# HELICES AND ISOMETRIC IMMERSIONS 

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#### Abstract

Let $f: M \rightarrow \tilde{M}$ be an isometric immersion of a Riemannian manifold $M$ into a Riemannian manifold $\tilde{M}$. We study the geometry of submanifolds under various assumptions with respect to the first curvature $\tilde{\lambda}_{1}$ and the second curvature $\tilde{\lambda}_{2}$ of $\tilde{\sigma}=f \circ \sigma$ in $\tilde{M}$ for a helix $\sigma$ in $M$.


## Introduction

Let $f: M \rightarrow \tilde{M}$ be an isometric immersion of a Riemannian manifold $M$ into a Riemannian manifold $\tilde{M}$. K. Nomizu and K. Yano [4] proved the following fact:

If, for some $r>0$, every circle of radius $r$ in $M$ is a circle in $\tilde{M}$, then $M$ is an extrinsic sphere in $\tilde{M}$. Conversely if $M$ is an extrinsic sphere in $\tilde{M}$, then every circle in $M$ is a circle in $\tilde{M}$.

In this paper, we study relations between isometric immersions and helices. We set $\tilde{\sigma}=f \circ \sigma$ for a curve $\sigma$ in $M$. Let $p$ be a point of $M$ and $d \geq 2$. Let $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. We consider the following conditions $\left(\mathrm{C}_{1}\right),\left(\mathrm{C}_{2}\right)$ and $\left(\mathrm{C}_{3}\right)$ :
$\left(\mathrm{C}_{1}\right)\left\{\begin{array}{l}\text { The first curvature } \tilde{\lambda}_{1} \text { of } \tilde{\sigma} \text { is constant along } \tilde{\sigma} \text { for every helix } \sigma \\ \text { of order } d \text { through } p \text { in } M \text { with the } i \text {-th curvature } \lambda_{i}(1 \leq i \leq d-1),\end{array}\right.$
$\left(\mathrm{C}_{2}\right) \quad\left\{\begin{array}{l}\left(\mathrm{C}_{1}\right) \text { holds and the second curvature } \tilde{\lambda}_{2} \text { of } \tilde{\sigma} \text { is constant along } \tilde{\sigma} \\ \text { for every helix } \sigma \text { of order } d \text { though } p \text { in } M \text { with the } i \text {-th curvature } \lambda_{i} \\ (1 \leq i \leq d-1),\end{array}\right.$

[^0]$\left(\mathrm{C}_{3}\right)\left\{\begin{array}{l}\left(\mathrm{C}_{2}\right) \text { holds and the second curvature } \tilde{\lambda}_{2} \text { of } \tilde{\sigma} \text { is independent of the } \\ \text { choice of helix } \sigma \text { of order } d \text { through } p \text { in } M \text { with the } i \text {-th curvature } \lambda_{i} \\ (1 \leq i \leq d-1) .\end{array}\right.$
The result of Nomizu and Yano is given under the condition $\left(C_{1}\right)$ in the case where $d=2$ and $\tilde{\sigma}$ is a circle for every circle $\sigma$. In Section 1 , we give notations and equations which are used in this paper. In section 2, we obtain some results under the condition $\left(\mathrm{C}_{1}\right)$. In Section 3, we treat the conditions $\left(\mathrm{C}_{2}\right)$ and $\left(\mathrm{C}_{3}\right)$. In Section 4, we study some curves under the condition $\left(\mathrm{C}_{2}\right)$ where $\tilde{M}$ is of constant curvature.

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## §1. Preliminaries

In this paper, the differentiability of all geometric objects will be $C^{\infty}$. Let $f$ : $M \rightarrow \tilde{M}$ be an isometric immersion of an $n$-dimensional connected Riemannian manifold $M$ into an $m$-dimensional Riemannian manifold $\tilde{M}$. For all local formulas and computations, we may assume $f$ as an imbedding and thus we shall often identify $p \in M$ with $f(p) \in \tilde{M}$. The tangent space $T_{p} M$ is identified with a subspace $f_{*}\left(T_{p} M\right)$ of $T_{p} \tilde{M}$ where $f_{*}$ is the differential map of $f$. Letters $X, Y$ and $Z$ (resp. $\xi, \eta$ and $\zeta$ ) vector fields tangent (resp. normal) to $M$. We denote the tangent bundle of $M$ (resp. $\tilde{M}$ ) by $T M$ (resp. $T \tilde{M}$ ), unit tangent bundle of $M$ by $U M$ and the normal bundle by $T^{\perp} M$. Let $\tilde{\nabla}$ and $\nabla$ be the Levi-Civita connections of $\tilde{M}$ and $M$, respectively. Then the Gauss formula is given by

$$
\tilde{\nabla}_{X} Y=\nabla_{X} Y+h(X, Y)
$$

where $h$ denotes the second fundamental form. The Weingarten formula is given by

$$
\tilde{\nabla}_{X} \xi=-A_{\xi} X+\nabla_{X}^{\perp} \xi
$$

where $A$ denotes the shape operator and $\nabla^{\perp}$ the normal connection. Clearly $A$ is related to $h$ as $\left\langle A_{\xi} X, Y\right\rangle=\langle h(X, Y), \xi\rangle$, where $\langle$,$\rangle denotes the Riemannian$ metrics of $M$ and $\tilde{M}$. We put $\|\tilde{x}\|=\sqrt{\langle\tilde{x}, \tilde{x}\rangle}$ for $\tilde{x} \in T \tilde{M}$. For the second fundamental form and the shape operator, we define their covariant derivatives by

$$
\begin{aligned}
(D h)(Z, X, Y) & =\nabla_{Z}^{\perp}(h(X, Y))-h\left(\nabla_{Z} X, Y\right)-h\left(X, \nabla_{Z} Y\right) \\
(D A)_{\xi}(Y, X) & =\nabla_{Y}\left(A_{\xi} X\right)-A_{\nabla_{Y} \xi} X-A_{\xi}\left(\nabla_{Y} X\right)
\end{aligned}
$$

Furthermore we define the $k$-th covariant derivative of $h$ as follows:

$$
\begin{aligned}
\left(D^{k} h\right)\left(X_{1}, X_{2}, \ldots, X_{k+2}\right)= & \nabla_{X_{1}}\left(\left(D^{k-1} h\right)\left(X_{2}, \ldots, X_{k+2}\right)\right) \\
& -\sum_{i=2}^{k+2}\left(D^{k-1} h\right)\left(X_{2}, \ldots, \nabla_{X_{1}} X_{i}, \ldots, X_{k+2}\right)
\end{aligned}
$$

where $k \geq 1$ and $D^{0} h=h$. If, for the non-negative integers $i_{1}, i_{2}, \ldots, i_{j}(j \geq 1)$ satisfying that $i_{1}+i_{2}+\cdots+i_{j}=k+2 \quad(k \geq 0), \quad X_{1}=X_{2}=\cdots=X_{i_{1}}=X$, $X_{i_{1}+1}=\cdots=X_{i_{2}}=Y, \ldots, \quad X_{i_{j-1}+1}=\cdots=X_{i_{j}}=Z, \quad$ then a normal vector $\left(D^{k} h\right)\left(X_{1}, X_{2}, \ldots, X_{k+2}\right)$ is written as $\left(D^{k} h\right)\left(X^{i_{1}}, Y^{i_{2}}, \ldots, Z^{i_{j}}\right)$. Moreover a tangent vector $(D A)_{\xi}(X, X)$ will be written as $(D A)_{\xi}\left(X^{2}\right)$. The submanifold $M$ in $\tilde{M}$ is said to be isotropic at $p \in M$ of a constant normal curvature $\mu$ if the normal vector $h\left(x^{2}\right)$ satisfies

$$
\left\langle h\left(x^{2}\right), h\left(x^{2}\right)\right\rangle=\mu^{2}\langle x, x\rangle^{2}
$$

for every $x \in T_{p} M$. The above isotropic condition is equivalent with

$$
\begin{equation*}
\mathfrak{G}\langle h(x, y), h(z, w)\rangle=\mathfrak{G} \mu^{2}\langle x, y\rangle\langle z, w\rangle \tag{1.1}
\end{equation*}
$$

for $x, y, z, w \in T_{p} M$, where $\subseteq$ denote the cyclic sum with respect to $x, y$ and $z$. (cf. B. O'Neill [5]). If there exists a non-negative function $\mu$ on $M$ such that $M$ is isotropic at $p$ of the constant normal curvature $\mu(p)$ for every point of $M$, then $M$ is said to be an isotropic submanifold. In particular, when $\mu$ is constant on $M$, $M$ is said to be constant isotropic. The mean curvature vector field $H$ of $M$ is defined by

$$
H:=\frac{1}{n} \sum_{i=1}^{n} h\left(e_{i}^{2}\right),
$$

where $e_{1}, \ldots, e_{n}$ is an orthonormal frame at each point of $M$. If the second fundamental form $h$ satisfies $h(X, Y)=\langle X, Y\rangle H$, then $M$ is called a totally umbilical submanifold. The mean curvature vector field $H$ is said to be parallel if $\nabla^{\perp} H=0$. A totally umbilical submanifold with the parallel mean curvature vector field is called an extrinsic sphere. If the second fundamental form $h$ vanishes identically, then we call $M$ a totally geodesic submanifold of $\tilde{M}$.

Next we shall define a helix of order $d$ in a Riemannian manifold $N$. Let $\sigma: I \rightarrow N(s \mapsto \sigma(s))$ be a smooth curve in $N$, where $I$ is an open interval of the real line $\mathbb{R}$. We denote the tangent vector field $d \sigma / d s$ of $\sigma$ by $v_{1}$. We call $s$ a $d$-regular point of $\sigma$ if $\operatorname{dim} \operatorname{Span}\left\{\nabla_{v_{1}}^{k} v_{1}(s) \mid k=0, \ldots, d-1\right\}=d$ where $\nabla_{v_{1}}^{0} v_{1}=v_{1}$ and $\nabla_{v_{1}}^{k} v_{1}=\nabla_{v_{1}}\left(\nabla_{v_{1}}^{k-1} v_{1}\right)$ for $k \geq 1$. If every $s \in I$ is a $d$-regular point of $\sigma$, then $\sigma$
is said to be a $d$-regular curve. Note that 1 -regular curve is a usual regular curve. Hereafter, in this paper, we assume that all curves are regular and parametrized by arc length. If $\sigma$ is a $d$-regular curve, then we put

$$
\left\{\begin{array}{l}
v_{0}:=0, \quad w_{0}:=v_{1}, \quad \lambda_{0}:=1  \tag{1.2}\\
v_{i}:=\frac{w_{i-1}}{\lambda_{i-1}}, \quad w_{i}:=\nabla_{v_{1}} v_{i}+\lambda_{i-1} v_{i-1} \quad \text { and } \quad \lambda_{i}:=\left\|w_{i}\right\| \quad \text { for } \quad 1 \leq i \leq d .
\end{array}\right.
$$

We call $\lambda_{i}(1 \leq i \leq d)$ (resp. $\left.w_{i}\right)$ the $i$-th curvature (resp. the $i$-th curvature vector field) and $v_{i}(2 \leq i \leq d)$ the $(i-1)$-th normal vector field. If $\sigma$ is a $d$-regular curve and the $d$-th curvature $\lambda_{d}$ of $\sigma$ vanishes on $I$, then we call such a curve a curve of order $d$ and $v_{1}, \ldots, v_{d}$ the Frenet frame field. Note that a curve of order one is a geodesic. In the case where $\sigma$ is a curve of order $d$, we put

$$
\begin{equation*}
v_{i}:=0, \quad w_{i}:=0 \quad \text { and } \quad \lambda_{i}:=0 \quad \text { for } i>d \tag{1.3}
\end{equation*}
$$

From (1.2) and (1.3), we have the following Frenet formula of $\sigma$

$$
\begin{equation*}
\nabla_{v_{1}} v_{j}+\lambda_{j-1} v_{j-1}=\lambda_{j} v_{j+1} \tag{1.4}
\end{equation*}
$$

for $j \geq 1$. If $\sigma$ is a curve of order $d$ and $\lambda_{i}$ are constant along $\sigma$, then we call this a helix of order $d$. Note that a helix of order two is a circle.

## §2. Helices in a Riemannian submanifold

Let $f: M \rightarrow \tilde{M}$ be an isometric immersion of an $n$-dimensional connected Riemannian manifold into an $m$-dimensional Riemannian manifold $\tilde{M}$. Let $\sigma$ be a helix of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}(1 \leq i \leq d-1)$ and the Frenet frame field $v_{1}, \ldots, v_{d}$. We set $\tilde{\sigma}:=f \circ \sigma$. We have $\tilde{v}_{1}=d \tilde{\sigma} / d s=v_{1}$. From the Gauss formula and the Frenet formula of $\sigma$, we get $\tilde{\nabla}_{v_{1}} v_{1}=\lambda_{1} v_{2}+h\left(v_{1}^{2}\right)$. Since $\tilde{\sigma}$ is a regular curve, we have

$$
\begin{equation*}
\tilde{w}_{1}=\lambda_{1} v_{2}+h\left(v_{1}, v_{1}\right), \quad \tilde{\lambda}_{1}^{2}=\lambda_{1}^{2}+\left\langle h\left(v_{1}^{2}\right), h\left(v_{1}^{2}\right)\right\rangle, \tag{2.1}
\end{equation*}
$$

where $\tilde{w}_{1}$ is the first curvature vector field of $\tilde{\sigma}$. First we prove the following lemma.

Lemma 2.1. Let $d \geq 1$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. Let $\mu$ be nonnegative constant and $p \in M$. Then the following conditions are equivalent:
(a) The first curvature $\tilde{\lambda}_{1}$ of $\tilde{\sigma}$ at $p$ is equal to $\mu$ for every helix $\sigma$ of order $d$ through $p$ in $M$ with the $i$-th curvature $\lambda_{i}(1 \leq i \leq d-1)$,
(b) $M$ is isotropic at $p$ in $\tilde{M}$ of the normal curvature $\sqrt{\mu^{2}-\lambda_{1}^{2}}$.

Proof. Suppose that (a) holds. Let $x_{0}$ be any unit tangent vector at $p$ in $M$. We take a helix $\sigma$ of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}(1 \leq i \leq d-1)$ satisfying that $\sigma(0)=p$ and $v_{1}(0)=x_{0}$ where $v_{1}$ is the tangent vector field of $\sigma$. From (2.1), we have $\mu^{2}=\lambda_{1}^{2}+\left\langle h\left(x_{0}^{2}\right), h\left(x_{0}^{2}\right)\right\rangle$. Hence we get $\left\langle h\left(x^{2}\right), h\left(x^{2}\right)\right\rangle=$ $\mu^{2}-\lambda_{1}^{2}$ for every $x \in U_{p} M$. Therefore we see that $M$ is isotropic at $p$. Hence we get (b).

Suppose that (b) holds. Let $x_{0}$ be any unit tangent vector at $p$ in $M$. We take a helix $\sigma$ of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}$ satisfying that $\sigma(0)=p$ and $v_{1}(0)=x_{0}$ where $v_{1}$ is the tangent vector field of $\sigma$. Set $\tilde{\lambda}_{1}$ the first curvature of $\tilde{\sigma}$. From (2.1), we have

$$
\tilde{\lambda}_{1}^{2}(0)=\lambda_{1}^{2}+\left\langle h\left(x_{0}^{2}\right) h\left(x_{0}^{2}\right)\right\rangle=\lambda_{1}^{2}+\left(\mu^{2}-\lambda_{1}^{2}\right)=\mu^{2} .
$$

Hence we get (a).

Remark. If $M$ is isotropic at $p$ of a normal curvature $\mu$, then it is clear from (1.1) that

$$
A_{h\left(x^{2}\right)} x=\mu^{2} x \quad \text { for } x \in U_{p} M .
$$

Let $p$ be a point of $M, d \geq 2$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ positive constants. We consider the following the condition ( $\mathrm{C}_{1}$ ):
$\left(\mathrm{C}_{1}\right) \quad\left\{\begin{array}{l}\text { The first curvature } \tilde{\lambda}_{1} \text { of } \tilde{\sigma} \text { is constant along } \tilde{\sigma} \text { for every helix } \sigma \\ \text { of order } d \text { through } p \text { in } M \text { with the } i \text {-th curvature } \lambda_{i}(1 \leq i \leq d-1) .\end{array}\right.$
From Lemma 2.1, we obtain the following Lemma.
Lemma 2.2. Let $d \geq 2$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. Let $p$ be a point of $M$ satisfying $\left(C_{1}\right)$. Then $M$ is isotropic at $p$ of the normal curvature $\sqrt{\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}}$ (i.e., $\tilde{\lambda}_{1}$ is independent of the choice of $\sigma$ ). Moreover we get

$$
\begin{align*}
& \langle h(v, z),(D h)(y, x, w)\rangle+\langle h(w, z),(D h)(y, x, v)\rangle  \tag{2.2}\\
& \quad+\langle h(x, z),(D h)(y, w, v)\rangle+\langle h(w, v),(D h)(y, x, z)\rangle \\
& \quad+\langle h(x, v),(D h)(y, w, z)\rangle+\langle h(x, w),(D h)(y, v, z)\rangle=0
\end{align*}
$$

for every $x, y, z, v, w \in T_{p} M$.
Proof. Let $x$ and $y$ be any orthonormal tangent vectors at $p$ in $M$. We take a helix $\sigma$ of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}$ satisfying that $\sigma(0)=p$,
$v_{1}(0)=x$ and $v_{2}(0)=y$ where $v_{1}$ (resp. $v_{2}$ ) is the tangent vector field of $\sigma$ (resp. the first normal vector field of $\sigma$ ). From (2.1), we get $\tilde{\lambda}_{1}^{2}=\lambda_{1}^{2}+\left\langle h\left(v_{1}^{2}\right), h\left(v_{1}^{2}\right)\right\rangle$. Applying $\tilde{\nabla}_{v_{1}}$ to this equation and using the Frenet formula of $\sigma$, we get

$$
\begin{equation*}
\left\langle(D h)\left(v_{1}^{3}\right), h\left(v_{1}^{2}\right)\right\rangle+2 \lambda_{1}\left\langle h\left(v_{1}, v_{2}\right), h\left(v_{1}^{2}\right)\right\rangle=0 . \tag{2.3}
\end{equation*}
$$

Moreover, applying $\tilde{\nabla}_{v_{1}}$ to (2.3) and using the Frenet formula of $\sigma$, we get

$$
\begin{align*}
& \left\langle\left(D^{2} h\right)\left(v_{1}^{4}\right), h\left(v_{1}^{2}\right)\right\rangle+\left\langle(D h)\left(v_{1}^{3}\right),(D h)\left(v_{1}^{3}\right)\right\rangle+\lambda_{1}\left\langle(D h)\left(v_{2}, v_{1}^{2}\right), h\left(v_{1}^{2}\right)\right\rangle  \tag{2.4}\\
& \quad+4 \lambda_{1}\left\langle(D h)\left(v_{1}^{2}, v_{2}\right), h\left(v_{1}^{2}\right)\right\rangle+4 \lambda_{1}\left\langle(D h)\left(v_{1}^{3}\right), h\left(v_{1}, v_{2}\right)\right\rangle \\
& \quad+4 \lambda_{1}^{2}\left\langle h\left(v_{1}, v_{2}\right), h\left(v_{1}, v_{2}\right)\right\rangle+2 \lambda_{1}^{2}\left\langle h\left(v_{1}^{2}\right), h\left(v_{2}^{2}\right)\right\rangle \\
& \quad-2 \lambda_{1}^{2}\left\langle h\left(v_{1}^{2}\right), h\left(v_{1}^{2}\right)\right\rangle+2 \lambda_{1} \lambda_{2}\left\langle h\left(v_{1}^{2}\right), h\left(v_{1}, v_{3}\right)\right\rangle=0
\end{align*}
$$

From (2.3), we get

$$
\left\langle(D h)\left(x^{3}\right), h\left(x^{2}\right)\right\rangle+2 \lambda_{1}\left\langle h(x, y), h\left(x^{2}\right)\right\rangle=0 .
$$

Since $x$ and $-y$ are orthonormal tangent vectors and $\lambda_{1}>0$, we obtain that

$$
\left\langle(D h)\left(x^{3}\right), h\left(x^{2}\right)\right\rangle=\left\langle h(x, y), h\left(x^{2}\right)\right\rangle=0 .
$$

Hence we have $\left\langle h\left(x^{2}\right), h(x, y)\right\rangle=0$ for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$ and

$$
\begin{equation*}
\left\langle(D h)\left(x^{3}\right), h\left(x^{2}\right)\right\rangle=0 \tag{2.5}
\end{equation*}
$$

for every $x \in T_{p} M$. Therefore we get $M$ is isotropic at $p$ of the normal curvature $\sqrt{\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}}$. From Lemma 2.1, we see that $\tilde{\lambda}_{1}$ is independent of the choice of $\sigma$. Also, from (1.1) and (2.4), we get

$$
\begin{aligned}
& \left\langle\left(D^{2} h\right)\left(x^{4}\right), h\left(x^{2}\right)\right\rangle+\left\langle(D h)\left(x^{3}\right),(D h)\left(x^{3}\right)\right\rangle \\
& \quad+\lambda_{1}\left\langle(D h)\left(y, x^{2}\right), h\left(x^{2}\right)\right\rangle+4 \lambda_{1}\left\langle(D h)\left(x^{2}, y\right), h\left(x^{2}\right)\right\rangle+4 \lambda_{1}\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle=0
\end{aligned}
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Since $x$ and $-y$ are orthonormal and $\lambda_{1}>0$, we get

$$
\begin{equation*}
\left\langle(D h)\left(y, x^{2}\right), h\left(x^{2}\right)\right\rangle+4\left\langle(D h)\left(x^{2}, y\right), h\left(x^{2}\right)\right\rangle+4\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle=0 \tag{2.6}
\end{equation*}
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. From (2.5), we have

$$
\begin{equation*}
\left\langle(D h)\left(y, x^{2}\right), h\left(x^{2}\right)\right\rangle+2\left\langle(D h)\left(x^{2}, y\right), h\left(x^{2}\right)\right\rangle+2\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle=0 \tag{2.7}
\end{equation*}
$$

for every $x, y \in T_{p} M$. From (2.6) and (2.7), it follows that

$$
\left\langle(D h)\left(y, x^{2}\right), h\left(x^{2}\right)\right\rangle=\left\langle(D h)\left(x^{2}, y\right), h\left(x^{2}\right)\right\rangle+\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle=0
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Hence, from (2.5), we see that

$$
\left\langle h\left(x^{2}\right),(D h)\left(y, x^{2}\right)\right\rangle=0 \text { for every } x, y \in T_{p} M .
$$

Since $h$ is symmetric, we have (2.2) for any tangent vectors $x, y, z, v$ and $w$ at $p$.

From Lemma 2.2, we get
Proposition 2.3. Let $M$ be an n-dimensional connected Riemannian submanifold in an $m$-dimensional Riemannian manifold $\tilde{M}$ isometrically immersed by $f$ and $n \geq 2$. Let $d \geq 2$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. If the condition $\left(\mathrm{C}_{1}\right)$ holds at every point of $M$, then $M$ is a constant isotropic submanifold of $\tilde{M}$.

Proof. By Lemma 2.2, we see that $M$ is an isotropic submanifold. Then there exists a non-negative function $\mu$ on $M$ such that $M$ is isotropic at $p$ of the constant normal curvature $\mu(p)$ for every point $p$ of $M$. We shall show that the derivative of $\mu^{2}$ vanishes on $M$. Let $p \in M$ and $x \in U_{p} M$ be arbitrarily fixed. For a unit vector field $Y$ on a neighborhood of $p$, we have

$$
x \mu^{2}=x\left\langle h\left(Y^{2}\right), h\left(Y^{2}\right)\right\rangle=\left.2\left\langle(D h)\left(x, Y^{2}\right), h\left(Y^{2}\right)\right\rangle\right|_{\mathrm{at} p}+\left.4\left\langle h\left(\nabla_{x} Y, Y\right), h\left(Y^{2}\right)\right\rangle\right|_{\mathrm{a} p}
$$

Since the equation (2.2) holds and $\left\langle\nabla_{x} Y, Y\right\rangle=0$, we get $x \mu^{2}=0$. Hence we see that $M$ is constant isotropic.

## §3. The discriminant of the second fundamental form

Let $M, \tilde{M}$ and $f$ be as in $\S 2$. Let $\sigma$ be a helix of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}(1 \leq i \leq d-1)$ and the Frenet frame field $v_{1}, \ldots, v_{d}$. Let $\tilde{\lambda}_{i}(1 \leq i)$ be the $i$-th curvature of $\tilde{\sigma}$. By a routine calculation, we have the following lemma.

Lemma 3.1. The tangent vector field $\tilde{v}_{1}$ and the first curvature vector field $\tilde{w}_{1}$ of $\tilde{\sigma}$ are given by

$$
\tilde{v}_{1}=v_{1}, \quad \tilde{w}_{1}=\lambda_{1} v_{2}+h\left(v_{1}^{2}\right)
$$

If $\tilde{\lambda}_{1}$ is constant along $\tilde{\sigma}$ then the second curvature vector field $\tilde{w}_{2}$ of $\tilde{\sigma}$ is given by

$$
\begin{equation*}
\tilde{\lambda}_{1} \tilde{w}_{2}=\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right) v_{1}+\lambda_{1} \lambda_{2} v_{3}-A_{h\left(v_{1}^{2}\right)} v_{1}+3 \lambda_{1} h\left(v_{1}, v_{2}\right)+(D h)\left(v_{1}^{3}\right) . \tag{3.1}
\end{equation*}
$$

Moreover, If $\tilde{\lambda}_{1}$ and $\tilde{\lambda}_{2}$ are constant along $\tilde{\sigma}$, then the third curvature vector field $\tilde{w}_{3}$ of $\tilde{\sigma}$ is given by

$$
\begin{align*}
\tilde{\lambda}_{1} \tilde{\lambda}_{2} \tilde{w}_{3}= & \lambda_{1}\left(\tilde{\lambda}_{1}^{2}+\tilde{\lambda}_{2}^{2}-\lambda_{1}^{2}-\lambda_{2}^{2}\right) v_{2}+\lambda_{1} \lambda_{2} \lambda_{3} v_{4}-(D A)_{h\left(v_{1}^{2}\right)}\left(v_{1}^{2}\right)  \tag{3.2}\\
& -5 \lambda_{1} A_{h\left(v_{1}, v_{2}\right)} v_{1}-\lambda_{1} A_{h\left(v_{1}^{2}\right)} v_{2}-2 A_{(D h)\left(v_{1}^{3}\right)} v_{1}-h\left(v_{1}, A_{h\left(v_{1}^{2}\right)} v_{1}\right) \\
& +\left(\tilde{\lambda}_{1}^{2}+\tilde{\lambda}_{2}^{2}-4 \lambda_{1}^{2}\right) h\left(v_{1}^{2}\right)+3 \lambda_{1}^{2} h\left(v_{2}^{2}\right)+4 \lambda_{1} \lambda_{2} h\left(v_{1}, v_{3}\right) \\
& +5 \lambda_{1}(D h)\left(v_{1}^{2}, v_{2}\right)+\lambda_{1}(D h)\left(v_{2}, v_{1}^{2}\right)+\left(D^{2} h\right)\left(v_{1}^{4}\right)
\end{align*}
$$

We prove the following lemma.

Lemma 3.2. Let $p$ be a point of $M, d \geq 2$ and $\lambda_{1}, \cdots, \lambda_{d-1}$ positive constants. If, for every helix $\sigma$ of order $d$ through $p$ in $M$ with the $i$-th curvature $\lambda_{i}$ $(1 \leq i \leq d-1)$,

$$
\begin{equation*}
v_{1}\left\langle h\left(v_{1}, v_{2}\right),(D h)\left(v_{1}^{3}\right)\right\rangle=0 \text { at } p \tag{3.3}
\end{equation*}
$$

where $v_{1}\left(\right.$ resp. $\left.v_{2}\right)$ is the tangent vector field of $\sigma$ (resp. the first normal vector field of $\sigma$ ), then we have

$$
\begin{equation*}
\left\langle(D h)\left(x^{2}, y\right),(D h)\left(x^{3}\right)\right\rangle+\left\langle\left(D^{2} h\right)\left(x^{4}\right), h(x, y)\right\rangle=0 \tag{3.4}
\end{equation*}
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$.
Proof. Let $x$ and $y$ be any orthonormal tangent vectors at $p$ in $M$. We take a helix $\sigma$ of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}$ satisfying that $\sigma(0)=p$, $v_{1}(0)=x$ and $v_{2}(0)=y$. By assumption, we have

$$
\begin{aligned}
0= & \left.v_{1}\left\langle h\left(v_{1}, v_{2}\right),(D h)\left(v_{1}^{3}\right)\right\rangle\right|_{s=0} \\
= & \left.\left\langle(D h)\left(v_{1}^{2}, v_{2}\right),(D h)\left(v_{1}^{3}\right)\right\rangle\right|_{s=0}+\left.\left\langle h\left(\nabla_{v_{1}} v_{1}, v_{2}\right),(D h)\left(v_{1}^{3}\right)\right\rangle\right|_{s=0} \\
& +\left.\left\langle h\left(v_{1}, \nabla_{v_{1}} v_{2}\right),(D h)\left(v_{1}^{3}\right)\right\rangle\right|_{s=0}+\left.\left\langle h\left(v_{1}, v_{2}\right),\left(D^{2} h\right)\left(v_{1}^{4}\right)\right\rangle\right|_{s=0} \\
& +\left.\left\langle h\left(v_{1}, v_{2}\right),(D h)\left(\nabla_{v_{1}} v_{1}, v_{1}^{2}\right)\right\rangle\right|_{s=0}+2\left\langle h\left(v_{1}, v_{2}\right),(D h)\left(v_{1}^{2}, \nabla_{\left.\left.v_{1}, v_{1}\right)\right\rangle\left.\right|_{s=0}}=\right.\right. \\
& +\lambda_{2}\left\langle h h\left(x, x^{2}, y\right),(D h)\left(x^{3}\right)\right\rangle+\lambda_{1}\left\langle h\left(y^{2}\right),(D h)\left(x^{3}\right)\right\rangle-\lambda_{1}\left\langle h\left(x^{2}\right),(D h)\left(x^{3}\right)\right\rangle \\
& +\lambda_{1}\left\langle h(x, y),(D h)\left(y, x^{2}\right)\right\rangle+2 \lambda_{1}\left\langle h(x, y),(D h)\left(x^{2}, y\right)\right\rangle
\end{aligned}
$$

where $v_{3}$ is the second normal vector field of $\sigma$. If $d=2$, then $v_{3}=0$. Since $x$ and $-y$ are orthonormal, we have (3.4). If $d \geq 3$, then we can take a unit vector $z\left(\in T_{p} M\right)$ satisfying that $v_{3}(0)=z$. Also since $x,-y$ and $z$ are orthonormal, we have (3.4).

Let $\sigma$ be a helix of order $d$ in $M$ and $d \geq 2$. From (2.1), we have $\tilde{\lambda}_{1} \geq \lambda_{1}>0$ where $\tilde{\lambda}_{1}$ (resp. $\lambda_{1}$ ) is the first curvature of $\tilde{\sigma}$ (resp. the first curvature of $\sigma$ ). Thus $\tilde{\sigma}$ is a 2 -regular curve. Let $p$ be a point of $M, d \geq 2$ and $\lambda_{1} \cdots \lambda_{d-1}$ positiveconstants. We consider the following conditions $\left(\mathrm{C}_{2}\right)$ and $\left(\mathrm{C}_{3}\right)$ :
$\left(\mathrm{C}_{2}\right) \quad\left\{\begin{array}{l}\left(\mathrm{C}_{1}\right) \text { holds and the second curvature } \tilde{\lambda}_{2} \text { of } \tilde{\sigma} \text { is constant along } \tilde{\sigma} \\ \text { for every helix } \sigma \text { of order } d \text { through } p \text { in } M \text { with the } i \text {-th curvature } \lambda_{i} \\ (1 \leq i \leq d-1),\end{array}\right.$ $\left(\mathrm{C}_{3}\right)\left\{\begin{array}{l}\left(\mathrm{C}_{2}\right) \text { holds and the second curvature } \tilde{\lambda}_{2} \text { of } \tilde{\sigma} \text { is independent of the } \\ \text { choice of helix } \sigma \text { of order } d \text { through } p \text { in } M \text { with the } i \text {-th curvature } \lambda_{i} \\ (1 \leq i \leq d-1) .\end{array}\right.$ For $x \in U M$, we set

$$
v(x):=\left\langle(D h)\left(x^{3}\right),(D h)\left(x^{3}\right)\right\rangle .
$$

We prove the following lemma.

Lemma 3.3. Let $d \geq 2$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. Let $p$ be a point of $M$ satisfying $\left(\mathrm{C}_{2}\right)$. Then $v$ is constant on $U_{p} M$ if and only if $(3.4)$ holds for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Moreover, we get

$$
\begin{align*}
& 15 \lambda_{1}^{2}\left\langle(D h)\left(x^{2}, y\right), h(x, y)\right\rangle+3 \lambda_{1}^{2}\left\langle(D h)\left(y, x^{2}\right), h(x, y)\right\rangle  \tag{3.5}\\
& \quad+3 \lambda_{1}^{2}\left\langle(D h)\left(x^{3}\right), h\left(y^{2}\right)\right\rangle+\left\langle\left(D^{2} h\right)\left(x^{4}\right),(D h)\left(x^{3}\right)\right\rangle=0
\end{align*}
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Moreover, if $d \geq 3$, then we have

$$
\begin{equation*}
\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle=\left\langle(D h)\left(y, x^{2}\right), h\left(x^{2}\right)\right\rangle=\left\langle(D h)\left(x^{2}, y\right), h\left(x^{2}\right)\right\rangle=0 \tag{3.6}
\end{equation*}
$$

for every $x, y \in T_{p} M$.
Proof. Let $x$ and $y$ be any orthonormal tangent vectors at $p$ in $M$. We take a helix $\sigma$ of order $d$ in $M$ with the $i$-th curvature $\lambda_{i}$ satisfying that $\sigma(0)=p$,
$v_{1}(0)=x$ and $v_{2}(0)=y$ where $v_{1}$ (resp. $v_{2}$ ) is the tangent vector field of $\sigma$ (resp. the first normal vector field of $\sigma$ ). Since (2.2), (3.1) and (3.2) hold and $M$ is isotropic at $p$ by Lemma 2.2, we obtain

$$
\begin{aligned}
0= & \left.\left\langle\tilde{\lambda}_{1} \tilde{w}_{2}, \tilde{\lambda}_{1} \tilde{\lambda}_{2} \tilde{w}_{3}\right\rangle\right|_{s=0} \\
= & 9 \lambda_{1}^{2} \lambda_{2}\left\langle h(x, y), h\left(x, v_{3}(0)\right)\right\rangle+3 \lambda_{1} \lambda_{2}\left\langle(D h)\left(x^{3}\right), h\left(x, v_{3}(0)\right)\right\rangle \\
& +15 \lambda_{1}^{2}\left\langle(D h)\left(x^{2}, y\right), h(x, y)\right\rangle+3 \lambda_{1}^{2}\left\langle(D h)\left(y, x^{2}\right), h(x, y)\right\rangle \\
& +3 \lambda_{1}\left\langle\left(D^{2} h\right)\left(x^{4}\right), h(x, y)\right\rangle+3 \lambda_{1}^{2}\left\langle(D h)\left(x^{3}\right), h\left(y^{2}\right)\right\rangle \\
& +5 \lambda_{1}\left\langle(D h)\left(x^{2}, y\right),(D h)\left(x^{3}\right)\right\rangle+\lambda_{1}\left\langle(D h)\left(y, x^{2}\right),(D h)\left(x^{3}\right)\right\rangle \\
& +\left\langle\left(D^{2} h\right)\left(x^{4}\right),(D h)\left(x^{3}\right)\right\rangle
\end{aligned}
$$

where $v_{3}$ is the second normal vector field of $\sigma$.
If $d=2$, then $v_{3}=0$. We have

$$
\begin{align*}
& 15 \lambda_{1}^{2}\left\langle(D h)\left(x^{2}, y\right), h(x, y)\right\rangle+3 \lambda_{1}^{2}\left\langle(D h)\left(y, x^{2}\right), h(x, y)\right\rangle  \tag{3.7}\\
& \quad+3 \lambda_{1}^{2}\left\langle(D h)\left(x^{3}\right), h\left(y^{2}\right)\right\rangle+3 \lambda_{1}\left\langle\left(D^{2} h\right)\left(x^{4}\right), h(x, y)\right\rangle \\
& \quad+5 \lambda_{1}\left\langle(D h)\left(x^{2}, y\right),(D h)\left(x^{3}\right)\right\rangle+\lambda_{1}\left\langle(D h)\left(y, x^{2}\right),(D h)\left(x^{3}\right)\right\rangle \\
& \quad+\left\langle\left(D^{2} h\right)\left(x^{4}\right),(D h)\left(x^{3}\right)\right\rangle=0
\end{align*}
$$

If $d \geq 3$, we can take a unit vector $z\left(\in T_{p} M\right)$ satisfying $v_{3}(0)=z$. Since $x, y$ and $-z$ are orthonormal, we get (3.7) and

$$
\begin{equation*}
9 \lambda_{1}^{2} \lambda_{2}\langle h(x, y), h(x, z)\rangle+3 \lambda_{1} \lambda_{2}\left\langle(D h)\left(x^{3}\right), h(x, z)\right\rangle=0 . \tag{3.8}
\end{equation*}
$$

In any case, we see that (3.7) holds for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Since $x$ and $-y$ are orthonormal and $\lambda_{1}>0$, we obtain that (3.5) and

$$
\begin{aligned}
& 3\left(\left\langle h(x, y),\left(D^{2} h\right)\left(x^{4}\right)\right\rangle+\left\langle(D h)\left(x^{3}\right),(D h)\left(x^{2}, y\right)\right\rangle\right) \\
& =2\left\langle(D h)\left(x^{3}\right),(D h)\left(x^{2}, y\right)\right\rangle+\left\langle(D h)\left(x^{3}\right),(D h)\left(y, x^{2}\right)\right\rangle
\end{aligned}
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. If (3.4) holds, then we have

$$
2\left\langle(D h)\left(x^{2}, y\right),(D h)\left(x^{3}\right)\right\rangle+\left\langle(D h)\left(y, x^{2}\right),(D h)\left(x^{3}\right)\right\rangle=0
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Hence we get $v$ is constant on $U_{p} M$. The converse is rather clear.

Here, we assume that $d \geq 3$. Since (3.8) holds for $x,-y, z$ and $\lambda_{1} \lambda_{2}>0$, we have $\left\langle(D h)\left(x^{3}\right), h(x, z)\right\rangle=0$ for every $x, y \in U_{p} M$ such that $\langle x, z\rangle=0$. From this equation and (2.2), we have (3.6).

Let $p$ be a point of $M$. The discriminant $\Delta$ at $p$ of the second fundamental form $h$ is given by

$$
\Delta_{x y}=\frac{\left\langle h\left(x^{2}\right), h\left(y^{2}\right)\right\rangle-\|h(x, y)\|^{2}}{\|x\|^{2}\|y\|^{2}-\langle x, y\rangle^{2}}
$$

for linearly independent tangent vectors $x, y \in T_{p} M$.
We assume that $p$ is a point of $M$ satisfying $\left(\mathrm{C}_{2}\right)$. We take a helix $\sigma$ of order $d$ through $p$ and put $v_{1}(0)=x$ and $v_{2}(0)=y$ where $d \geq 2$. From (2.3) and the fact that $M$ is isotropic at $p$, we get

$$
\begin{equation*}
9 \lambda_{1}^{2}\langle h(x, y), h(x, y)\rangle+6 \lambda_{1}\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle+v(x)+\lambda_{1}^{2} \lambda_{2}^{2}-\tilde{\lambda}_{1}^{2} \tilde{\lambda}_{2}^{2}=0 \tag{3.9}
\end{equation*}
$$

for $\tilde{\sigma}$. In particular, if (3.6) holds, then we get

$$
\begin{equation*}
9 \lambda_{1}^{2}\langle h(x, y), h(x, y)\rangle+v(x)+\lambda_{1}^{2} \lambda_{2}^{2}-\tilde{\lambda}_{1}^{2} \tilde{\lambda}_{2}^{2}=0 . \tag{3.10}
\end{equation*}
$$

Moreover, from (1.1), we get

$$
\begin{equation*}
\Delta_{x y}=\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right)-\frac{1}{3 \lambda_{1}^{2}}\left(\tilde{\lambda}_{1}^{2} \tilde{\lambda}_{2}^{2}-\lambda_{1}^{2} \lambda_{2}^{2}-v(x)\right) . \tag{3.11}
\end{equation*}
$$

From Lemma 3.2 and Lemma 3.3, we have the following theorem:
Theorem 3.4. Let $M$ be an n-dimensional connected Riemannian submanifold in an m-dimensional Riemannian manifold $\tilde{M}$ isometrically immersed by $f$ and $n \geq 3$. Let $d \geq 3$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. Suppose that the condition $\left(\mathrm{C}_{1}\right)$ holds at every point of $M$. Let $p$ be a point of $M$. If the condition $\left(\mathrm{C}_{2}\right)$ holds at $p$, then $v$ is constant on $U_{p} M$. Moreover the discriminant $\Delta$ at $p$ is constant if and only if the condition $\left(\mathrm{C}_{3}\right)$ holds at $p$.

In case of $d=2$, we shall prove that (3.6) holds at $p$ under the condition $\left(C_{3}\right)$. We have the following lemma.

Lemma 3.5. Let $d=2$ and $\lambda_{1}$ be a positive constant. Let $p$ be a point of $M$ satisfying $\left(\mathrm{C}_{3}\right)$. Then we have (3.6) for every $x, y \in T_{p} M$. Moreover we get (3.10) and (3.11) for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$.

Proof. We have (3.9) for any $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Since $x$ and $-y$ are orthonormal and $p$ is a point satisfying $\left(\mathrm{C}_{3}\right)$, we obtain $\lambda_{1}\left\langle(D h)\left(x^{3}\right), h(x, y)\right\rangle=0$ and (3.10). From (1.1), we obtain (3.11). Since $\lambda_{1}>0$ and (2.2) holds, we get (3.6).

From the definition of discriminant, we have the following theorem.
Theorem 3.6. Let $M$ be an n-dimensional connected Riemannian submanifold in an m-dimensional Riemannian manifold $\tilde{M}$ isometrically immersed by $f$ and $n \geq 3$. Let $d \geq 2$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. Let $p$ be a point of $M$ satisfying the condition $\left(\mathrm{C}_{3}\right)$. Then $v$ is constant on $U_{p} M$ and the discriminant $\Delta$ at $p$ is constant.

Proof. Let $x, y, z$ be orthonormal in $T_{p} M$. Set $x(\theta)=\cos \theta x+\sin \theta y$. From (3.11), we get

$$
\begin{equation*}
v(x(\theta))=\left\langle(D h)\left(x(\theta)^{3}\right),(D h)\left(x(\theta)^{3}\right)\right\rangle=\left\langle(D h)\left(z^{3}\right),(D h)\left(z^{3}\right)\right\rangle=v(z) \tag{3.12}
\end{equation*}
$$

Differentiating (3.12) at $\theta=0$, we see that

$$
\left\langle(D h)\left(y, x^{2}\right),(D h)\left(x^{3}\right)\right\rangle+2\left\langle(D h)\left(x^{2}, y\right),(D h)\left(x^{3}\right)\right\rangle=0 .
$$

Therefore we have $v$ is constant on $U_{p} M$. It is clear that the discriminant $\Delta$ at $p$ is constant.

In case of $n=2$, from Lemma 2.2, we get the following lemma.
Lemma 3.7. Let $n=2$ and $d=2$. Let $\lambda_{1}$ be a positive constant and $p$ a point of $M$ satisfying $\left(C_{1}\right)$. Then the discriminant $\Delta$ is constant at $p$ and

$$
\begin{equation*}
\|h(x, y)\|^{2}=\frac{\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}-\Delta}{3} \quad \text { and }\left\langle h\left(x^{2}\right), h\left(y^{2}\right)\right\rangle=\frac{\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}+2 \Delta}{3} \tag{3.13}
\end{equation*}
$$

for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Thus $\|h(x, y)\|$ and $\left\langle h\left(x^{2}\right), h\left(y^{2}\right)\right\rangle$ are constant for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$.

Proof. Let $x, y$ be orthonormal in $T_{p} M$. Set $x(\theta)=\cos \theta x+\sin \theta y$ and $y(\theta)=-\sin \theta x+\cos \theta y$. Since $M$ is isotropic at $p$, we get

$$
\frac{d}{d \theta} \Delta_{x(\theta) y(\theta)}=4\left\langle h\left(y(\theta)^{2}\right), h(x(\theta), y(\theta))\right\rangle-4\left\langle h\left(x(\theta)^{2}\right), h(x(\theta), y(\theta))\right\rangle=0
$$

Hence we get $\Delta_{x(\theta) y(\theta)}=\Delta_{x y}$. From the definition of $\Delta$, we get (3.13) for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$.

From Theorem 3.6, Lemma 3.7 and Theorem 1 in [5], we get
Corollary 3.8. Let $d \geq 2$ and $\lambda_{1}, \ldots, \lambda_{d-1}$ be positive constants. If $\left(\mathrm{C}_{3}\right)$ holds for every point of $M$ and $m-n<(n+2)(n-1) / 2$, then $M$ is a totally umbilic submanifold of $\tilde{M}$. Moreover, at every point $p \in M$, we get

$$
\begin{aligned}
\langle H, H\rangle & =\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}, \\
\tilde{\lambda}_{1}^{2} \tilde{\lambda}_{2}^{2}-\lambda_{1}^{2} \lambda_{2}^{2} & =\left\langle\nabla_{x} H, \nabla_{x} H\right\rangle
\end{aligned}
$$

for every $x \in U_{p} M$ where $H$ is the mean curvature vector field of $M$.

Remark. In Corollary 3.8, we see that $M$ is an extrinsic sphere if and only if $\tilde{\lambda}_{1}^{2} \tilde{\lambda}_{2}^{2}=\lambda_{1}^{2} \lambda_{2}^{2}$. Then $\tilde{\lambda}_{2} \leq \lambda_{2}$.

## §4. Curves in a Riemannian manifold of constant curvature

Let $M$ be an $n$-dimensional connected Riemannian submanifold in an $m$-dimensional Riemannian manifold $\tilde{M}$ of constant curvature $c$ isometrically immersed by $f$. From the Codazzi equation, it is known that

$$
\begin{align*}
& R(x, y) z=c\{\langle y, z\rangle x-\langle x, z\rangle y\}+A_{h(y, z)} x-A_{h(x, z)} y  \tag{4.1}\\
& (D h)(x, y, z)=(D h)(y, x, z)  \tag{4.2}\\
& R^{\perp}(x, y) \xi=h\left(x, A_{\xi} y\right)-h\left(A_{\xi} x, y\right) \tag{4.3}
\end{align*}
$$

for $x, y, z \in T M$ and $\xi \in T^{\perp} M$ where $R$ and $R^{\perp}$ are the curvature tensor of $\nabla$ and $\nabla^{\perp}$. From (4.2) and Lemma 2.2, we get

Lemma 4.1. Let $p$ be a point of $M, d=2$ and $\lambda_{1}$ a positive constant. If $\left(\mathrm{C}_{1}\right)$ holds at $p$, then we obtain (3.6) for every $x, y \in T_{p} M$.

From Lemma 3.2, Lemma 3.3 and Lemma 4.1, we get the following theorem.
Theorem 4.2. Let $M$ be an n-dimensional connected Riemannian submanifold in an m-dimensional Riemannian manifold $\tilde{M}$ of constant curvature c isometrically
immersed by $f$ and $n \geq 2$. Let $d=2$ and $\lambda_{1}$ be a positive constant. Suppose that the condition $\left(\mathrm{C}_{1}\right)$ holds at every point of $M$. Let $p$ a point of $M$. If the condition $\left(\mathrm{C}_{2}\right)$ holds at $p$, then $v$ is constant on $U_{p} M$ and the condition $\left(\mathrm{C}_{3}\right)$ holds at $p$.

Let $p$ be a point of $M$ and $\alpha$ a constant. We define a $(0,6)$-tensor $F$ by

$$
\begin{aligned}
F(x, y, z, u, v, w):= & \langle(D h)(x, y, z),(D h)(u, v, w)\rangle \\
& -\alpha \frac{1}{9}\{\langle y, z\rangle\langle x, u\rangle\langle v, w\rangle+\langle y, z\rangle\langle x, v\rangle\langle u, w\rangle \\
& +\langle y, z\rangle\langle x, w\rangle\langle u, v\rangle+\langle x, z\rangle\langle y, u\rangle\langle v, w\rangle \\
& +\langle x, z\rangle\langle y, v\rangle\langle u, w\rangle+\langle x, z\rangle\langle y, w\rangle\langle u, v\rangle+\langle x, y\rangle\langle z, u\rangle\langle v, w\rangle \\
& +\langle x, y\rangle\langle z, v\rangle\langle u, w\rangle+\langle x, y\rangle\langle z, w\rangle\langle u, v\rangle\}
\end{aligned}
$$

for $x, y, z, u, v, w \in T_{p} M$. We have the following Lemma 4.3. The proof of Lemma 4.3 is analogous to that of Lemma 2 in [5].

Lemma 4.3. Let $\tilde{M}$ be of constant curvature, $p$ a point of $M$ and $\alpha$ a constant. Then the following conditions are equivalent:
(a) $\langle(D h)(x, x, x),(D h)(x, x, x)\rangle=\alpha\langle x, x\rangle^{3} \quad$ for every $x \in T_{p} M$,
(b) $F(x, y, z, u, v, w)+F(x, y, u, v, w, z)+F(x, y, v, w, z, u)+F(x, y, w, z, u, v)$

$$
\begin{aligned}
& +F(x, u, w, y, z, v)+F(x, z, v, y, u, w)+F(x, z, u, y, v, w) \\
& +F(x, v, w, y, z, u)+F(x, z, w, y, v, u)+F(x, v, u, y, z, w)=0 \\
& \text { for } x, y, z, u, v, w \in T_{p} M
\end{aligned}
$$

Let $n=2$. We assume that $p \in M$ is a point satisfying all conditions of Theorem 4.2. Let $N_{1}(p)$ be the first normal space at $p$ given by $\operatorname{Span}\{h(x, y) \mid x$, $\left.y \in T_{p} M\right\}$. Let $e_{1}, e_{2}$ be an orthonormal base of $T_{p} M$. Put

$$
\begin{aligned}
& h_{i j}:=h\left(e_{i}, e_{j}\right) \text { for } 1 \leq i, j \leq 2, \\
& D h_{i j k}:=(D h)\left(e_{i}, e_{j}, e_{k}\right) \text { for } 1 \leq i, j, k \leq 2
\end{aligned}
$$

Since $v$ is constant on $U_{q} M$ for every point $q \in M$, we see that $v$ is a function defined on $M$. We put

$$
v(p)=\left\langle D h_{111}, D h_{111}\right\rangle .
$$

From Lemma 4.3 and (3.6), we get

$$
\begin{gather*}
\left\{\begin{array}{l}
\left\langle D h_{111}, D h_{111}\right\rangle=\left\langle D h_{222}, D h_{222}\right\rangle=v(p), \\
\left\langle D h_{111}, D h_{112}\right\rangle=0, \\
\left\langle D h_{111}, D h_{222}\right\rangle+9\left\langle D h_{112}, D h_{122}\right\rangle=0,
\end{array}\right.  \tag{4.4}\\
\left\{\begin{array}{l}
\left\langle D h_{111}, h_{11}\right\rangle=\left\langle D h_{222}, h_{22}\right\rangle=0, \\
\left\langle D h_{111}, h_{12}\right\rangle=\left\langle D h_{112}, h_{11}\right\rangle=\left\langle D h_{222}, h_{12}\right\rangle=\left\langle D h_{122}, h_{22}\right\rangle=0, \\
\left\langle D h_{111}, h_{22}\right\rangle+3\left\langle D h_{112}, h_{12}\right\rangle=0, \\
\left\langle D h_{122}, h_{11}\right\rangle+\left\langle D h_{112}, h_{12}\right\rangle=\left\langle D h_{112}, h_{22}\right\rangle+\left\langle D h_{122}, h_{12}\right\rangle=0
\end{array}\right. \tag{4.5}
\end{gather*}
$$

Let $K$ be the Gauss curvature of $M$. Then $K=c+\Delta$. From Lemma 2.2 and Theorem 1 in [5], we get

$$
-2\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right) \leq \Delta(p) \leq \tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}
$$

$$
\operatorname{dim} N_{1}(p)=0 \Leftrightarrow \Delta(p)=\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}=0\left(\text { i.e., } \tilde{\lambda}_{1}=\lambda_{1}\right) \Leftrightarrow p \text { is a geodesic point, }
$$

$$
\operatorname{dim} N_{1}(p)=1 \Leftrightarrow \Delta(p)=\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}>0 \Leftrightarrow p \text { is a non-geodesic umbilic point }
$$

$$
\operatorname{dim} N_{1}(p)=2 \Leftrightarrow \Delta(p)=-2\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right)<0 \Leftrightarrow p \text { is a non-geodesic minimal point }
$$

$$
\operatorname{dim} N_{1}(p)=3 \Leftrightarrow-2\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right)<\Delta(p)<\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2} .
$$

We shall prove the following Lemma.

Lemma 4.4. Let $n=2$ and $m \leq 5$. Let $d=2$ and $\lambda_{1}$ be a positive constant. We assume that $\left(\mathrm{C}_{1}\right)$ holds at every point of $M$. Let $p$ be a point of $M$. If $\left(\mathrm{C}_{2}\right)$ holds at $p$ and $2 \leq \operatorname{dim} N_{1}(p) \leq 3$, then $v(p)=0$ (i.e., the second fundamental form $h$ is parallel at $p$ ).

Proof. We assume that $\operatorname{dim} N_{1}(p)=2$. we obtain $N_{1}(p)=\operatorname{Span}\left\{h_{11}, h_{12}\right\}$. Moreover $p$ is a minimal point of $M$ i.e.,

$$
\begin{equation*}
h_{11}=-h_{22} . \tag{4.6}
\end{equation*}
$$

From (4.5) and (4.6), we have

$$
\begin{aligned}
& \left\langle D h_{111}, h_{11}\right\rangle=\left\langle D h_{111}, h_{12}\right\rangle=0, \\
& \left\langle D h_{222}, h_{12}\right\rangle=0,
\end{aligned}
$$

$$
\begin{aligned}
& \left\langle D h_{222}, h_{11}\right\rangle=-\left\langle D h_{222}, h_{22}\right\rangle=0, \\
& \left\langle D h_{112}, h_{11}\right\rangle=0, \\
& \left\langle D h_{112}, h_{12}\right\rangle=-\left\langle D h_{122}, h_{11}\right\rangle=\left\langle D h_{122}, h_{22}\right\rangle=0 .
\end{aligned}
$$

Hence we have $D h_{111}, D h_{222}, D h_{112} \perp N_{1}(p)$. Since $\operatorname{dim} T_{p}^{\perp} M \leq 3$ and $\left\langle D h_{111}, D h_{111}\right\rangle=\left\langle D h_{222}, D h_{222}\right\rangle$ in (4.4), we have

$$
D h_{111}= \pm D h_{222}
$$

Moreover, from (4.4), we get

$$
\left\{\begin{array}{l}
\left\langle D h_{111}, D h_{112}\right\rangle=0 \\
\pm\left\langle D h_{111}, D h_{111}\right\rangle+9\left\langle D h_{112}, D h_{122}\right\rangle=0 .
\end{array}\right.
$$

Hence we obtain $D h_{111}=0$.
We assume that $\operatorname{dim} N_{1}(p)=3$. We obtain $T_{p}^{\perp} M=N_{1}(p)=\operatorname{Span}\left\{h_{11}, h_{12}, \xi\right\}$ such that $\langle\xi, \xi\rangle=1$ and $h_{11}, h_{12}$ and $\xi$ are mutually orthogonal. Since $\left\langle D h_{111}, h_{11}\right\rangle=\left\langle D h_{111}, h_{12}\right\rangle=0$ in (4.4), we have

$$
D h_{111}= \pm\left\|D h_{111}\right\| \xi
$$

Suppose that $\left\|D h_{111}\right\| \neq 0$. Since $\left\langle D h_{111}, D h_{112}\right\rangle=\left\langle D h_{112}, h_{11}\right\rangle=0$ in (4.4) and (4.5), we have $D h_{112}=a h_{12}(a \in \mathbb{R})$. Since $\left\langle D h_{112}, h_{22}\right\rangle+\left\langle D h_{122}, h_{12}\right\rangle=$ $\left\langle D h_{222}, h_{11}\right\rangle+3\left\langle D h_{122}, h_{12}\right\rangle=0$ in (4.5) and $\left\langle h_{22}, h_{12}\right\rangle=0$, we get

$$
\begin{equation*}
\left\langle D h_{222}, h_{11}\right\rangle=\left\langle D h_{122}, h_{12}\right\rangle=\left\langle D h_{112}, D h_{122}\right\rangle=0 . \tag{4.7}
\end{equation*}
$$

Since $\left\langle D h_{111}, D h_{222}\right\rangle+9\left\langle D h_{112}, D h_{122}\right\rangle=0$ in (4.5), we have

$$
\begin{equation*}
\left\langle D h_{222}, D h_{111}\right\rangle=\left\langle D h_{222}, \xi\right\rangle=0 . \tag{4.8}
\end{equation*}
$$

From (4.7), (4.8) and $\left\langle D h_{222}, h_{12}\right\rangle=0$ in (4.5), we have $D h_{222}=0$. This contradicts the assertion $\left\|D h_{111}\right\| \neq 0$. Hence we have $D h_{111}=0$.

From Proposition 2.3 and Lemma 4.4, we get the following lemma.
Lemma 4.5. Let $n, m d$ and $\lambda_{1}$ be as in Lemma 4.4. If $\left(\mathrm{C}_{2}\right)$ holds at every point of $M$, then $v \equiv 0$ on $M$ (i.e., the second fundamental from $h$ is parallel). Moreover $\|H\|$ is constant on $M$ where $H$ is the mean curvature vector field and

$$
\|H\|^{2}=\frac{1}{3}\left(\Delta+2\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right)\right)
$$

Thus the discriminant $\Delta$ is constant on $M$ and the dimension of the first normal space is constant on M. Moreover, if the dimension of the first normal space is greater that two, we get

$$
\begin{equation*}
\Delta=\frac{1}{4}\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}-3 c\right) . \tag{4.9}
\end{equation*}
$$

Proof. Let $U:=\{p \in M \mid v(p)>0\}$. We shall prove that $U=\emptyset$ ( $\emptyset$ is the empty set). Assume that the assertion is false. From Lemma 4.4, we see that $\operatorname{dim} N_{1}(p) \leq 1$ for every point $p$ of $U$. Hence $U$ is totally umbilic. Then we obtain that the second fundamental form is parallel because of the assumption that $\tilde{M}$ is of constant curvature and $\operatorname{dim} U=2$. Hence we obtain $v(p)=0$ for every point $p \in U$. This contradicts the assertion that $v(p)>0$ for every point $p \in U$. Hence we have $\nu \equiv 0$ on $M$. Since $M$ is constant isotropic and the second fundamental form is parallel, we obtain that $\|H\|$ is constant on $M$ and the discriminant $\Delta$ is constant on $M$. From Ricci identity, (4.1), (4.2), (4.3) and the fact that $M$ is constant isotropic, we get

$$
\begin{aligned}
& \left(D^{2} h\right)\left(x, y, x^{2}\right)-\left(D^{2} h\right)\left(y, x^{3}\right)=R^{\perp}(x, y) h\left(x^{2}\right)-2 h(R(x, y) x, x) \\
& \quad=\left\{2\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}+c\right)-8\|h(x, y)\|^{2}\right\} h(x, y)
\end{aligned}
$$

for every $x, y \in U M$ such that $\langle x, y\rangle=0$. Since $v \equiv 0$ on $M$ and (3.13), we have (4.9).

From Lemma 4.5, we the following theorem.

Theorem 4.6. Let $M$ be a two-dimensional connected Riemannian submanifold in an m-dimensional Riemannian manifold $\tilde{M}$ of constant curvature $c$ isometrically immersed by $f$ and $m \leq 5$. Let $d=2$ and $\lambda_{1}$ be a positive constant. If the condition $\left(\mathrm{C}_{2}\right)$ holds for every point of $M$, then the second fundamental form $h$ is parallel on $M$ and $M$ is one of the following:
(a) an extrinsic sphere of constant curvature $c+\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}$,
(b) a non-geodesic minimal submanifold of constant curvature $c / 3$ $\left(>0, c=3\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right)\right)$,
(c) a non-minimal submanifold of constant curvature $\left(c+\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right) / 4$ $\left(>0, c \neq 3\left(\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}\right), \tilde{\lambda}_{1}>\lambda_{1}\right)$.

If, for every geodesic $\gamma$ in $M, f \circ \gamma$ is a helix of order $\tilde{d}$ with curvatures $\tilde{\lambda}_{1}, \ldots, \tilde{\lambda}_{\tilde{d}-1}$ which do not depend on $\gamma$, then $f$ is said to be a helical immersion of
order $\tilde{d}$. Let $\gamma$ be a geodesic in $M$ and $v_{1}$ the tangent vector field of $\gamma$. From (2.1), we have

$$
\left\{\begin{array}{l}
\tilde{\nabla}_{v_{1}} v_{1}=h\left(v_{1}^{2}\right),  \tag{4.10}\\
\tilde{\nabla}_{v_{1}} h\left(v_{1}^{2}\right)=-A_{h\left(v_{1}^{2}\right)} v_{1}+(D h)\left(v_{1}^{3}\right)
\end{array}\right.
$$

From (4.10), Proposition 2.3 and Theorem 4.6, we obtain the following fact.

Corollary 4.7. Let $f, M, \tilde{M}, n, m d$ and $\lambda_{1}$ be as in Theorem 4.6. Suppose that $\left(\mathrm{C}_{2}\right)$ holds at every point of $M$. Then $f$ is a helical immersion of order at most two.

We assume that all conditions of Theorem 4.6 hold. Let $p$ be a point of $M$ and $\sigma$ a circle through $p$ in $M$ with the first curvature $\lambda_{1}$ and $v_{1}, v_{2}$ the Frenet frame fields of $\sigma$. Since $D h=0, M$ is constant isotropic, $\tilde{\sigma}$ is a 2 -regular curve and $\left(\mathrm{C}_{2}\right)$ holds, we see that

$$
\begin{gather*}
\tilde{\lambda}_{1} \tilde{w}_{2}=3 \lambda_{1} h\left(v_{1}, v_{2}\right)  \tag{4.11}\\
\tilde{\lambda}_{1} \tilde{\lambda}_{2} \tilde{w}_{3}=-\frac{\tilde{\lambda}_{2}^{2}}{3 \lambda_{1}}\left(\tilde{\lambda}_{1}^{2}-3 \lambda_{1}^{2}\right) v_{2}+\left(\tilde{\lambda}_{2}^{2}-3 \lambda_{1}^{2}\right) h\left(v_{1}^{2}\right)+3 \lambda_{1}^{2} h\left(v_{2}^{2}\right) \tag{4.12}
\end{gather*}
$$

by Lemma 3.1. Let $I_{\sigma}=\left\{s \in I \mid \tilde{w}_{3}(s)=0\right\}$ where $I$ is the domain of $\sigma$.
If $I_{\sigma} \neq \emptyset$, then we have $\tilde{\lambda}_{2}=0$ or $\tilde{\lambda}_{2}=\sqrt{2} \tilde{\lambda}_{1}=\sqrt{6} \lambda_{1}$.
In the case where $\tilde{\lambda}_{2}=0$, we obtain that $\tilde{\sigma}$ is a circle. Since $h\left(v_{1}(0), v_{2}(0)\right)=0$ and $n=2$, we have $h(x, y)=0$ and $h\left(x^{2}\right)=h\left(y^{2}\right)$ for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Hence we see that $\tilde{\sigma}$ is a circle for every circle $\sigma$ through $p$ with the first curvature $\lambda_{1}$. Then it is clear that the case (a) of Theorem 4.6 holds.

In the case where $\tilde{\lambda}_{2}=\sqrt{2} \tilde{\lambda}_{1}=\sqrt{6} \lambda_{1}$, from (4.12), we obtain that $\tilde{w}_{3}=\sqrt{2} H_{\sigma}$ where $H_{\sigma}=\left(h\left(v_{1}^{2}\right)+h\left(v_{2}^{2}\right)\right) / 2$. Since $D h=0$ and $M$ is constant isotropic, we have $\tilde{\lambda}_{3}=\left\|\tilde{w}_{3}\right\|$ is constant on I. Hence we have $\tilde{\lambda}_{3}=0$, i.e., $\tilde{\sigma}$ is a helix of order three satisfying that $\tilde{\lambda}_{2}=\sqrt{2} \tilde{\lambda}_{1}=\sqrt{6} \lambda_{1}$. Since $h\left(v_{1}^{2}(0)\right)+h\left(v_{2}(0)^{2}\right)=0,\left\|h\left(v_{1}(0), v_{2}(0)\right)\right\|$ $=\left\|h\left(v_{1}^{2}(0)\right)\right\|$ and $n=2$, we have $\|h(x, y)\|=\left\|h\left(x^{2}\right)\right\|=\left\|h\left(y^{2}\right)\right\|$ for every $x, y \in U_{p} M$ such that $\langle x, y\rangle=0$. Hence we see that $\tilde{\sigma}$ is a helix of order three satisfying that $\tilde{\lambda}_{2}=\sqrt{2} \tilde{\lambda}_{1}=\sqrt{6} \lambda_{1}$ for every circle $\sigma$ through $p$ with the first curvature $\lambda_{1}$. It is clear that the case (b) of Theorem 4.6 holds.

If $I_{\sigma}=\emptyset$, then $\tilde{\sigma}$ is a 4-regular curve. From (4.11), (4.12) and the fact that $M$ is constant isotropic, we have

$$
\begin{equation*}
\tilde{\lambda}_{3}^{2}=\frac{\tilde{\lambda}_{1}^{2} \tilde{\lambda}_{2}^{2}}{9 \lambda_{1}^{2}}-\tilde{\lambda}_{2}^{2}+4 \lambda_{1}^{2} . \tag{4.13}
\end{equation*}
$$

From (4.13), we have $\tilde{\lambda}_{3}$ is constant along $\tilde{\sigma}$. Moreover, from (4.11), (4.12) and (4.13), we get

$$
\begin{equation*}
\tilde{\lambda}_{1} \tilde{\lambda}_{2} \tilde{\lambda}_{3} \tilde{v}_{v_{1}} \tilde{v}_{4}=-\tilde{\lambda}_{2} \tilde{\lambda}_{3}^{2} \tilde{w}_{2}=\tilde{\lambda}_{1} \tilde{\lambda}_{2} \tilde{\lambda}_{3}\left(-\tilde{\lambda}_{3} \tilde{v}_{3}\right) . \tag{4.14}
\end{equation*}
$$

From (4.14), we obtain that $\tilde{\sigma}$ is a helix of order four. Then it is clear that the case (c) of Theorem 4.6 holds. Therefore, from Theorem 4.6, we have the following corollary.

Corollary 4.8. Let $f, M, \tilde{M}, n, m d$ and $\lambda_{1}$ be as in Theorem 4.6. Suppose that $\left(\mathrm{C}_{2}\right)$ holds at every point of $M$. Then $\tilde{\sigma}$ is one of the following:
(a) a circle with the first curvature $\tilde{\lambda}_{1}$ satisfying $\tilde{\lambda}_{1} \geq \lambda_{1}$ for every circle $\sigma$ with the first curvature $\lambda_{1}$,
(b) a helix of order three with the first curvature $\tilde{\lambda}_{1}$ and the second curvature $\tilde{\lambda}_{2}$ satisfying $\tilde{\lambda}_{2}=\sqrt{2} \tilde{\lambda}_{1}=\sqrt{6} \lambda_{1}=\sqrt{c}(c>0)$ for every circle $\sigma$ with the first curvature $\lambda_{1}$,
(c) a helix of order four with the first curvature $\tilde{\lambda}_{1}$, the second curvature $\tilde{\lambda}_{2}$ and the third curvature $\tilde{\lambda}_{3}$ satisfying

$$
\tilde{\lambda}_{1}>\lambda_{1}, \quad \tilde{\lambda}_{2}=\frac{3 \lambda_{1} \sqrt{c+\tilde{\lambda}_{1}^{2}-\lambda_{1}^{2}}}{2 \tilde{\lambda}_{1}^{2}}, \quad \tilde{\lambda}_{3}=\frac{\sqrt{c+\tilde{\lambda}_{1}^{2}-4 \tilde{\lambda}_{2}^{2}+15 \lambda_{1}^{2}}}{2}
$$

for every circle $\sigma$ with the first curvature $\lambda_{1}$.

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