

3-DIMENSIONAL SUBMANIFOLDS OF SPHERES WITH PARALLEL MEAN CURVATURE VECTOR*

By

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Abstract. In this paper, for a 3-dimensional complete submanifold M with parallel mean curvature vector in $S^{3+p}(c)$, we give a pinching condition of the Ricci curvature under which M is a 3-dimensional small sphere.

1. Introduction

Let M be an n -dimensional complete submanifold immersed in a sphere $S^{n+p}(c)$. It is well-known that properties of M can be described by a pinching condition of some curvatures. When M is a minimal submanifold or a submanifold with parallel mean curvature vector, many authors studied the pinching problem with respect to the sectional curvature or the scalar curvature of M and a lot of beautiful results were obtained. It is natural to consider whether we can describe the properties of M by a pinching condition of the Ricci curvature. When M is minimal, Ejiri [2] and Shen [5] studied the pinching problem. Shun [6] researched compact submanifolds of a sphere with parallel mean curvature vector for $n > 3$. He gave a pinching condition of the Ricci curvature under which M is totally umbilic.

In this paper, for $n=3$, we consider same problem. That is, we prove the following:

THEOREM 1. *Let M be a 3-dimensional complete submanifold of $S^{3+p}(c)$ ($p \leq 2$) with parallel mean curvature vector \mathbf{h} . If*

$$\text{Ric}(M) \geq \frac{3}{4}c + \frac{39}{64}H^2 + \frac{1}{8}\sqrt{\frac{1521}{64}H^4 + \frac{45}{2}H^2c},$$

then M is totally umbilic. Hence M is a 3-dimensional small sphere, where $\text{Ric}(M)$ and $H=|\mathbf{h}|$ denote the Ricci curvature and the norm of the mean cur-

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vature vector h respectively.

THEOREM 2. *Let M be a 3-dimensional complete submanifold with parallel mean curvature vector of $S^{3+p}(c)$ ($p > 2$). If*

$$Ric(M) \geq \delta,$$

then M is totally umbilic. Hence M is a 3-dimensional small sphere, where

$$\delta = \text{Max} \left\{ \frac{3}{4}c + \frac{39}{64}H^2 + \frac{1}{8} \sqrt{\frac{1521}{64}H^4 + \frac{45}{2}H^2c}, \frac{5p-p}{2(2p-3)}(c+H^2) \right\}.$$

2. Preliminaries.

Throughout this paper all manifolds are assumed to be smooth, connected without boundary. We discuss in smooth category.

Let M be a 3-dimensional submanifold of a $(3+p)$ -dimensional sphere $S^{3+p}(c)$. We choose a local field of orthonormal frame e_1, \dots, e_{3+p} in $S^{3+p}(c)$ and the dual coframe $\omega_1, \dots, \omega_{3+p}$ in such a way that e_1, e_2 and e_3 are tangent to M . In the sequel, the following convention on the range of indices is used, unless otherwise stated:

$$1 \leq A, B, \dots \leq 3+p; \quad 1 \leq i, j, \dots \leq 3; \\ 4 \leq \alpha, \beta, \dots \leq 3+p.$$

And we agree that the repeated indices under a summation sign without indication are summed over the respective range. The connection forms $\{\omega_{AB}\}$ of $S^{3+p}(c)$ are characterized by the structure equations

$$(2.1) \quad \begin{cases} d\omega_A - \sum \omega_{AB} \wedge \omega_B = 0, & \omega_{AB} + \omega_{BA} = 0, \\ d\omega_{AB} - \sum \omega_{AC} \wedge \omega_{CB} = \Omega_{AB}, \\ \Omega_{AB} = -\frac{1}{2} \sum R'_{ABCD} \omega_C \wedge \omega_D, \end{cases}$$

$$(2.2) \quad R'_{BBDD} = c(\delta_{AC}\delta_{BD} - \delta_{AD}\delta_{BC}),$$

where Ω_{AB} (resp. R'_{ABCD}) denotes the Riemannian curvature form (resp. the components of the Riemannian curvature tensor) of $S^{3+p}(c)$. Therefore the components of Ricci curvature tensor Ric' and the scalar curvature r' are given as

$$R'_{AB} = c(n+p-1)\delta_{AB}, \quad r' = (n+p)(n+p-1)c.$$

Restricting these forms to M , we have

$$(2.3) \quad \omega_\alpha = 0 \quad \text{for } \alpha = 4, \dots, 3+p.$$

We see that e_1, e_2 and e_3 is a local field of orthonormal frames on M and ω_1, ω_2 and ω_3 is a local field of its dual coframes on M . It follows from (2.1), (2.3) and Cartan's Lemma that

$$(2.4) \quad \omega_{\alpha i} = \sum h_{ij}^{\alpha} \omega_j, \quad h_{ij}^{\alpha} = h_{ji}^{\alpha}.$$

The second fundamental form α and the mean curvature vector \mathbf{h} of M are defined by

$$(2.5) \quad \alpha = \sum h_{ij}^{\alpha} \omega_i \omega_j e_{\alpha}, \quad \mathbf{h} = \frac{1}{3} \sum (\sum_i h_{ii}^{\alpha}) e_{\alpha}.$$

The mean curvature H is given by

$$(2.6) \quad H = |\mathbf{h}| = \frac{1}{3} \sqrt{\sum (\sum_i h_{ii}^{\alpha})^2}.$$

Let $S = \sum (h_{ij}^{\alpha})^2$ denote the squared norm of the second fundamental form of M . The connection forms $\{\omega_{ij}\}$ of M are characterized by the structure equations

$$(2.7) \quad \begin{cases} d\omega_i - \sum \omega_{ij} \wedge \omega_j = 0, & \omega_{ij} + \omega_{ji} = 0, \\ d\omega_{ij} - \sum \omega_{ik} \wedge \omega_{kj} = \Omega_{ij}, \\ \Omega_{ij} = -\frac{1}{2} \sum R_{ijkl} \omega_k \wedge \omega_l, \end{cases}$$

where Ω_{ij} (resp. R_{ijkl}) denotes the Riemannian curvature form (resp. the components of the Riemannian curvature tensor) of M . Therefore the Gauss equation is given by, from (2.1) and (2.7),

$$(2.8) \quad R_{ijkl} = c(\delta_{ik}\delta_{jl} - \delta_{il}\delta_{jk}) + \sum (h_{ik}^{\alpha} h_{jl}^{\alpha} - h_{il}^{\alpha} h_{jk}^{\alpha}).$$

The components of the Ricci curvature Ric and the scalar curvature r are given by

$$(2.9) \quad R_{jk} = 2c\delta_{jk} + \sum h_{ii}^{\alpha} h_{jk}^{\alpha} - \sum h_{ik}^{\alpha} h_{ij}^{\alpha},$$

$$(2.10) \quad r = 6c + 9H^2 - \sum (h_{ij}^{\alpha})^2.$$

We also have

$$d\omega_{\alpha\beta} - \sum \omega_{\alpha\gamma} \wedge \omega_{\gamma\beta} = -\frac{1}{2} \sum R_{\alpha\beta ij} \omega_i \wedge \omega_j,$$

where

$$(2.11) \quad R_{\alpha\beta ij} = \sum (h_{il}^{\alpha} h_{ij}^{\beta} - h_{ji}^{\alpha} h_{il}^{\beta}).$$

Define h_{ij}^{α} and h_{ijk}^{α} by

$$(2.12) \quad \sum h_{ijk}^{\alpha} \omega_k = dh_{ij}^{\alpha} + \sum h_{ik}^{\alpha} \omega_{kj} + \sum h_{jk}^{\alpha} \omega_{ki} - \sum h_{ij}^{\beta} \omega_{\alpha\beta},$$

$$\sum h_{ijkl}^\alpha \omega_l = dh_{ijk}^\alpha + \sum h_{ilk}^\alpha \omega_l + \sum h_{ijl}^\alpha \omega_l + \sum h_{ljk}^\alpha \omega_l - \sum h_{ijk}^\beta \omega_{\alpha\beta}.$$

The Codazzi equation and the Ricci formula for the second fundamental form are given by

$$(2.13) \quad \begin{aligned} h_{ijk}^\alpha - h_{ikj}^\alpha &= 0, \\ h_{ijk}^\alpha - h_{jlk}^\alpha &= \sum h_{im}^\alpha R_{mjkl} + \sum h_{mj}^\alpha R_{mikl} + \sum h_{ij}^\beta R_{\beta\alpha kl}, \end{aligned}$$

The Laplacian Δh_{ij}^α of the components h_{ij}^α of the second fundamental form α is given by

$$\Delta h_{ij}^\alpha = \sum_k h_{ijk}^\alpha.$$

From (2.13) we get

$$(2.14) \quad \Delta h_{ij}^\alpha = \sum_k h_{kij}^\alpha + \sum h_{km}^\alpha R_{mijk} + \sum h_{mi}^\alpha R_{mkjk} + \sum h_{ki}^\beta R_{\beta\alpha jk}.$$

In this paper, we assume that the mean curvature vector \mathbf{h} of M is parallel. Hence the mean curvature H is constant. We choose e_4 such that $\mathbf{h} = He_4$, then

$$(2.15) \quad \sum_i h_{ii}^4 = 3H, \quad \sum_i h_{ii}^\alpha = 0 \quad \text{for any } \alpha \neq 4,$$

$$(2.16) \quad H_\alpha H_4 = H_4 H_\alpha \quad \text{for any } \alpha,$$

where H_α denotes 3×3 -matrix (h_{ij}^α) . From (2.14), we have

$$(2.17) \quad \begin{aligned} \sum_{\alpha \neq 4} h_{ij}^\alpha \Delta h_{ij}^\alpha &= \sum_{\alpha \neq 4} h_{ij}^\alpha h_{km}^\alpha R_{mijk} \\ &+ \sum_{\alpha \neq 4} h_{ij}^\alpha h_{mi}^\alpha R_{mkjk} + \sum_{\alpha \neq 4} h_{ij}^\alpha h_{ki}^\beta R_{\beta\alpha jk}, \end{aligned}$$

$$(2.18) \quad \sum h_{ij}^4 \Delta h_{ij}^4 = \sum h_{ij}^4 h_{km}^4 R_{mijk} + \sum h_{ij}^4 h_{mi}^4 R_{mkjk}.$$

Define $|\tau|^2 = \sum_{\alpha \neq 4} \text{tr}(H_\alpha^2)$ and $|\sigma|^2 = \text{tr}(H_4^2)$. Then $S = |\tau|^2 + |\sigma|^2$. A submanifold M is said to be *pseudo-umbilic* if it is umbilic with respect to the direction of the mean curvature vector \mathbf{h} , that is

$$h_{ij}^4 = H \delta_{ij}.$$

3. Proofs of Theorems

In this section, we will give the proofs of Theorem 1 and Theorem 2. In order to prove Theorems, at first we give the following Propositions 1 and 2.

PROPOSITION 1. *Let M be a 3-dimensional complete pseudo-umbilical submanifold in $S^{3+p}(c)$ ($p > 1$) with parallel mean curvature vector. If*

$$\text{Ric}(M) \geq \frac{5p-9}{2(2p-3)}(c+H^2),$$

then M is a totally umbilical submanifold.

PROOF. Because of $\text{Ric}(M) \geq [(5p-9)/2(2p-3)](c+H^2) > 0$, we know that M is a compact submanifold from Myers' theorem (2.17) implies

$$\begin{aligned} (3.1) \quad & \frac{1}{2} \Delta |\tau|^2 = \sum_{\alpha \neq 4} (h_{ij}^\alpha)^2 + \sum_{\alpha \neq 4} h_{ij}^\alpha \Delta h_{ij}^\alpha \\ & = \sum_{\alpha \neq 4} (h_{ij}^\alpha)^2 + \sum_{\alpha \neq 4} (h_{km}^\alpha R_{mijk} + h_{mi}^\alpha R_{mkjk}) h_{ij}^\alpha + \sum_{\alpha, \beta \neq 4} h_{ij}^\alpha h_{ki}^\beta R_{\beta\alpha jk}, \\ & \quad \sum_{\alpha \neq 4} (h_{km}^\alpha R_{mijk} + h_{mi}^\alpha R_{mkjk}) h_{ij}^\alpha \\ & = \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha H_\beta)^2 - \text{tr}(H_\beta^2 H_\alpha^2) \} - \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha H_\beta) \}^2 \\ & \quad + 3c |\tau|^2 + 3H \sum_{\alpha \neq 4} \text{tr}(H_\alpha H_4 H_\alpha) - \sum_{\alpha \neq 4} \{ \text{tr}(H_\alpha H_4) \}^2 \\ & \quad + \sum_{\alpha \neq 4} \text{tr}(H_\alpha H_4)^2 - \sum_{\alpha \neq 4} \text{tr}(H_\alpha^2 H_4^2). \end{aligned}$$

Since M is a pseudo-umbilical submanifold, we have $H_4 = HI$, where I is the identity matrix. Hence

$$\begin{aligned} & \sum_{\alpha \neq 4} \text{tr}(H_\alpha H_4)^2 - \sum_{\alpha \neq 4} \text{tr}(H_\alpha^2 H_4^2) = 0, \\ & \quad \sum_{\alpha \neq 4} \text{tr}(H_\alpha H_4 H_\alpha) = H |\tau|, \\ & \quad \sum_{\alpha \neq 4} \{ \text{tr}(H_\alpha H_4) \}^2 = 0 \quad (\text{by (2.15)}). \end{aligned}$$

Thus

$$\begin{aligned} (3.2) \quad & \sum_{\alpha \neq 4} (h_{km}^\alpha R_{mijk} + h_{mi}^\alpha R_{mkjk}) h_{ij}^\alpha \\ & = \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha H_\beta)^2 - \text{tr}(H_\beta^2 H_\alpha^2) \} - \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha H_\beta) \}^2 + 3(c+H^2) |\tau|^2. \\ (3.3) \quad & \sum_{\alpha, \beta \neq 4} h_{ij}^\alpha h_{ki}^\beta R_{\beta\alpha jk} = \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha H_\beta)^2 - \text{tr}(H_\beta^2 H_\alpha^2) \}. \end{aligned}$$

According to (3.1), (3.2) and (3.3), we get

$$\begin{aligned} (3.4) \quad & \frac{1}{2} \Delta |\tau|^2 = \sum_{\alpha \neq 4} (h_{ij}^\alpha)^2 - \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha H_\beta) \}^2 \\ & \quad + 3(c+H^2) |\tau|^2 + 2 \sum_{\alpha, \beta \neq 4} \{ \text{tr} \{ (H_\alpha H_\beta)^2 - \text{tr}(H_\beta^2 H_\alpha^2) \} \}. \end{aligned}$$

For a suitable choice of e_5, \dots, e_{3+p} , we can assume $(p-1) \times (p-1)$ matrix $(\text{tr}(H_\alpha H_\beta))$ is diagonal. Hence

$$(3.5) \quad \sum_{\alpha, \beta \neq 4} \{\text{tr}(H_\alpha H_\beta)\}^2 = \sum_{\alpha \neq 4} \{\text{tr}(H_\alpha^2)\}^2$$

From Lemma 1 in [1], we have

$$(3.6) \quad \begin{aligned} & 2\{\text{tr}(H_\alpha H_\beta)^2 - \text{tr}(H_\beta^2 H_\alpha^2)\} \\ &= -\text{tr}(H_\alpha H_\beta - H_\beta H_\alpha)^2 \geq -2\text{tr}(H_\alpha^2)\text{tr}(H_\beta^2), \end{aligned}$$

and equality holds for nonzero matrices H_α and H_β if and only if H_α and H_β can be transformed simultaneously by an orthogonal matrix into

$$H_\alpha^* = \lambda \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \quad \text{and} \quad H_\beta^* = \mu \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}.$$

Moreover if $H_{\alpha_1}, \dots, H_{\alpha_s}$ satisfy

$$\text{tr}(H_{\alpha_i} H_{\alpha_k} - H_{\alpha_k} H_{\alpha_i})^2 + 2 \text{tr}(H_{\alpha_i}^2)\text{tr}(H_{\alpha_k}^2) \quad \text{for } 1 \leq i, k \leq s,$$

then at most two of the matrices H_{α_i} are nonzero. Let

$$(3.7) \quad \begin{aligned} & (p-1)\sigma_1 = |\tau|^2, \\ & (p-1)(p-2)\sigma_2 = 2 \sum_{\alpha < \beta, \alpha, \beta \neq 4} \text{tr}(H_\alpha^2)\text{tr}(H_\beta^2). \end{aligned}$$

Then

$$(3.8) \quad (p-1)^2(p-2)(\sigma_1^2 - \sigma_2) = \sum_{\alpha < \beta, \alpha, \beta \neq 4} \{\text{tr}(H_\alpha^2) - \text{tr}(H_\beta^2)\}^2.$$

Hence we obtain

$$(3.9) \quad \begin{aligned} & \frac{1}{2} \Delta |\tau|^2 \geq \sum_{\alpha \neq 4} (h_{ij}^\alpha)^2 + 3(c + H^2) |\tau|^2 \\ & \quad - 2 \left\{ \sum_{\alpha \neq 4} \text{tr}(H_\alpha^2) \right\}^2 + \sum_{\alpha \neq 4} \{\text{tr}(H_\alpha^2)\}^2 \\ & \geq -\{2(p-1)-1\}(p-1)\sigma_1^2 + (p-1)(p-2)(\sigma_1^2 - \sigma_2) + 3(c + H^2) |\tau|^2 \\ & \geq -(p-1)(2p-3)\sigma_1^2 + 3(c + H^2) |\tau|^2 \\ & = -\left(2 - \frac{1}{p-1}\right) |\tau|^4 + 3(c + H^2) |\tau|^2. \end{aligned}$$

On the other hand, for each fixed $\alpha \neq 4$, we can choose a local field of orthonormal frames e_1, e_2 and e_3 such that, from (2.16),

$$h_{ij}^4 = H\delta_{ij} \quad \text{and} \quad h_{ij}^\alpha = \lambda_i^\alpha \delta_{ij}.$$

Since $\text{tr } H_\alpha = \sum \lambda_i^\alpha = 0$, we have

$$\sum_i (\lambda_i^\alpha)^4 = \frac{1}{2} \{ \sum_i (\lambda_i^\alpha)^2 \}^2,$$

that is,

$$\text{tr } H_\alpha^4 = \frac{1}{2} \{ \text{tr } H_\alpha^2 \}^2.$$

Hence

$$(3.10) \quad \sum_{\alpha \neq 4} \text{tr } H_\alpha^4 = \frac{1}{2} \sum_{\alpha \neq 4} \{ \text{tr } H_\alpha^2 \}^2.$$

For any $\alpha \neq 4$,

$$(3.11) \quad \begin{aligned} & 2 \sum_{\beta=5}^{3+p} \{ \text{tr}(H_\alpha^2 H_\beta^2) - \text{tr}(H_\alpha H_\beta)^2 \} \\ &= \{ \sum_{\beta=5}^{3+p} \sum_{ij} (h_{ij}^\beta)^2 (\lambda_i^\alpha - \lambda_j^\alpha)^2 \} \\ &\leq 4 \sum_{\beta \neq 4, \beta \neq \alpha} \sum_{ij} (h_{ij}^\beta)^2 (\lambda_i^\alpha)^2. \end{aligned}$$

According to (2.9), we get

$$(3.12) \quad R_{ij} = 2(c + H^2) - (\lambda_i^\alpha)^2 - \sum_{\beta \neq 4, \beta \neq \alpha} \sum_j (h_{ij}^\beta)^2,$$

$$(3.13) \quad \begin{aligned} & \sum_{\beta \neq 4, \beta \neq \alpha} \sum_{ij} (h_{ij}^\beta)^2 (\lambda_i^\alpha)^2 \\ &= 2(c + H^2) \sum_i (\lambda_i^\alpha)^2 - \sum_i (\lambda_i^\alpha)^4 - \sum_i R_{ii} (\lambda_i^\alpha)^2 \\ &\leq 2(c + H^2) \text{tr}(H_\alpha^2) - \frac{1}{2} \{ \text{tr}(H_\alpha^2) \}^2 - \delta_1 \text{tr}(H_\alpha^2), \end{aligned}$$

where δ_1 is the infimum of the Ricci curvature of M . Hence

$$(3.14) \quad \begin{aligned} & 2 \sum_{\beta=5}^{3+p} \{ \text{tr}(H_\alpha^2 H_\beta^2) - \text{tr}(H_\alpha H_\beta)^2 \} \\ &\leq \{ 8(c + H^2) - 4\delta_1 \} \text{tr}(H_\alpha^2) - 2 \{ \text{tr}(H_\alpha^2) \}^2. \end{aligned}$$

The terms at the both ends of the inequality above do not depend on the choice of the frame fields. Hence

$$(3.15) \quad \begin{aligned} & 2 \sum_{\alpha, \beta \neq 4} \{ \text{tr}(H_\alpha^2 H_\beta^2) - \text{tr}(H_\alpha H_\beta)^2 \} \\ &\leq \{ 8(c + H^2) - 4\delta_1 \} |\tau|^2 - 2 \sum_{\alpha \neq 4} \{ \text{tr}(H_\alpha^2) \}^2. \end{aligned}$$

(3.4), (3.5) and (3.15) yield

$$(3.16) \quad \frac{1}{2} \Delta |\tau|^2 \geq -\{8(c+H^2)-4\delta_1\} |\tau|^2 + \sum_{\alpha \neq 4} \{\text{tr}(H_\alpha^2)\}^2 + 3(c+H^2) |\tau|^2 \\ \geq \{-5(c+H^2)+4\delta_1\} |\tau|^2 + \frac{1}{p-1} |\tau|^4.$$

(3.9) $\times 1/(2p-3)$ + (3.16) implies

$$(3.17) \quad \frac{1}{2} \left[1 + \frac{1}{2p-3} \right] \Delta |\tau|^2 \geq \left\{ 4\delta_1 - \left(5 - \frac{3}{2p-3} \right) (c+H^2) \right\} |\tau|^2.$$

Since δ_1 is the infimum of the Ricci curvature, we have

$$\delta_1 \geq \frac{5p-9}{2(2p-3)} (c+H^2).$$

If $\delta_1 > ((5p-3)/2(2p-3))(c+H^2)$, from (3.17) and Hopf's maximum principle, we obtain $|\tau|^2 = 0$. If $\delta_1 = ((5p-3)/2(2p-3))(c+H^2)$, (3.16) and Hopf's maximum principle yield $|\tau|^2 = \text{constant}$ and all inequalities above become actually equalities.

If $|\tau|^2 = 0$, then M is totally umbilic. If $|\tau|^2 \neq 0$, from (3.6) and (3.9), we have

$$(3.18) \quad h_{ij}^\alpha = 0,$$

$$(3.19) \quad |\tau|^2 = \frac{3}{2 - \frac{1}{p-1}} (c+H^2),$$

$$\text{tr}(H_\alpha H_\beta - H_\beta H_\alpha)^2 = 2 \text{tr}(H_\alpha^2) \text{tr}(H_\beta^2) \quad \text{for } \alpha \neq \beta,$$

$$(3.20) \quad (p-1)(p-2)(\sigma_1^2 - \sigma_2) = 0.$$

From Lemma 1 in [1], we know that at most two of the matrices H_α are non-zero, say H_{α_1} and H_{β_1} , and we can suppose

$$H_{\alpha_1} = \lambda \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \quad \text{and} \quad H_{\beta_1} = \mu \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}.$$

From (2.16), we have

$$(3.21) \quad H_{\alpha_1} H_4 = H_4 H_{\alpha_1}, \quad H_{\beta_1} H_4 = H_4 H_{\beta_1}, \quad \text{tr } H_4 = 3H.$$

Hence under this local field of orthonormal frames, we also have

$$h_{ij}^4 = H \delta_{ij}.$$

a) Case $p=2$. (2.16) implies for a suitable choice of the orthonormal frame field

$$h_{ij}^4 = H \delta_{ij},$$

$$(3.22) \quad \begin{aligned} h_{ij}^{\alpha} &= \lambda_i^{\alpha} \delta_{ij}, \\ \sum_i \lambda_i^{\alpha} &= 0. \end{aligned}$$

If $\lambda_i^{\alpha} \neq 0$, from (3.12) and (3.13), we have

$$\begin{aligned} R_{ii} &= \delta_i = \frac{1}{2}(c + H^2) \quad \text{for } i=1, 2, 3, \\ 3\delta_1 &= \frac{3}{2}(c + H^2) = 6(c + H^2) - |\tau|^2 = 3(c + H^2) \quad (\text{from (3.19)}). \end{aligned}$$

This is a contradiction. Hence at least one of λ_i^{α} is zero, say $\lambda_3^{\alpha} = 0$. Thus $\lambda_1^{\alpha} = -\lambda_2^{\alpha}$ from (3.22).

$$\begin{aligned} |\tau|^2 &= (\lambda_1^{\alpha})^2 + (\lambda_2^{\alpha})^2 = 3(c + H^2), \\ (\lambda_1^{\alpha})^2 &= (\lambda_2^{\alpha})^2 = \frac{3}{2}(c + H^2), \\ R_{ii} &= \frac{1}{2}(c + H^2) = \text{constant} > 0, \quad i=1, 2, \\ R_{33} &= 2(c + H^2) = \text{constant} > 0, \\ r &= \sum_i R_{ii} = 3(c + H^2) > 0. \end{aligned}$$

$$\sum_{ij} R_{ij}^2 = \frac{9}{2}(c + H^2)^2 = \text{constant}.$$

Hence $\nabla_k R_{ij} = 0$. Thus M is a 3-dimensional conformally flat submanifold with positive definite Ricci curvature. From Theorem 2 due to Goldberg [3], we know that M is a space form. Hence M is totally umbilic. This is a contradiction.

b) Case $p \geq 3$. In this cases, (3.20) implies

$$\sigma_1^2 = \sigma_2.$$

We obtain that at most two of H_{α} , $\alpha=5, \dots, 3+p$, are different from zero. Suppose that only one of them, say H_{α_1} , is different from zero. Then we have $\sigma_1^2 = (1/p-1)|\tau|^2$ and $\sigma_2 = 0$, which is a contradiction. Therefore we can suppose that

$$H_5 = \lambda \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \quad \text{and} \quad H_6 = \mu \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix},$$

$$H_{\alpha} = 0 \quad \text{for } \alpha \geq 7.$$

In this case,

$$(3.23) \quad \begin{aligned} H_4 &= HI, & \operatorname{tr} H_5^2 &= 2\lambda^2, & \operatorname{tr} H_6^2 &= 2\mu^2, \\ 2\lambda^2 + 2\mu^2 &= |\tau|^2 = 3(c + H^2). \end{aligned}$$

(2.3) implies

$$\begin{aligned} \omega_{4i} &= H\omega_i, & \omega_{51} &= \lambda\omega_1, & \omega_{52} &= -\lambda\omega_2, & \omega_{53} &= 0, \\ \omega_{51} &= \mu\omega_2, & \omega_{52} &= \mu\omega_1, & \omega_{53} &= 0, & \omega_{\alpha i} &= 0 \quad \text{for } \alpha=2, \dots, 3+p. \end{aligned}$$

Since $h_{ij}^\alpha = 0$ from (3.9), we have, for $\alpha=5, \dots, 3+p$,

$$-dh_{ij}^\alpha = \sum h_{ik}^\alpha \omega_{kj} + \sum h_{kj}^\alpha \omega_{ki} + \sum h_{ij}^\beta \omega_{\beta\alpha}.$$

Setting $\beta=6$, $i=1$ and $j=2$, we have

$$d\mu = dh_{12}^6 = 0.$$

Hence μ is constant. Thus λ is also constant from (3.23).

$$R_{11} = R_{22} = 2(c + H^2) - \lambda^2 - \mu^2 = \frac{1}{2}(c + H^2) = \text{constant} > 0.$$

$$R_{33} = 2(c + H^2) = \text{constant} > 0.$$

Making use of the same proof as in case $p=2$, we obtain $|\tau|^2 = 0$. This is a contradiction. Thus we complete the proof of Proposition 1.

COROLLARY. *Let M be a 3-dimensional minimal submanifold in a sphere $S^{3+p}(c)$. If*

$$\operatorname{Ric}(M) \geq \frac{5p-4}{2(2p-1)}c,$$

then M is totally geodesic.

PROOF. Since M is a minimal submanifold in $S^{3+p}(c)$ and $S^{3+p}(c)$ is a totally umbilical hypersurface in $S^{3+p+1}(c-H^2)$, then M can be seen as a submanifold in $S^{3+p+1}(c-H^2)$. It is a pseudo-umbilical submanifold with parallel mean curvature vector \mathbf{h} . According to Proposition 1, we know that Corollary is true.

REMARK. The result in Corollary is better than one due to Shen [5].

PROPOSITION 2. *Let M be a 3-dimensional complete submanifold in $S^{3+p}(c)$ with parallel mean curvature vector. If*

$$\operatorname{Ric}(M) \geq \frac{3}{4}c + \frac{39}{64}H^2 + \frac{1}{8}\sqrt{\frac{1521}{64}H^4 + \frac{45}{2}H^2c},$$

then M is a pseudo-umbilical submanifold.

PROOF. Because of

$$Ric(M) \geq \frac{3}{4}c + \frac{39}{64}H^2 + \frac{1}{8}\sqrt{\frac{1921}{64}H^4 + \frac{45}{2}H^2c} > 0,$$

we conclude that M is compact from Myers' theorem. We choose a frame field in such a way that

$$h_{ij}^4 = \lambda_i \delta_{ij}.$$

Let $\mu_i = \lambda_i - H$, we have

$$\begin{aligned} \sum_i \mu_i &= 0, & \sum \mu_i^2 &= |\sigma|^2 - 3H^2, \\ \sum_i \mu_i^3 &= 6H^3 - 3H|\sigma|^2 + \sum \lambda_i^3, \\ (3.26) \quad -\frac{1}{\sqrt{6}}\sqrt{(|\sigma|^2 - 3H^2)^3} &\leq \sum \mu_i^3 \leq \frac{1}{\sqrt{6}}\sqrt{(|\sigma|^2 - 3H^2)^3}, \end{aligned}$$

and equality holds if and only if two of μ_i are equal (cf. [4]). Because of

$$\begin{aligned} (3.27) \quad \sum_{\alpha \neq 4} (\sum_i \lambda_i h_{ii}^\alpha)^2 &= \sum_{\alpha \neq 4} \{ \sum_i (\lambda_i - H) h_{ii}^\alpha \}^2 \\ &\leq (|\sigma|^2 - 3H^2) |\tau|^2, \end{aligned}$$

from (2.18), (3.26) and (3.27), we obtain

$$\begin{aligned} (3.28) \quad \frac{1}{2} \Delta |\sigma|^2 &= \sum (h_{ijk}^4)^2 + \sum h_{ij}^4 \Delta h_{ij}^4 \\ &= \sum (h_{ijk}^4)^2 + \sum (h_{km}^4 R_{mijk} + h_{mi}^4 R_{mkjk}) h_{ij}^4 \\ &= \sum (h_{ijk}^4)^2 + 3c(|\sigma|^2 - 3H^2) - |\sigma|^4 + 3H \sum \lambda_i^3 - \sum_{\alpha \neq 4} (\sum_i \lambda_i h_{ii}^\alpha)^2 \\ &\geq \sum (h_{ijk}^4)^2 + 3c(|\sigma|^2 - 3H^2) + 9H^2(|\sigma|^2 - 2H^2) \\ &\quad - \frac{3H}{\sqrt{6}} \sqrt{(|\sigma|^2 - 3H^2)^3} - (|\sigma|^2 - 3H^2) |\tau|^2 - |\sigma|^4 \\ &= \sum (h_{ijk}^4)^2 + (|\sigma|^2 - 3H^2) \\ &\quad \times \left\{ 3(c + H^2) - \frac{3H}{\sqrt{6}} \sqrt{(|\sigma|^2 - 3H^2)} - |\sigma|^2 + 3H^2 - |\tau|^2 \right\}. \end{aligned}$$

On the other hand, since M is a 3-dimensional submanifold, its Weyl conformally curvature tensor vanishes, i.e.,

$$\begin{aligned} R_{ijkm} &= R_{ik} \delta_{jm} - R_{im} \delta_{jk} + R_{jm} \delta_{ik} - R_{jk} \delta_{im} - \frac{1}{2} r (\delta_{ik} \delta_{jm} - \delta_{im} \delta_{jk}), \\ &\quad \sum (h_{km}^4 R_{mijk} + h_{mi}^4 R_{mkjk}) h_{ij}^4 \\ &= \frac{1}{2} \sum_{i \neq j} (\lambda_i - \lambda_j)^2 R_{ijij} \end{aligned}$$

$$\begin{aligned}
&= \frac{1}{2} \sum_{i \neq j} (\lambda_i - \lambda_j)^2 \left(R_{ii} + R_{jj} - \frac{r}{2} \right) \\
&\geq 3 \left(2\delta_1 - \frac{r}{2} \right) (|\sigma|^2 - 3H^2).
\end{aligned}$$

From (2.18), we have

$$\begin{aligned}
(3.29) \quad \frac{1}{2} \Delta |\sigma|^2 &\geq \sum (h_{ijk}^4)^2 + 3 \left(2\delta_1 - \frac{r}{2} \right) (|\sigma|^2 - 3H^2) \\
&\geq 3 \left(2\delta_1 - 3c - \frac{9}{2} H^2 + \frac{1}{2} |\tau|^2 + \frac{1}{2} |\sigma|^2 \right) (|\sigma|^2 - 3H^2).
\end{aligned}$$

(3.28) $\times 3/2 + (3.29)$ implies

$$\frac{5}{2} \Delta |\sigma|^2 \geq \left\{ 6\delta_1 - \frac{9}{2} (c + H^2) - \frac{3\sqrt{6}}{4} H \sqrt{(|\sigma|^2 - 3H^2)} \right\} (|\sigma|^2 - 3H^2).$$

Because of

$$3\delta_1 \leq \sum R_{ii} = r = 6c + 9H^2 - |\sigma|^2 - |\tau|^2,$$

we have

$$|\sigma|^2 - 3H^2 \leq 6c + 6H^2 - 3\delta_1.$$

Hence

$$\begin{aligned}
(3.30) \quad \frac{5}{4} \Delta (|\sigma|^2 - 3H^2) &= \frac{5}{4} \Delta |\sigma|^2 \\
&\geq \left\{ 6\delta_1 - \frac{9}{2} (c + H^2) - \frac{9\sqrt{2}}{4} H \sqrt{2(c + H^2) - \delta_1} \right\} (|\sigma|^2 - 3H^2).
\end{aligned}$$

By a straightforward calculation, we can easily verify that if

$$\delta_1 > \frac{3}{4} c + \frac{39}{64} H^2 + \frac{1}{8} \sqrt{\frac{1521}{64} H^4 + \frac{45}{2} H^2 c},$$

we have

$$\left\{ 6\delta_1 - \frac{9}{2} (c + H^2) - \frac{9\sqrt{2}}{4} H \sqrt{2(c + H^2) - \delta_1} \right\} (|\sigma|^2 - 3H^2) > 0.$$

According to (3.30) and Hopf's maximum principle, we conclude

$$|\sigma|^2 - 3H^2 = 0.$$

Hence, M is pseudo-umbilic. If

$$\delta_1 = \frac{3}{4} c + \frac{39}{64} H^2 + \frac{1}{8} \sqrt{\frac{1521}{64} H^4 + \frac{45}{2} H^2 c},$$

then,

$$\left\{ 6\delta_1 - \frac{9}{2} (c + H^2) - \frac{9\sqrt{2}}{4} H \sqrt{2(c + H^2) - \delta_1} \right\} (|\sigma|^2 - 3H^2) = 0.$$

Therefore from (3.30), we obtain that $|\sigma|^2 - 3H^2 = \text{constant}$ and all inequalities above are equalities. If $|\sigma|^2 - 3H^2 = 0$, then M is pseudo-umbilic. If $|\sigma|^2 - 3H^2 > 0$, we get that two of μ_i are equal. Without loss of generality, we can suppose $\mu_1 = \mu_2$, then $\mu_3 = -2h_1$. From (2.18), we have

$$\begin{aligned} 0 &= \sum (h_{km}^4 R_{mijk} + h_{mi}^4 R_{mkjk}) h_{ij}^4 \\ &= \frac{1}{2} \sum_{i \neq j} (\lambda_i - \lambda_j)^2 \left(R_{ii} + R_{jj} - \frac{r}{2} \right) \\ &= 9\mu_1^2 R_{33}. \end{aligned}$$

Therefore $R_{33} = 0$. On the other hand,

$$R_{33} \geq \delta_1 = \frac{3}{4}c + \frac{39}{64}H^2 + \frac{1}{8} \sqrt{\frac{1521}{64}H^4 + \frac{45}{2}H^2c} > 0.$$

This is a contradiction. Hence M is pseudo-umbilic.

PROOF OF THEOREM 1. When $p=2$, $((5p-9)/2(2p-3))=1/2$. Hence

$$\frac{3}{4}c + H^2 + \frac{1}{8} \sqrt{\frac{1521}{64}H^4 + \frac{45}{2}H^2c} > \frac{1}{2}(c + H^2).$$

According to Propositions 1 and 2, we conclude easily that M is a 3-dimensional small sphere. When $p=1$, Proposition 1 implies that Theorem 1 is true.

PROOF OF THEOREM 2. According to Propositions 1 and 2, Theorem 2 holds good obviously.

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