to the different buffer capacities of the impact materials. These data indicate

174 the necessity to investigate the impact force or pressure between the apple and the impact  
175 surface, in order to assess and predict the apple bruise.

## 176 **3.2. The pressure-sensitive film measurements**

### 177 **3.2.1. Image of the pressure-sensitive film**

178 Fig. 5 shows examples of pressure-sensitive film used for apple impacts against wood  
179 materials from various drop heights. The changes in pressured area and pressure due to  
180 drop height are significant. As would be expected, pressured area increases with dropping  
181 height. In Fig. 5, the pressured areas were 398, 513, 621, 700, 787, 884, 996 mm<sup>2</sup> for  
182 apple impacts against wood materials from drop heights of 5, 10, 15, 20, 30, 40, and 50  
183 cm, respectively. The contact pressure range is 0 to 0.6 MPa, and the maximum contact  
184 pressure remains at a level of around 0.5-0.6 MPa.

185 The pressure-sensitive film scans show that the contact pressure is the smallest at the  
186 edge; the highest is not at the center of the contact area, but at several positions in the  
187 pressured part (as shown in Fig. 5). This data differ from those of previous investigations.  
188 Ultrasonic scans show that the contact pressure is highest at the center of the contact area,  
189 falling away towards the edge (Lewis et al. 2008). Measurements with a commercial  
190 tactile sensing system carried out by Herold et al. (2001) showed that this is the case up to  
191 a certain load, but above this load the greatest pressure is at the edge of the contact area.  
192 The three techniques have obvious differences; the commercial tactile system is invasive  
193 and could not be calibrated accurately; and the commercial tactile sensing system and the  
194 ultrasonic scans both detected the static loads in the two studies mentioned above.

### 195 **3.2.2. Average pressure, pressured area, and distribution**

196 Fig. 6 shows the pressured area against drop height for impacts against the three  
197 counterface materials. In the case of fruit dropping on the three impact surfaces, the  
198 higher the drop height, the greater the pressured area observed on the pressure-sensitive

199 film. The biggest pressured area was found in the case of the fruit dropping on the rubber  
200 impact surface, followed by wood and double-wall corrugated fiberboard.

201 In the case of fruit dropping on the three impact surfaces, good linear relationships were  
202 found between pressured area and drop height. The coefficients of determination ( $R^2$ ) for  
203 the double wall corrugated fiberboard, rubber, and wood were 0.96, 0.97 and 0.95,  
204 respectively. When all three types of surfaces were included, the relationship between the  
205 pressure area and drop height was poorer than that of any single impact surface  
206 ( $R^2=0.90$ ).

207 Fig. 7 shows average pressure against drop height for impacts against the three  
208 counterface materials. Compared to the pressured area results, the different results were  
209 found in the average pressure. In the case of fruit dropping on the double-wall corrugated  
210 fiberboard surfaces, the higher the drop height, the higher the average pressure observed  
211 in the pressure-sensitive film. In the case of fruit dropping on the rubber and wood  
212 surfaces, no significant changes of average pressure were found. The biggest average  
213 pressure was found in the case of the fruit dropping on the wood impact surfaces,  
214 followed by rubber and double-wall corrugated fiberboard.

215 Fig. 8 shows the pressured area distribution against pressure for impacts against the  
216 three counterface materials. In the case of fruit dropping on the three impact surfaces, the  
217 value of peak pressure observed was 0.5-0.6 MPa. This fits well with measurements of  
218 “Golden Delicious” apple flesh failure stress recorded by Abbott and Lu (1996) of  
219 0.40-0.51 MPa, as well as the peak pressure measurement by Lewis et al. (2008) of 0.5  
220 MPa. The pressure distribution ranges observed most often for the double wall corrugated  
221 fiberboard surface, rubber surface, and wood surface were 0.1-0.3, 0.2-0.4, and 0.2-0.4  
222 MPa respectively. This indicates that the peak contact pressure may be not sufficient to  
223 assess the apple bruise; average contact pressure may have great effect on the apple

224 bruise.

### 225 **3.3. Bruise prediction models using pressured area and average pressure**

226 As shows in Fig. 8, the maximum pressure scanned by the pressure-sensitive film did  
227 not increase with the dropping height. This data is in accord with the previous  
228 investigation by Lewis et al. (2008). Lewis et al. (2008) found that the maximum contact  
229 pressure was not increasing with applied load by using ultrasonic technique. And it was  
230 thought that the maximum value determined was that at which the apple flesh was  
231 yielding. In this study, the value of peak pressure observed was 0.5-0.6 MPa by using  
232 pressure-sensitive film technique. The pressure distribution ranges observed often for the  
233 three impact surfaces were 0.1-0.4 MPa. When all three types of surfaces were included,  
234 both the relationship between pressured area and drop height and the relationship  
235 between average pressure and drop height were poorer than those of any single impact  
236 surface. Therefore, we find that the apple bruise cannot be well assessed from only by the  
237 pressured area and the average pressure.

238 Fig. 9 and 10 show the bruise area-the impact force obtained from the  
239 pressure-sensitive film ( $F_{PSF}$ ), along with bruise volume- the impact force obtained from  
240 the pressure-sensitive film ( $F_{PSF}$ ) relationship for apple impacts against different  
241 materials (only for the bruised apple). Table 1 shows the bruise- the impact force obtained  
242 from the pressure-sensitive film ( $F_{PSF}$ ) relationship fitted by linear regression equations in  
243 the case of fruit dropping on the three impact surfaces, and all three types of surface were  
244 included. The impact force obtained from the pressure-sensitive film ( $F_{PSF}$ ) was  
245 calculated by the following equation:

$$246 \quad F_{PSF} = A \times P \quad (3)$$

247 where  $F_{PSF}$  is the impact force obtained from the pressure-sensitive film (N); A is the  
248 pressured area ( $\text{mm}^2$ ); P is the average pressure (MPa).

249 A good linear relationship was obtained not only between the bruise area and product of  
250 the pressured area and the average pressure, but also between the bruise volume and  
251 product of the pressured area and the average pressure. The coefficients of determination  
252 ( $R^2$ ) for bruise area and bruise volume were 0.91 and 0.95, respectively.

253 In this study, it was only wanted to demonstrate the feasibility of assessing and  
254 predicting apple bruise by means of the pressure-sensitive film technique. Therefore, only  
255 the quantitative bruise estimation was discussed; and the relationship between the bruise  
256 probability and the parameters obtained from the pressure-sensitive film should be further  
257 studied, because the probability of damage is also another important factor for evaluating  
258 the fruit damage (Garcia-Ramos et al., 2002).

259 The bruise prediction models may be applied by either impact energy (Studman et al.,  
260 1997; Lewis et al. 2007; Jarimopas et al., 2007) or peak contact force (Chen and Yazdani,  
261 1991; Bajema and Hyde, 1998; Van Zeebroeck et al., 2007a; Lewis et al. 2008). The  
262 bruise prediction model including the impact energy demands a lot of experimental work.  
263 However, the peak contact force is most likely influenced by the fruit factors themselves  
264 (temperature, radius of curvature, ripeness, etc.). In order to precisely assess and predict  
265 the apple bruise due to the impact, the whole force data must be measured exactly. In this  
266 study, the results indicate that assessing the apple bruise from the pressured area, peak  
267 pressure, or average pressure is not appropriate; however, the apple bruise area and  
268 volume can be assessed very well by the impact force obtained from the  
269 pressure-sensitive film ( $F_{PSF}$ ). Therefore, the impact force obtained from the  
270 pressure-sensitive film ( $F_{PSF}$ ) can clearly be used as an index to assess the apple bruise  
271 due to impact loads.

272

#### 273 **4. Conclusion**

274 In general, we have demonstrated the feasibility of assessing and predicting apple  
275 bruise by means of the pressure-sensitive film technique. Only the quantitative bruise  
276 estimation was discussed by using the pressure-sensitive film technique; Significant  
277 differences were observed in the images of pressure-sensitive film for which the apples  
278 impact against three conterface materials, including double wall corrugated fiberboard,  
279 rubber, and wood. These results showed that assessing and predicting the apple bruise  
280 from only one of the total pressured area, the average pressure, and the peak pressure is  
281 not appropriate. They also indicate that the impact force obtained from the  
282 pressure-sensitive film ( $F_{PSF}$ ) can be used to assess and predict the apple bruise; the  
283 coefficients of determination ( $R^2$ ) for bruise area and bruise volume were 0.91 and 0.95,  
284 respectively. Future studies will focus on the relationship between the bruise probability  
285 and the parameters obtained from the pressure-sensitive film, and assessing methods for  
286 the small apple damage by using the pressure-sensitive film technique. Apple bruise  
287 assessment and prediction during actual transport and handling, by means of the  
288 pressure-sensitive film technique should be also further studied.

289

## 290 **References**

- 291 Abbott, J.A., Lu, R., 1996. Anisotropic mechanical properties of apples. Transactions of  
292 ASAE 39(4), 1451–1459.
- 293 Acıcan, T., Alibaş, K., Özelkök, I.S., 2007. Mechanical damage to apples during transport  
294 in wooden crates. Biosystems Engineering 96(2), 239–248.
- 295 Bachus, K., DeMarco, A., Judd, K., Horwitz, D., Brodke, D., 2006. Measuring contact  
296 area, force, and pressure for bioengineering applications: Using Fuji Film and TekScan  
297 systems. Medical Engineering & Physics 28 (5), 483–488.
- 298 Bajema, R.W., Hyde, G.M., 1998. Instrumented pendulum for impact characterization of

299 whole fruit and vegetable specimens. *Transactions of ASAE* 41(5), 1399–1405.

300 Berardinelli, A., Guarnieri, A., Phuntsho, J., 2001. Fruit damage assessment in peach  
301 packing lines. *Applied Engineering in Agriculture* 17(1), 57–62.

302 Berardinelli, A., Donati, V., Giunchi, A., Guarnieri, A., Ragni, L., 2006. Mechanical  
303 behavior and damage of Pink Lady apples. *Applied Engineering in Agriculture* 22(5),  
304 707–712.

305 Bollen, A.F., Nguyen, H.X., Dela Rue, B.T., 1999. Comparison of methods for estimating  
306 the bruise volume of apples. *Journal of Agricultural Engineering Research* 74(4),  
307 325–330.

308 Chen, P., Yazdani, R., 1991. Prediction of apple bruising due to impact on different  
309 surfaces. *Transactions of ASAE* 34(3), 956–961.

310 Desmet, M., Van Linden, V., Hertog, M.L.A.T.M., Verlinden, B.E., De Baerdemaeker, J.,  
311 Nicolai, B.M., 2004. Instrumented sphere prediction of tomato stem-puncture injury.  
312 *Postharvest Biology and Technology* 34(1), 81–92.

313 Fuji Film Corporation, 2009. <http://www.fujindt.com/products/prescale/prescale-film.asp>  
314 (access date 01.08.09).

315 Garcia-Ramos, F.J., Barreiro, P., Ruiz-Altisent, M., Ortiz-Canavate, J., Gil-Sierra, J.,  
316 Homer, I., 2002. A procedure for testing padding materials in fruit packing lines using  
317 multiple logistic regression. *Transactions of ASAE* 45(3), 751–757.

318 Garcia-Ramos, F.J., Ortiz-Canavate, J., Ruiz-Altisent, M., 2003. Reduction of  
319 mechanical damage to apples in a packing line using mechanical devices. *Applied*  
320 *Engineering in Agriculture* 19(6), 703–707.

321 Garcia-Ramos, F.J., Ortiz-Canavate, J., Ruiz-Altisent, M., 2004a. Analysis of the factors  
322 implied in the fruit-to-fruit impacts on packing lines. *Applied Engineering in*  
323 *Agriculture* 20(5), 671–675.

324 Garcia-Ramos, F.J., Ortiz-Canavate, J., Ruiz-Altisent, M., 2004b. Evaluation and  
325 correction of the mechanical aggressiveness of commercial sizers used in stone fruit  
326 packing lines. *Journal of Food Engineering* 63(2), 171–176.

327 Garcia-Ramos, F.J., Valero, C., Ruiz-Altisent, M., Ortiz-Canavate, J., 2004c. Analysis of  
328 the mechanical aggressiveness of three orange packing systems: Packing table, box  
329 filler and net filler. *Applied Engineering in Agriculture* 20(6), 827–832.

330 Harris, M. L., Morberg, P., Bruce W. J. M., Walsh, W. R., 1999. An improved method for  
331 measuring tibiofemoral contact areas in total knee arthroplasty: a comparison of K-scan  
332 sensor and Fuji film. *Journal of Biomechanics* 32(9), 951–958.

333 Herold, B., Geyer, M., Studman, C.J., 2001. Fruit contact pressure  
334 distributions—equipment. *Computers and Electronics in Agriculture* 32(3), 167–179.

335 Herold, B., Truppel, I., Siering, G., Geyer, M., 1996. A pressure measuring sphere for  
336 monitoring handling of fruit and vegetables. *Computers and Electronics in Agriculture*  
337 15(1), 73–88.

338 Hoffmann, K., Decker, K., 2005. Inaccuracies in measurement of contact stresses due to  
339 the measuring grid of a foil sensor. 1<sup>st</sup> International Conference on Sensing Technology.  
340 Palmerston North, New Zealand, 696–699.

341 Holt, J.E., School, D., 1985. A theoretical and experimental analysis of the effects of  
342 suspension and road profile on bruising in multilayered apple packs. *Journal of*  
343 *Agricultural Engineering Research* 31(4), 297–308.

344 Holt, J.E., School, D., Lucas, C., 1981. Prediction of bruising in impacted multilayered  
345 apple packs. *Transactions of ASAE* 24(1), 242–247.

346 Knee, M., Miller, A.R., 2002. Mechanical injury. In: Knee, M. (Ed.), *Fruit quality and its*  
347 *biological basis* (pp.157–179). Sheffield Academic press, Sheffield.

348 Lewis, R., Yoxall, A., Canty, L.A., Romo, E.R., 2007. Development of engineering

349 design tools to help reduce apple bruising. *Journal of Food Engineering* 83 (3),  
350 356–365.

351 Lewis, R., Yoxall, A., Marshall, M.B., Canty, L.A., 2008. Characterising pressure and  
352 bruising in apple fruit. *Wear* 264(1-2), 37–46.

353 Liggins, A.B., Hardie, W.R., Finlay, J.B., 1995. The spatial and pressure resolution of  
354 Fuji pressure-sensitive film. *Experimental Mechanics* 35(2), 166–173.

355 Jarimopas, B., Singh, S. P., Sayasoonthorn, S., Singh, Jagjit, 2007. Comparison of  
356 package cushioning materials to protect post-harvest impact damage to apples.  
357 *Packaging Technology and Science* 20(5), 315–324.

358 Menesatti, P., Paglia, G., Solaini, S., Zanella, A., Stainer, R., Costa, C., Cecchetti, M.,  
359 2002. Non-linear Multiple Regression Models to estimate the Drop Damage Index of  
360 Fruit. *Biosystems Engineering* 83(3), 319–326.

361 Mohsenin, N.N., 1986. Physical factors of plant and animal materials. Gordon and  
362 Breach Science Publishers, New York.

363 Pang, D.W., Studman, C.J., Banks, N.H., 1994. Apple bruising thresholds for an  
364 instrumented sphere. *Transactions of ASAE* 37(3), 893–897.

365 Pang, D.W., Studman, C.J., Banks, N.H., Baas, P.H., 1996. Rapid Assessment of the  
366 Susceptibility of Apples to Bruising. *Journal of Agricultural Engineering Research*  
367 64(1), 37–48.

368 Pang, W., Studman, C.J., Ward, G.T., 1992a. Bruising damage in apple-to-apple impact.  
369 *Journal of Agricultural Engineering Research* 52(4), 229–240.

370 Pang, W.L., Studman, C.J., Banks, N.H., 1992b. Analysis of damage thresholds in  
371 apple-to-apple impacts using an instrumented sphere. *New Zealand Journal of Crop*  
372 *and Horticultural Science* 20(2), 159–166.

373 Rabelo, G.F., Fabbro, I.M., Linares, A.W., 2001. Contact stress area measurement of

374 spherical fruit. Proceedings of Sensors in Horticulture III, 195–200.

375 Schoorl D., Holt, J.E., 1980. Bruise resistance measurements in apples. Journal of  
376 Texture Studies 11(4), 389–394.

377 Siyami, S., Brown, G.K., Burgess, G.J., Gerrish, J.B., Tennes, B.R., Burton, C.L., Zapp,  
378 R.H., 1988. Apple impact bruise prediction models. Transactions of ASAE 31(4),  
379 1038–1046.

380 Sober, S.S., Zapp, H.R., Brown, G.K., 1990. Simulated packing line impacts for apple  
381 bruise prediction. Transactions of ASAE 33(2), 629–636.

382 Studman, C.J., 2001. Computers and electronics in postharvest technology - a review.  
383 Computers and Electronics in Agriculture 30(1–3), 109–124.

384 Studman, C.J., Brown, G.K., Timm, E.J., Schulte, N.L., Vreede, M.J., 1997. Bruising on  
385 blush and non-blush sides in apple-to-apple impacts. Transactions of ASAE 40(6),  
386 1655–1663.

387 Tennes, B.R., Zapp, H.R., Marshall, D.E., Armstrong, P.R., 1990. Apple handling impact  
388 data acquisition and analysis with an instrumented sphere. Journal of Agricultural  
389 Engineering Research 47, 269–276.

390 Usuda, H., 2006. Basic study on development of transport simulation method and damage  
391 mechanism of fruits and vegetables. PhD Dissertation, University of Tsukuba, Japan.  
392 (In Japanese with English abstract)

393 Van Zeebroeck, M., Van linden, V., Darius, P., De Ketelaere, B., Ramon, H., Tijskens, E.,  
394 2007a. The effect of fruit factors on the bruise susceptibility of apples. Postharvest  
395 Biology and Technology 46(1), 10–19.

396 Van Zeebroeck, M., Van linden, V., Ramon, H., De Baerdemaeker, J., Nicolai, B.M.,  
397 Tijskens, E., 2007b. Impact damage of apples during transport and handling.  
398 Postharvest Biology and Technology 45(2), 157–167.

399 Zapp, H.R., Ehlert S.H., Brown, G.K., Armstrong, P.R., Sober, S.S., 1990. Advanced  
400 Instrumented sphere (IS) for impact measurements. Transactions of ASAE 33(3),  
401 955–960.

402 Zdero, R., Fenton, P. V., Rudan, J., Bryant, J. T., 2001. Fuji film and ultrasound  
403 measurement of total knee arthroplasty contact areas. The Journal of Arthroplasty 16(3),  
404 367–375.

405

406

407

408

409

410

411

412

413

414

415

416

417

418

419

420

421

422

423 **Figure captions**

424 Fig. 1. Coloring mechanism of the pressure-sensitive film (Fuji Film Corporation, 2009).

425 Fig. 2. Elliptical bruise thickness method for bruise determination (Bollen et al, 1999).  $w_1$   
426 and  $w_2$  represent bruise widths along the major and minor axes, respectively;  $d$ , bruise  
427 depth.

428 Fig. 3. Relationship between bruise areas and drop heights for apple impacts against  
429 different counterface.

430 Fig.4. Relationship between bruise volume and drop heights for apple impacts against  
431 different counterface.

432 Fig.5. Examples of the pressure-sensitive film used for apple impacts against wood  
433 materials from drop heights of 5 cm (a), 10 cm (b), 15 cm (c), 20 cm (d), 30 cm (e), 40 cm  
434 (f), and 50 cm (g).

435 Fig. 6. Relationship between pressured area and drop heights for apple impacts against  
436 different counterface.

437 Fig. 7. Relationship between average pressure and drop heights for apple impacts against  
438 different counterface.

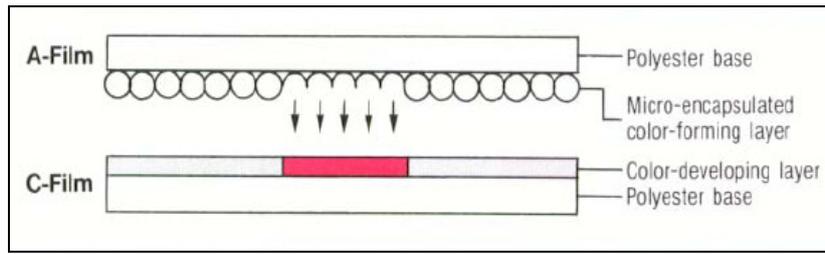
439 Fig. 8. Pressured area distribution on contact plates of different materials, (a) Double wall  
440 corrugated fiberboard; (b) Rubber; (c) Wood.

441 Fig. 9. Bruise area-  $F_{PSF}$  relationship for apple impacts against different materials.  
442 ( $P_{PSF}$ , the impact force obtained from the pressure-sensitive film, is calculated by Eq. (3))

443 Fig.10. Bruise volume- $F_{PSF}$  relationship for apple impacts against different materials.  
444 ( $P_{PSF}$ , the impact force obtained from the pressure-sensitive film, is calculated by Eq. (3))

445

446



447

448 Fig. 1. Coloring mechanism of the pressure-sensitive film (Fuji Film Corporation, 2009).

449

450

451

452

453

454

455

456

457

458

459

460

461

462

463

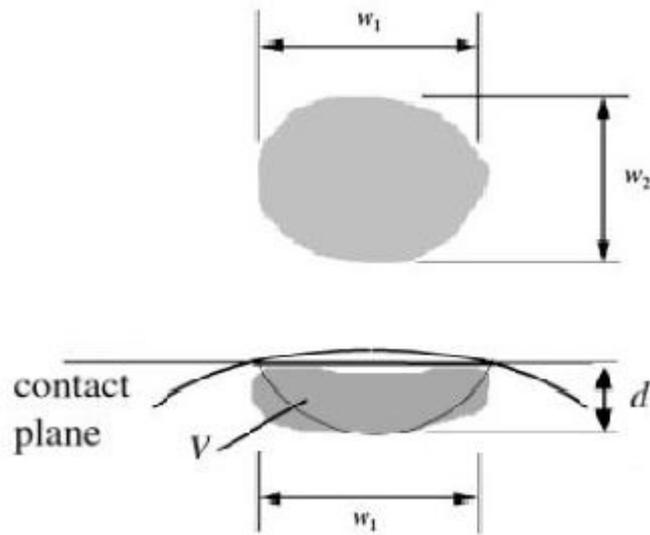
464

465

466

467

468



469  
470 Fig. 2. Elliptical bruise thickness method for bruise determination (Bollen et al, 1999).  $w_1$   
471 and  $w_2$  represent bruise widths along the major and minor axes, respectively;  $d$ , bruise  
472 depth.

473

474

475

476

477

478

479

480

481

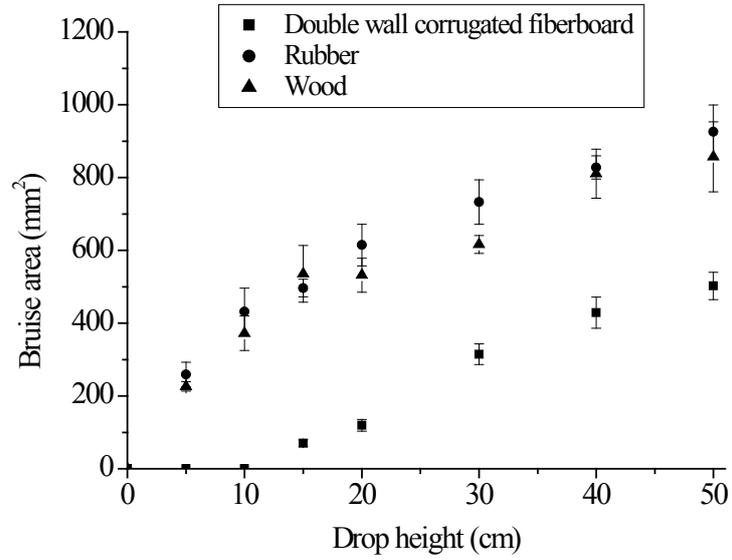
482

483

484

485

486



487

488 Fig. 3. Relationship between bruise areas and drop heights for apple impacts against

489 different counterface.

490

491

492

493

494

495

496

497

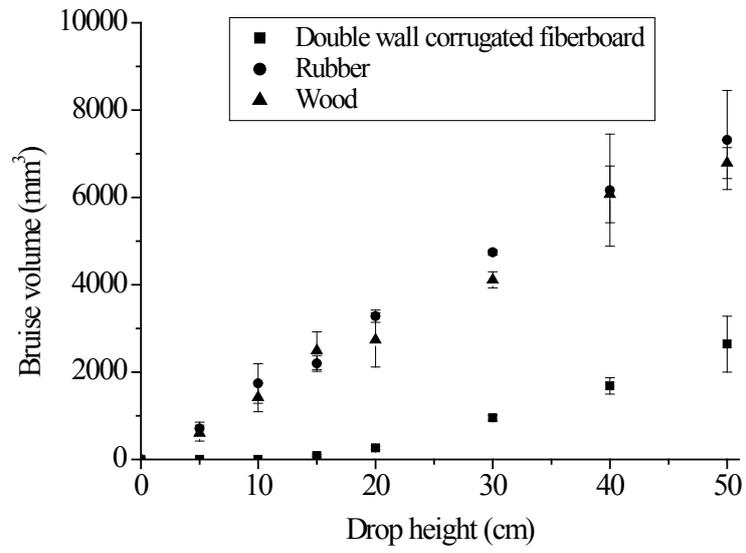
498

499

500

501

502



503

504 Fig.4. Relationship between bruise volume and drop heights for apple impacts against

505 different counterface.

506

507

508

509

510

511

512

513

514

515

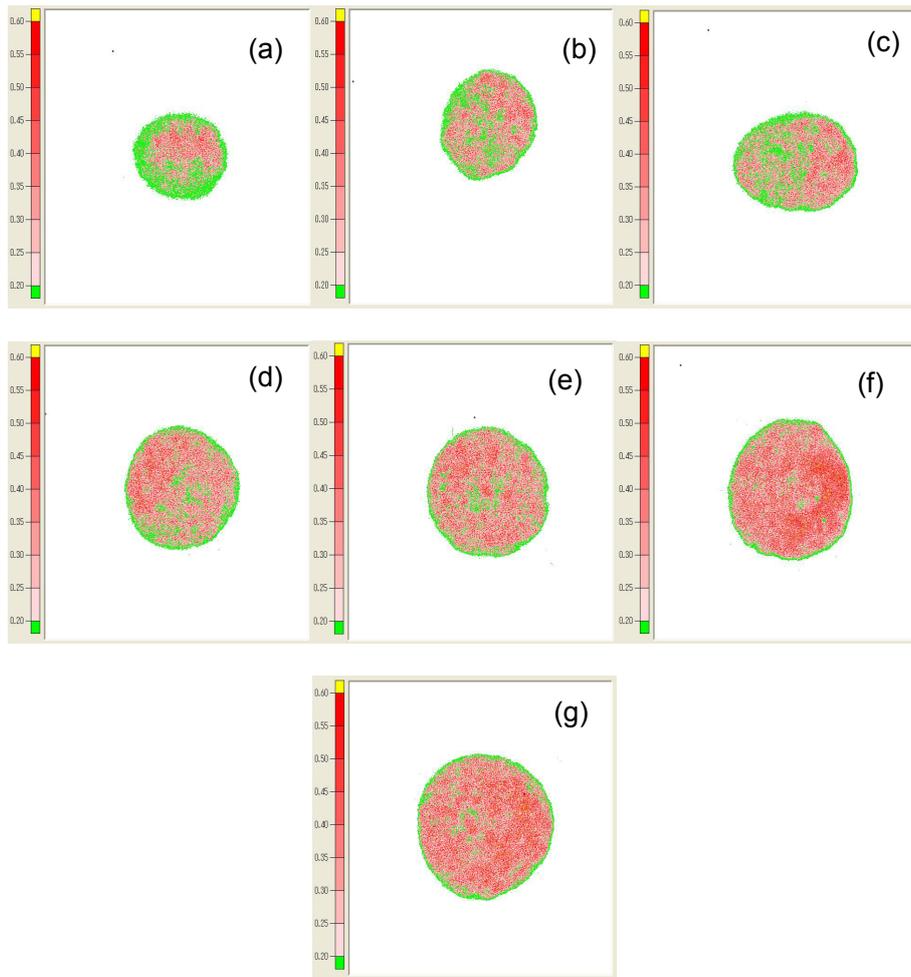
516

517

518

519

Pressure (MPa)



520

521

522 Fig.5. Examples of the pressure-sensitive film used for apple impacts against wood  
523 materials from drop heights of 5 cm (a), 10 cm (b), 15 cm (c), 20 cm (d), 30 cm (e), 40 cm  
524 (f), and 50 cm (g).

525

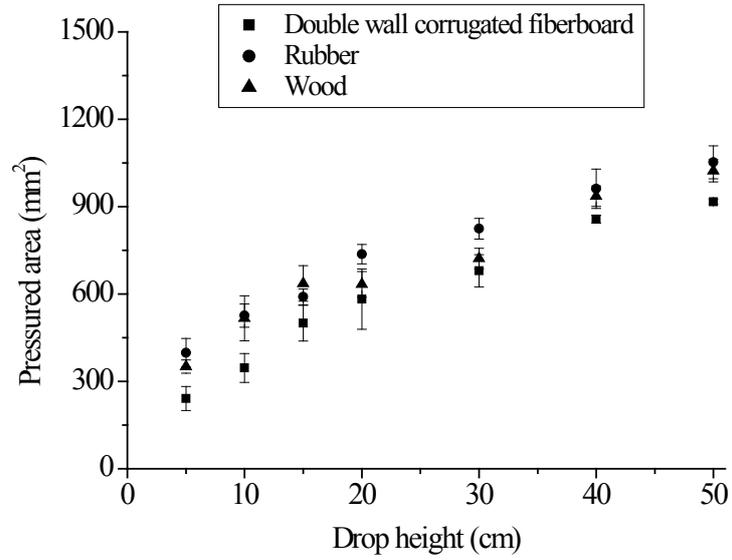
526

527

528

529

530



531

532 Fig. 6. Relationship between pressured area and drop heights for apple impacts against  
 533 different counterface.

534

535

536

537

538

539

540

541

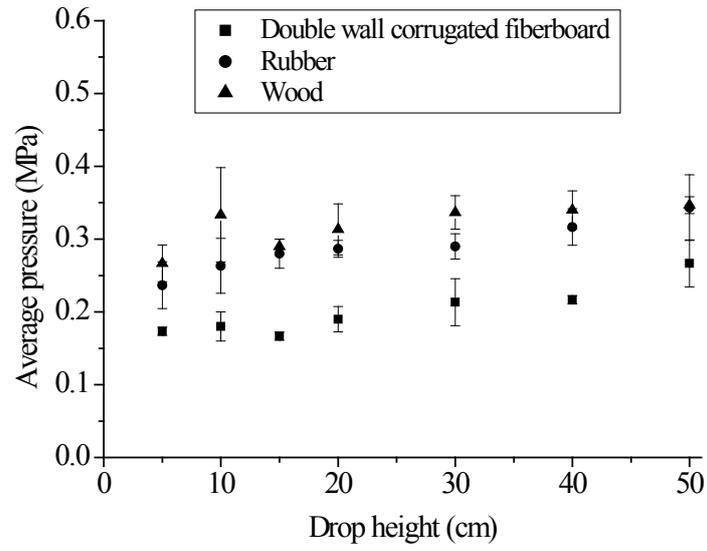
542

543

544

545

546



547

548 Fig. 7. Relationship between average pressure and drop heights for apple impacts against

549 different counterface.

550

551

552

553

554

555

556

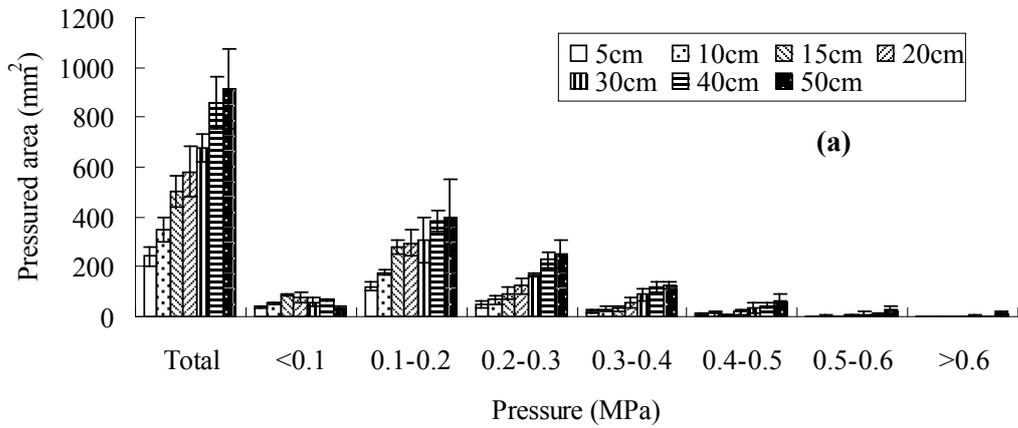
557

558

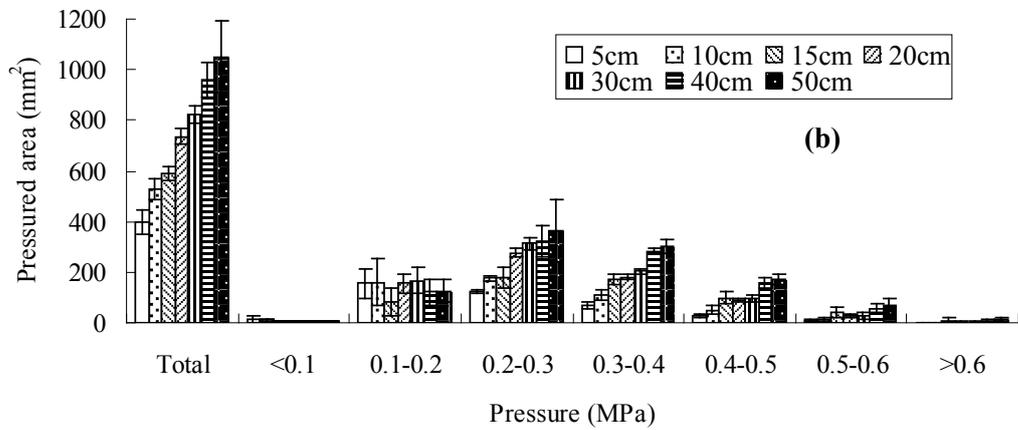
559

560

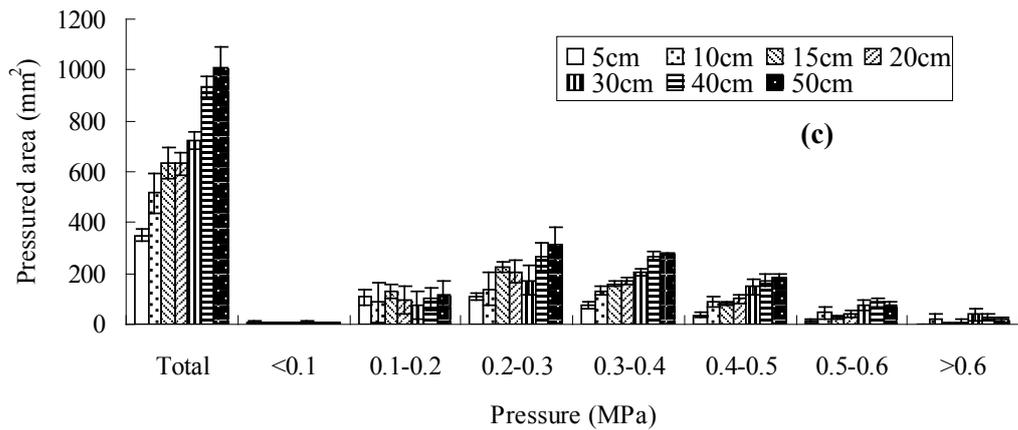
561



562

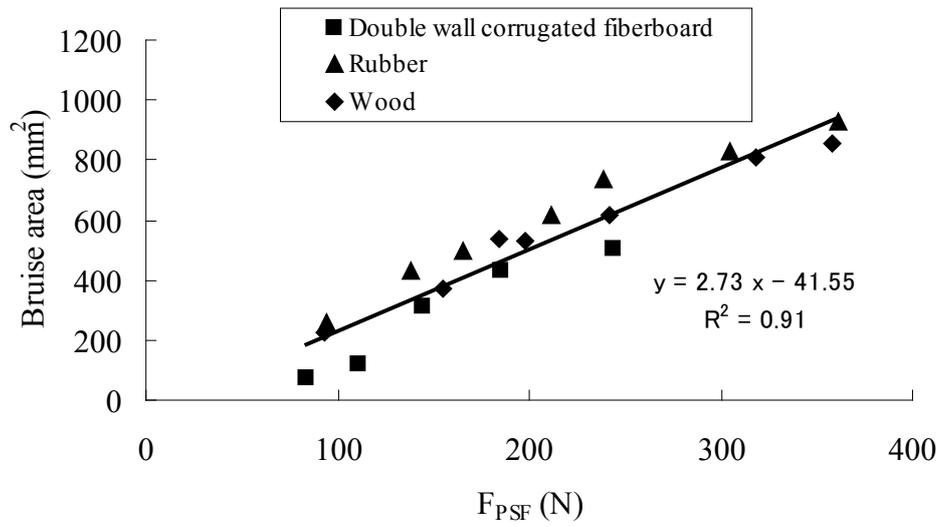


563



564

565 Fig. 8. Pressured area distribution on contact plates of different materials, (a) Double wall  
566 corrugated fiberboard; (b) Rubber; (c) Wood.



567

568 Fig. 9. Bruise area-  $F_{PSF}$  relationship for apple impacts against different materials. ( $P_{PSF}$ ,  
 569 the impact force obtained from the pressure-sensitive film, is calculated by Eq. (3))

570

571

572

573

574

575

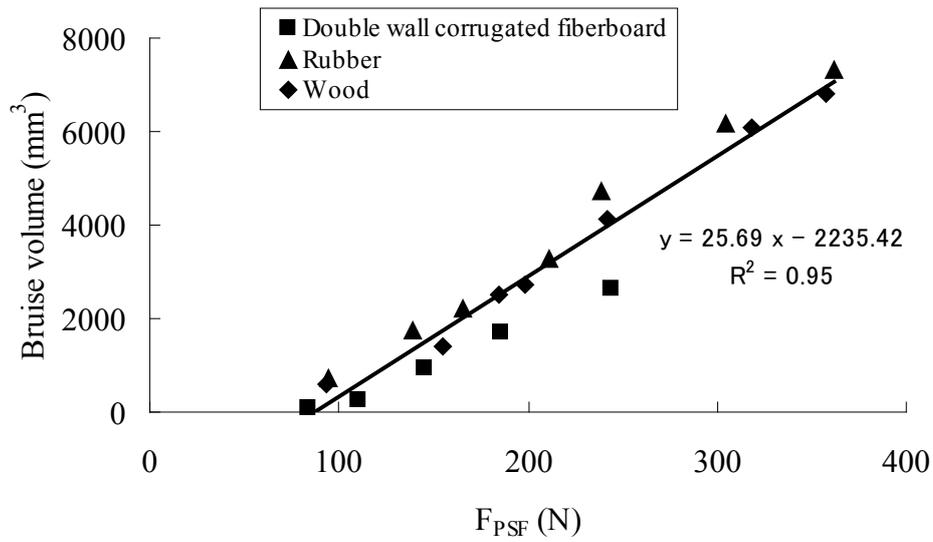
576

577

578

579

580



581

582 Fig.10. Bruise volume-F<sub>PSF</sub> relationship for apple impacts against different materials.

583 (P<sub>PSF</sub>, the impact force obtained from the pressure-sensitive film, is calculated by Eq. (3))

584

585

586

587

588

589

590

591

592

593

594

595

Table 1. Bruise-relationship fitted by linear regression

Counterface material	Equation of relationship			
	Regression Equation	R <sup>2</sup>	Regression Equation	R <sup>2</sup>
Double wall corrugated fiberboard	BA=2.87×P×A-154.78	0.93	BV=16.55×P×A-1420.85	0.99
Rubber on concrete floor	BA=2.40×P×A+32.78	0.97	BV=25.73×P×A-1829.11	0.99
Wood on concrete floor	BA=2.46×P×A+79.66	0.97	BV=24.92×P×A-2055.68	0.99
Total	BA=2.73×P×A-41.55	0.91	BV=25.69×P×A-2235.42	0.95

596

BA, bruise area (mm<sup>2</sup>); BV, bruise volume (mm<sup>3</sup>); P, average pressure (MPa); A, pressured area (mm<sup>2</sup>).

597