Indoxyl Sulphate is Associated with Atrial Fibrillation Recurrence after Catheter Ablation

year	2019
	(University of Tsukuba)
	2018
	12102 9199
URL	http://doi.org/10.15068/00156486

Indoxyl Sulphate is Associated with Atrial Fibrillation Recurrence

after Catheter Ablation

（インドキシル硫酸はカテーテルアブレーション後

の心房細動再発に関連する）

２０１８

筑波大学大学院博士課程人間総合科学研究科

山上　文

contents

Abstract

Renal dysfunction results in the accumulation of various uremic toxins, including

indoxyl sulphate (IS), and is a major risk factor for atrial fibrillation (AF). Experimental

studies have demonstrated that IS exacerbates atrial remodelling via oxidative stress,

inflammation, and fibrosis. However, its clinical impact on AF-promoting cardiac

remodelling has not been described. Therefore, the purpose of this study was to clarify

the relationship between basal IS levels and the 1-year outcomes after catheter ablation

for the treatment of AF. Our prospective observational study included data from 125

patients with AF who underwent catheter ablation. Over a 1-year follow-up period, AF

recurrence was identified in 21 patients. The 1-year AF-free survival was significantly

lower in patients with high serum IS levels (≥ 0.65 μg/mL) than in those with low IS

levels ($60.1 \pm 10.4\%$ *versus* $85.2 \pm 3.9\%$, $P = 0.007$). Univariable analysis identified

that an IS concentration ≥ 0.65 μg/mL was associated with AF recurrence (hazard ratio

[HR] = 3.10 [1.26-7.32], $P = 0.015$), and this association was maintained in multivariate

analysis (HR = 3.67 [1.13-11.7], $P = 0.031$). Thus, in patients undergoing AF ablation,

serum IS levels at baseline independently predict the recurrence of arrhythmia.

3

Abbreviations

AAD;   anti arrhythmic drug

ACEI;   angiotensin-converting-enzyme inhibitor

AF;   atrial fibrillation

ARB;   angiotensin receptor antagonist

BNP;   B-type natriuretic peptide

CI;   confidence interval

CKD;   chronic kidney disease

CrCl;   creatinine clearance

CRP;   C-reactive protein

ECG;   Electrocardiogram

eGFR;   estimated glomerular filtration rate

HR;   hazard ratio

IS;   indoxyl sulphate

LA;   left atrium

LAVI;   left atrial volume index

LVEF;   left ventricular ejection fraction

MCP-1;   monocyte chemoattractant protein 1

PV;   pulmonary vein

PVI;   pulmonary vein isolation

RFCA;   Radiofrequency catheter ablation

SD;   standard deviation

TGF-β1;   transforming growth factor β1

α-SMA; α -smooth muscle actin

Introduction

Several clinical trials have reported a close association between atrial fibrillation (AF) and chronic kidney disease (CKD).[1–5] For example, the burden of AF is increased among patients with CKD, and AF itself increases as a function of CKD severity. The relationship between renal function and AF recurrence after catheter ablation for AF was addressed in recent reports.[6–8] Patients with a lower estimated glomerular filtration rate (eGFR) at baseline had a greater risk of recurrence after radiofrequency catheter ablation for AF. Atrial remodelling due to CKD was thought to be responsible for the poor outcome after AF ablation in patients with CKD; however, the exact mechanism of this association remains to be elucidated.

Indoxyl sulphate (IS) is among the most representative uremic toxins derived from the metabolism of dietary protein by the gut microbiota and has been implicated in the pathogenesis of various cardiovascular diseases,[9–11] including AF.[12] Experimental studies in animal models have shown that IS can exacerbate AF via its effect on cardiac fibrosis and inflammation, with enhanced oxidative stress and reduced anti-oxidative defense.[13,14] These effects have been shown to induce arrhythmogenesis in pulmonary veins, sinoatrial nodes, and atria isolated from rabbit hearts.[15] Recently, Aoki et al.[16] demonstrated, in a rat model of CKD, that IS increases the inducibility of AF, and that

circulating levels of IS can be significantly attenuated by using an absorbent of uremic

toxins, such as AST-120. Thus, it is plausible that IS may contribute to atrial

remodelling, although there is limited clinical evidence in support of the association

between IS and AF.

Therefore, the aim of our study was to investigate the relationship between IS

and recurrent AF in patients after radiofrequency catheter ablation (RFCA) for AF.

Methods

Study population

This prospective observational study was conducted at the University of Tsukuba

Hospital, Tsukuba, Japan, between April 2009 and March 2011. We enrolled 125

consecutive patients with non-valvular AF scheduled for RFCA for AF. Patients who

had hemodynamically significant (moderate-to-severe) valvular disease, thrombus in the

left atrium (LA), uncontrolled thyroid dysfunction, pre-procedural significant coronary

artery stenosis, a previous myocardial infarction or cardiac surgery in the previous 3

months, contraindications to anticoagulant therapy, stage 4 or 5 CKD, or pregnancy

were excluded.

All enrolled patients had symptomatic paroxysmal or persistent AF and had

not responded to treatment with one or more antiarrhythmic drugs. Long-standing

persistent AF was defined as any AF episode lasting for longer than 1 year. A detailed

medical history regarding AF and related cardiovascular and/or systemic conditions was

obtained from all patients. The CHADS$_2$ score was calculated for each patient based on

a point system, as previously described.[17] Transthoracic echocardiography was also

performed to assess left ventricular function and the left atrial volume index (LAVI)

before RFCA.

The study was in compliance with the principles outlined in the Declaration of

Helsinki and was approved by Ethics Committee, University of Tsukuba Hospital.

Before ablation, written informed consent was obtained from all the patients.

Study endpoint

The endpoint of this study was recurrence of AF or atrial tachycardia after a blanking

period of 3 months.

Serum IS concentration

Blood samples were collected from patients just before ablation and serum was stored at

-80°C. Serum levels of IS and indole-3 acetic acid (IAA) were measured by

reversed-phase high-performance liquid chromatography using a conventional

octadecylsilyl silica column and a fluorescence detector, according to a previously

described method, with minor modifications.[18] The coefficients of variation for

intra-day and inter-day assays were < 3%.

Classification of CKD

Classification of the CKD stage was determined using the eGFR, calculated at baseline.

The eGFR was calculated using the estimation equation for Japanese patients with

CKD.[19] This equation calculates the eGFR from serum creatinine, adjusted for age and

sex, using the following formula: (eGFR [mL/min/1.73 m^2] = 194 × age$^{-0.287}$ × serum

creatinine$^{-1.094}$ × [0.739 for women]). The study population was divided into three

subgroups: patients with an eGFR ≥ 90 mL/min/1.73 m^2 (CKD stage 1), patients with

an eGFR between 60 and 89.9 mL/min/1.73 m^2 (CKD stage 2), and patients with an

eGFR between 30 and 59.9 mL/min/1.73 m^2 (CKD stage 3). The creatinine clearance

(CrCl) was evaluated using the Cockcroft–Gault formula: CrCl (mL/min) = ([140 - age]

× body weight [kg] × [0.85 if female])/(72 × serum creatinine [mg/dL]).

Catheter ablation

Procedures were performed under general anaesthesia, aiming at an anticoagulation

time of 300 s. An irrigated-tip catheter was used to deliver radiofrequency energy in all

patients. A circular lasso catheter was used to confirm the pulmonary vein (PV) and to

map the LA area. After trans-septal puncture, PV isolation (PVI) was performed. After

PVI, a bidirectional block was systematically obtained in all veins. In the case of

persistent AF, complete electrical isolation of the PVs was confirmed after restoration

of a sinus rhythm. If the AF was sustained or recurred despite the internal cardioversion

after PVI, a stepwise approach was used, including linear ablation of the LA roof,

superior vena cava isolation, and/or ablation of complex fractionated atrial

electrograms.

Follow-up

Follow-up was performed at 1, 3, 6, and 12 months, or earlier if a patient developed

symptoms consistent with recurrent AF. The average follow-up period was 11.7 months

(range, 3.2 to 12 months). Recurrence was defined as any evidence of an episode of

atrial arrhythmia (atrial fibrillation, atrial tachycardia and atrial flatter) lasting for more

than 30s after a 3-month blanking period. Atrial arrhythmia was documented by

3-minutes ECG or Holter-ECG performed at out-patients' clinics including referral

origin medical institutions, or by interrogating pacemaker log if

pacemaker-implanted-patients.

Statistical analysis

Analyses were performed using JMP software (version 10). Values are reported as the

mean ± standard deviation (SD) for continuous variables, and proportions for

categorical variables. The optimal cut-off point was determined by the maximum

Youden index based on receiver operating characteristic (ROC) curve analysis, and

areas under the ROC curve (AUCs) were calculated. The association between serum

levels of IS or IAA and other factors was evaluated using Pearson's correlation

coefficients. Differences between continuous values were assessed using an unpaired,

two-tailed, *t*-test for normally distributed continuous variables, and a Mann–Whitney

test for skewed variables. The chi-square statistic was used for testing relationships

between categorical variables. The association between baseline variables and AF

recurrence was evaluated using univariate and multivariate Cox proportional hazards

analysis. AF-free survival curves were analysed according to the Kaplan–Meier method

and compared by the log-rank test. A P-value < 0.05 was considered significant.

Results

Study population

Of the 125 consecutive patients with AF enrolled, 20 were excluded from the analysis

due to missing pre-echocardiographic data (5 patients) and because of a lack of

follow-up (15 patients). Relevant data of the remaining 105 patients (83.8% men, mean

age: 60.0 ± 10.8 years) included in the analysis are reported in Table 1. Over the 1-year

follow-up after ablation, 21 (20.0%) patients developed AF recurrence (AF in 16,

uncommon atrial flutter in 1, and atrial tachycardia in 4 patients). There were no

significant differences in baseline IS and IAA levels between patients who developed

AF-recurrence and those who did not (IS, 0.51 ± 0.33 *vs* 0.43 ± 0.31 µg/mL, $P = 0.27$;

IAA, 0.14 ± 0.05 *vs* 0.16 ± 0.10 µg/mL, $P = 0.31$, respectively). After calculating the

maximum Youden index (sensitivity + specificity - 1) and the AUC, the optimal cut-off

values of serum levels of IS and IAA were found to be 0.65 µg/mL and 0.17 µg/mL,

respectively (Table 2).

Relationship of serum IS levels with renal function and age

Serum IS levels were significantly increased in patients with CKD stage 3 (Figure 1).

However, the correlations of serum IS levels with eGFR ($r = -0.295$, $P = 0.002$) and

CrCl (r = -0.263, P = 0.007) were weak (Figure 2a and 2b). IS levels were also weakly correlated with age (r = 0.253, P = 0.009; Figure 2c).

IAA is also a uremic toxin and belongs to the family of indolic uremic solutes, such as IS. Serum levels of IAA were positively correlated with those of IS (r = 0.443, P < 0.001; Figure 3). In this cohort, unlike IS, IAA levels did not differ statistically significantly among patients with CKD stage 1, 2, and 3 (Figure 4). IAA levels were weakly correlated with eGFR (r = -0.255, P = 0.009), but not with CrCl (r = -0.102, P = 0.30) or age (r = -0.029, P = 0.77) (Figure 5).

Demographic and clinical characteristics of patients with high IS levels

Among the 105 patients in our study group, 23 patients (21.9%) were categorized into the high IS ($\geq$ 0.65 µg/mL) and 82 patients (78.1%) into the low IS group (< 0.65 µg/mL; Table 1) according to the optimal cut-off value. There were no significant differences in sex or age between the two groups. The duration after diagnosis of AF was significantly longer in the high IS group (P = 0.010). Patients with high IS levels had lower eGFR (P = 0.019), an increased LAVI (P = 0.012), an elevated BNP (P = 0.042), and were more likely to have been treated with beta-blockers before ablation (P = 0.003). After ablation, the proportion of patients taking class III anti-arrhythmic drugs

(AAD) was significantly higher in the high-IS group than in the low-IS group (P = 0.004, Table 4).

AF-free survival

The 1-year AF-free survival was significantly lower in patients with a high serum IS level than in those with a low IS level (60.1 ± 10.4% *vs* 85.2 ± 3.9%, P = 0.007; Figure 6a). However, the 1-year AF-free survival did not differ (P = 0.25) between patients with high IAA levels (85.9 ± 5.8%) and those with low IAA levels (76.6 ± 5.1%) (Figure 7).

Overall, in our study group, 76 patients (72.4%) underwent a first AF ablation, with the remaining 29 (27.6%) undergoing a repeat AF ablation. Among the 29 patients with recurrent AF, recovery of electrical conduction between the PVs and the LA was identified in 26 patients (89.7%). The serum IS level of patients who underwent a repeat AF ablation was higher than that of patients who underwent a first AF ablation (0.57 ± 0.41 μg/mL vs. 0.40 ± 0.26 μg/mL; P =0.014)

Among patients who underwent a first AF ablation, the 1-year estimates of AF-free survival were 47.6 ± 13.8% for those with a high serum IS level and 85.5 ± 4.5% for those with a low IS level (P = 0.003; Figure 6b). In contrast, among patients

who underwent a repeat AF ablation (Figure 6c), the 1-year AF-free survival did not significantly differ ($P = 0.58$) between patients with high IS levels ($77.9 \pm 13.9\%$) and those with low IS levels ($84.2 \pm 8.4\%$).

Predictive value of IS in AF recurrence

On univariate analysis, an IS level ≥ 0.65 μg/mL was associated with an increased risk of AF recurrence (hazard ratio [HR]: 3.10, 95% CI: 1.26–7.32; $P = 0.015$; Table 3). After adjustment for age and sex, an IS level ≥ 0.65 μg/mL remained associated with increased risk of AF recurrence (HR: 3.76, 95% CI: 1.52–9.03; $P = 0.005$; Table 3). In the multivariate Cox proportional hazard model, adjusted for age, sex, duration after AF diagnosis, beta-blocker use before ablation, LAVI, BNP, Class III AAD use after ablation, as well as eGFR or CKD stage, an IS level ≥ 0.65 μg/mL remained as an independent predictor of AF recurrence (HR 3.60, 95% CI: 1.12–11.0, $P = 0.032$; and HR 3.67, 95% CI: 1.13–11.7, $P = 0.031$, respectively; Table 3).

Discussion

In this prospective observational study, we identified high IS levels as a strong and
independent predictor of AF recurrence in patients undergoing successful catheter
ablation. To the best of our knowledge, this association of uremic toxins with the
outcomes of AF ablation has not been described previously.

The high AF recurrence rate after ablation in patients with CKD is indicative
of a possible involvement of uremic toxins in AF pathogenesis. However, no clinical
studies to date have demonstrated the involvement of uremic toxins in AF recurrence.
Here, we showed that patients with a higher IS levels exhibited a higher rate of AF
recurrence after ablation, with serum IS being a significant predictor of AF recurrence,
even after adjustment for eGFR or the stage of CKD. Thus, it seems that IS has a
predictive role in AF recurrence.

In recent years, increasing attention has been paid to the relationship between
IS and cardiovascular diseases among patients with CKD. Barreto et al.[20] reported that a
higher serum level of IS was associated with an increased overall mortality and
cardiovascular-specific mortality among patients with CKD. Furthermore, Lin et al.[21]
indicated that IS was a valuable marker in predicting cardiovascular events in patients

with advanced CKD. Other researchers have reported association of a high IS level with increased risk of LV diastolic dysfunction.[22,23]

In our study cohort, the IS concentration correlated poorly with eGFR (Figure 1), which was consistent with the findings from other groups.[24,25] IS is a gut-derived uremic toxin and factors other than the GFR, such as renal tubular secretion, diet and intestinal absorption, and gut microbiota metabolism, may affect IS concentration.[26]

Recent animal studies have revealed the causative role of IS in promoting AF remodelling. Chen et al.[15] reported that IS induced the occurrence of delayed after-depolarizations and burst firing in PVs isolated from rabbits. They also showed that IS-treated PV cardiomyocytes had a larger Ca^{2+} leak than control PV cardiomyocytes.[15] Aoki et al.[16] showed that, in rat models of renal failure induced by 5/6 nephrectomy, administration of AST-120, which is commonly used in clinical practice as an absorbent of uremic toxins, attenuated oxidative stress, inflammation, and fibrosis in the LA, and decreased AF inducibility *in vivo*. In cultured atrial fibroblasts, incubation with IS upregulated the expression of oxidative stress markers NOX2/NOX4 and malondialdehyde, along with an increase in inflammatory and profibrotic signalling molecules, such as monocyte chemoattractant protein 1 (MCP-1), transforming growth factor β1 (TGF-β1), α-smooth muscle actin (α-SMA), and collagen I.[16] These results

18

indicate a direct effect of IS on the progression of the AF substrate. Therefore, IS may become a novel therapeutic target for AF.

It has been well known that dietary protein intake and fluid balance when blood samples were collected affect to the level of eGFR or CrCl. Such environment factors could easily affect to the patients with stage 1-2 CKD, because the level of renal dysfunction is not so different between the patients with stage 1 CKD and those with stage 2 CKD. On the other hands, patients with stage 3 CKD have moderate renal dysfunction and less affected by such environment factors. For this reason, AST 120 can be prescribed for patients with over stage 3 CKD in the clinical setting. Though the population of this study was patients with stage 1-3 CKD, patients with just stage 3 CKD must be focused on from the viewpoint of effect of AST120 to the prevention of promoting AF. Further more investigation will be needed to determine whether AST 120 can prevent AF recurrence.

The prevalence of AF among a large population of patients with CKD was found to be 2- to 3-fold higher than that in the general population.[27,28] Moreover, the prevalence of AF among dialysis patients has been reported to range between 7% and 27%,[29–32] as compared to 0.4% to 1.0% in the general population,[33] indicating that haemodialysis may not eliminate the risk of AF in CKD. Therefore, non-dialyzable

uremic factors were considered responsible for AF-promoting remodelling. IS is a

poorly dialyzable uremic toxin due to its high protein binding. Even after haemodialysis,

the serum IS levels still remain high.[34] Therefore, accumulating IS may directly

contribute to atrial remodelling in patients with CKD. In this study, patients with stage 4

or 5 CKD or received dialysis were excluded. However, from those aspects, it attracts to

great interest whether high IS levels can also predict AF recurrence in patients with

severe renal dysfunction. Further studies, which target such population, will be needed.

In addition, in this study cohort, blood samples were collected at a single time

point just before catheter ablation and the transition of level of IS after ablation was not

considered at all. Serum level of IS at the time point of recurrent AF may be also an

important factor to investigate the mechanism how IS promote AF. Furthermore, we just

described the association of uremic toxins with AF recurrence, not AF occurrence in

this study design. To investigate the serum level of normal population and the transition

of serum level of IS will reveal new pathology of AF mechanism.

Limitations

The study had some limitations. First, compared to patients in the low IS level group, the duration after AF diagnosis had been longer in the cohort of patients with high IS levels; this group also had a greater prevalence of beta-blocker use, increased LAVI, and worse renal function, which would be sources of possible residual confounding factors. Furthermore, our study evaluated a heterogeneous population, including patients with paroxysmal as well as persistent AF. Because of the small sample size, no separate analysis was possible between these different groups. Consequently, we cannot rule out different biomarker patterns between these two entities of AF. Second, the diagnosis of AF recurrence was based on the occurrence of symptoms and periodic and occasional ECG recordings and Holter ECG findings. Therefore, some patients with asymptomatic AF recurrence might have been missed. Third, our cohort included individuals who underwent AF ablation at our institution between 2009 and 2011. During that period, advanced technologies that are widely used today, including the contact force-sensing catheter and balloon ablation, were not approved for use in Japan. These newer technologies have been reported to increase the durability of PV isolation and reduce AF recurrence.[35,36] Further studies may be needed to determine whether high IS levels can predict AF recurrence in the current setting of AF ablation. Fourth, patients

who had haemodynamically significant valvular heart disease or stage 4 or 5 CKD, or received dialysis were excluded from this study. Further studies are needed to determine whether high IS levels can also predict AF recurrence in those patients. Fifth, it has been reported that there were some diurnal and inter-day variations in the circulating IS concentrations,[37] and dietary protein intake affected the IS concentrations.[38] However, in this study, blood samples were collected at a single time point, but were not collected at the same time of the day for all patients, and were not standardized with respect to food intake. Finally, this study was performed in a single centre with a relatively small sample size and a short follow-up period. Therefore, further studies with more patients and a longer follow-up period may be needed to confirm our study results.

Conclusion

Serum IS levels are associated with recurrence of AF after catheter ablation. Therefore, the IS level should be considered in the prediction of recurrence after ablation.

References

1. Watanabe, H. *et al.* Close bidirectional relationship between chronic kidney disease and atrial fibrillation: the Niigata preventive medicine study. *Am. Heart J.* **158,** 629–36 (2009).

2. Olesen, J. B. *et al.* Stroke and Bleeding in Atrial Fibrillation with Chronic Kidney Disease. *N. Engl. J. Med.* **367,** 625–635 (2012).

3. Alonso, A. *et al.* Chronic kidney disease is associated with the incidence of atrial fibrillation: the Atherosclerosis Risk in Communities (ARIC) study. *Circulation* **123,** 2946–53 (2011).

4. Bansal, N. *et al.* Incident Atrial Fibrillation and Risk of End-Stage Renal Disease in Adults With Chronic Kidney Disease. *Circulation* **127,** 569–574 (2013).

5. Lau, Y. C., Proietti, M., Guiducci, E., Blann, A. D. & Lip, G. Y. H. Atrial Fibrillation and Thromboembolism in Patients With Chronic Kidney Disease. *J. Am. Coll. Cardiol.* **68,** 1452–1464 (2016).

6. Naruse, Y. *et al.* Concomitant chronic kidney disease increases the recurrence of atrial fibrillation after catheter ablation of atrial fibrillation: a mid-term follow-up. *Hear. Rhythm* **8,** 335–41 (2011).

7. Tokuda, M. *et al.* Relationship between renal function and the risk of recurrent

atrial fibrillation following catheter ablation. *Heart* **97,** 137–142 (2011).

8. Yanagisawa, S. *et al.* Impaired renal function is associated with recurrence after cryoballoon catheter ablation for paroxysmal atrial fibrillation: A potential effect of non-pulmonary vein foci. *J. Cardiol.* **69,** 3–10 (2017).

9. Ito, S. & Yoshida, M. Protein-Bound Uremic Toxins: New Culprits of Cardiovascular Events in Chronic Kidney Disease Patients. *Toxins (Basel).* **6,** 665–678 (2014).

10. Lekawanvijit, S., Kompa, A. R., Wang, B. H., Kelly, D. J. & Krum, H. Cardiorenal syndrome: the emerging role of protein-bound uremic toxins. *Circ. Res.* **111,** 1470–83 (2012).

11. Dou, L. *et al.* The cardiovascular effect of the uremic solute indole-3 acetic acid. *J. Am. Soc. Nephrol.* **26,** 876–87 (2015).

12. Huang, S.-Y., Chen, Y.-A., Chen, S.-A., Chen, Y.-J. & Lin, Y.-K. Uremic Toxins - Novel Arrhythmogenic Factor in Chronic Kidney Disease - Related Atrial Fibrillation. *Acta Cardiol. Sin.* **32,** 259–64 (2016).

13. Yisireyili, M. *et al.* Indoxyl sulfate promotes cardiac fibrosis with enhanced oxidative stress in hypertensive rats. *Life Sci.* **92,** 1180–5 (2013).

14. Lekawanvijit, S. *et al.* Does indoxyl sulfate, a uraemic toxin, have direct effects

on cardiac fibroblasts and myocytes? *Eur. Heart J.* **31,** 1771–9 (2010).

15. CHEN, W.-T. *et al.* The Uremic Toxin Indoxyl Sulfate Increases Pulmonary

    Vein and Atrial Arrhythmogenesis. *J. Cardiovasc. Electrophysiol.* **26,** 203–210

    (2015).

16. Aoki, K. *et al.* Role of Indoxyl Sulfate as a Predisposing Factor for Atrial

    Fibrillation in Renal Dysfunction. *J. Am. Heart Assoc.* **4,** e002023 (2015).

17. January, C. T. *et al.* 2014 AHA/ACC/HRS Guideline for the Management of

    Patients With Atrial Fibrillation: A Report of the American College of

    Cardiology/American Heart Association Task Force on Practice Guidelines and

    the Heart Rhythm Society. *Circulation* **130,** e199–e267 (2014).

18. Al Za'abi, M., Ali, B. & Al Toubi, M. HPLC-fluorescence method for

    measurement of the uremic toxin indoxyl sulfate in plasma. *J. Chromatogr. Sci.*

    51, 40–3 (2013).

19. Matsuo, S. *et al.* Revised Equations for Estimated GFR From Serum Creatinine

    in Japan. *Am. J. Kidney Dis.* **53,** 982–992 (2009).

20. Barreto, F. C. *et al.* Serum Indoxyl Sulfate Is Associated with Vascular Disease

    and Mortality in Chronic Kidney Disease Patients. *Clin. J. Am. Soc. Nephrol.* **4,**

    1551–1558 (2009).

21.   Lin, C.-J. *et al.* Indoxyl sulfate predicts cardiovascular disease and renal function deterioration in advanced chronic kidney disease. *Arch. Med. Res.* **43,** 451–6 (2012).

22.   Shimazu, S. *et al.* Association between indoxyl sulfate and cardiac dysfunction and prognosis in patients with dilated cardiomyopathy. *Circ. J.* **77,** 390–6 (2013).

23.   Sato, B. *et al.* Relation of plasma indoxyl sulfate levels and estimated glomerular filtration rate to left ventricular diastolic dysfunction. *Am. J. Cardiol.* **111,** 712–6 (2013).

24.   Eloot, S. *et al.* Estimated glomerular filtration rate is a poor predictor of concentration for a broad range of uremic toxins. *Clin. J. Am. Soc. Nephrol.* **6,** 1266–73 (2011).

25.   Snauwaert, E. *et al.* Accumulation of uraemic toxins is reflected only partially by estimated GFR in paediatric patients with chronic kidney disease. *Pediatr. Nephrol.* **33,** 315–323 (2018).

26.   Vanholder, R. C., Eloot, S. & Glorieux, G. L. R. L. Future Avenues to Decrease Uremic Toxin Concentration. *Am. J. Kidney Dis.* **67,** 664–76 (2016).

27.   Wetmore, J. B. *et al.* The prevalence of and factors associated with chronic atrial fibrillation in Medicare/Medicaid-eligible dialysis patients. *Kidney Int.* **81,** 469–

76 (2012).

28. Herzog, C. A. *et al.* Cardiovascular disease in chronic kidney disease. A clinical

    update from Kidney Disease: Improving Global Outcomes (KDIGO). *Kidney Int.*

    80, 572–586 (2011).

29. Wizemann, V. *et al.* Atrial fibrillation in hemodialysis patients: clinical features

    and associations with anticoagulant therapy. *Kidney Int.* **77,** 1098–106 (2010).

30. Genovesi, S. *et al.* Prevalence of atrial fibrillation and associated factors in a

    population of long-term hemodialysis patients. *Am. J. Kidney Dis.* **46,** 897–902

    (2005).

31. Fujii, H., Kim, J.-I., Yoshiya, K., Nishi, S. & Fukagawa, M. Clinical

    Characteristics and Cardiovascular Outcomes of Hemodialysis Patients with

    Atrial Fibrillation: A Prospective Follow-Up Study. *Am. J. Nephrol.* **34,** 126–134

    (2011).

32. Winkelmayer, W. C., Patrick, A. R., Liu, J., Brookhart, M. A. & Setoguchi, S.

    The Increasing Prevalence of Atrial Fibrillation among Hemodialysis Patients. *J.*

    Am. Soc. Nephrol. **22,** 349–357 (2011).

33. Fuster, V. *et al.* ACC/AHA/ESC 2006 Guidelines for the Management of

    Patients With Atrial Fibrillation: A Report of the American College of

Cardiology/American Heart Association Task Force on Practice Guidelines and the European Society of Cardiology Committee for Practice Guidelines (Writing Committee to Revise the 2001 Guidelines for the Management of Patients With Atrial Fibrillation): Developed in Collaboration With the European Heart Rhythm Association and the Heart Rhythm Society. *Circulation* **114,** e257–e354 (2006).

34. Miyazaki, T. *et al.* Indoxyl sulfate stimulates renal synthesis of transforming growth factor-beta 1 and progression of renal failure. *Kidney Int. Suppl.* **63,** S211-4 (1997).

35. Neuzil, P. *et al.* Electrical reconnection after pulmonary vein isolation is contingent on contact force during initial treatment: results from the EFFICAS I study. *Circ. Arrhythm. Electrophysiol.* **6,** 327–33 (2013).

36. Ücer, E. *et al.* A RAndomized Trial to compare the acute reconnection after pulmonary vein ISolation with Laser-BalloON versus radiofrequency Ablation: RATISBONA trial. *J. Cardiovasc. Electrophysiol.* **29,** 733–739 (2018).

37. Rivara, M. B. *et al.* Diurnal and Long-term Variation in Plasma Concentrations and Renal Clearances of Circulating Markers of Kidney Proximal Tubular Secretion. *Clin. Chem.* **63,** 915–923 (2017).

38. Poesen, R. *et al.* The Influence of Dietary Protein Intake on Mammalian

Tryptophan and Phenolic Metabolites. *PLoS One* **10,** e0140820 (2015).

Tables

Table 1. Baseline characteristics

	All	IS ≥ 0.65 μg/mL	IS < 0.65 μg/mL	*P*-value
	(n = 105)	(n = 23)	(n = 82)	
Age (years)	60.0 ± 10.8	62.9 ± 11.3	59.2 ± 10.6	0.14
Male sex	88 (83.8)	20 (87.0)	68 (82.9)	0.64
Body mass index (kg/m^2)	23.6 ± 2.9	23.7 ± 3.2	23.6 ± 2.9	0.94
Paroxysmal AF	69 (65.7)	14 (60.9)	55 (67.1)	0.58
Long-standing AF >1year	19 (19.1)	7 (30.4)	12 (14.6)	0.082
Duration of AF history				
(years)	5.5 ± 5.7	8.4 ± 6.9	4.8 ± 5.2	0.010
Medication				
ACEIs/ARBs	44 (41.9)	10 (43.5)	34 (41.5)	0.86
Statins	33 (31.4)	5 (21.7)	28 (34.2)	0.26
Beta-blockers	58 (55.2)	19 (82.6)	39 (47.6)	0.003
Class I AADs	59 (56.2)	12 (52.2)	47 (57.3)	0.66

Class III AADs	34 (32.4)	10 (43.5)	24 (29.3)	0.20
Class IV AADs	16 (15.2)	2 (8.7)	14 (17.1)	0.32
Hypertension	52 (49.5)	13 (56.5)	39 (47.6)	0.45
Diabetes mellitus	14 (13.3)	3 (13.0)	11 (13.4)	0.96
Dyslipidaemia	48 (45.7)	9 (39.1)	39 (47.6)	0.47
CHADS$_2$ score	0.81 ± 0.84	1.04 ± 0.88	0.74 ± 0.83	0.13
Echocardiogram parameters				
LVEF (%)	65.2 ± 11.2	66.3 ± 12.4	64.9 ± 10.9	0.62
LAVI (mL/m^2)	36.3 ± 18.3	44.7 ± 22.0	33.8 ± 16.4	0.012
eGFR (mL/min/1.73 m^2)	76.1 ± 18.5	68.2 ± 20.9	78.4 ± 17.3	0.019
CKD stage				0.021
Stage 1	19 (18.1)	4 (17.4)	15 (18.3)	
Stage 2	69 (65.7)	11 (47.8)	58 (70.7)	

Stage 3	17 (16.2)	8 (34.8)	9 (11.0)	
BNP (pg/mL)	78.9 ± 91.6	114.1 ± 111.7	69.5 ± 83.8	0.042
CRP (mg/mL)	0.097 ± 0.102	0.114 ± 0.111	0.092 ± 0.099	0.34
IS (μg/mL)	0.45 ± 0.31	0.93 ± 0.25	0.31 ± 0.15	< 0.001
IAA (μg/mL)	0.16 ± 0.10	0.18 ± 0.07	0.15 ± 0.10	0.097

Values are given as mean ± SD or number (%).

AAD, anti arrhythmic drug; AF, atrial fibrillation; ACEI,

angiotensin-converting-enzyme inhibitor; ARB, angiotensin receptor antagonist; BNP,

B-type natriuretic peptide; CRP, C-reactive protein; eGFR, estimated glomerular

filtration rate; IS, indoxyl sulfate; LAVI, left atrial volume index; LVEF, left ventricular

ejection fraction

Table 2. Optimal cut-off point based on AF recurrence

	Median value	Range	AUC	Cut-off value
IS (μg/mL)	0.36	0–1.74	0.576	0.65
IAA (μg/mL)	0.13	0.04–0.56	0.522	0.17

AF; atrial fibrillation, AUC; area under the curve, IAA; indole-3 acetic acid,

IS; indoxyl sulphate

Table 3.

Impact of a level of indoxyl sulphate ≥ 0.65 µg/mL on atrial fibrillation recurrence

	HR	95% CI	*P*-value
Unadjusted analysis	3.10	1.26−7.32	0.015
Analysis adjusted for:			
Age and sex	3.76	1.52−9.03	0.005
Age, sex, duration after diagnosis of AF, beta-blocker use before ablation, LAVI, BNP, Class III AAD use after ablation, and eGFR	3.60	1.12−11.0	0.032
Age, sex, duration after diagnosis of AF, beta-blocker use before ablation, LAVI, BNP, Class III AAD use after ablation, and CKD stage	3.67	1.13−11.7	0.031

AAD, anti-arrhythmic drug; AF, atrial fibrillation; BNP, B-type natriuretic peptide; CI, confidence interval; CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; HR, hazard ratio; LAVI, left atrial volume index

Table 4. Anti-arrhythmic medications after catheter ablation for AF

	All (n = 105)	IS ≥ 0.65 µg/mL (n = 23)	IS < 0.65 µg/mL (n = 82)	*P*-value
Class I AADs	27 (25.7)	6 (26.1)	21 (25.6)	0.96
Class III AADs	25 (23.8)	11 (47.8)	14 (17.1)	0.004
Class IV AADs	9 (8.6)	4 (17.4)	5 (6.1)	0.11

AAD; anti-arrhythmic drug, AF; atrial fibrillation, IS; indoxyl sulfate
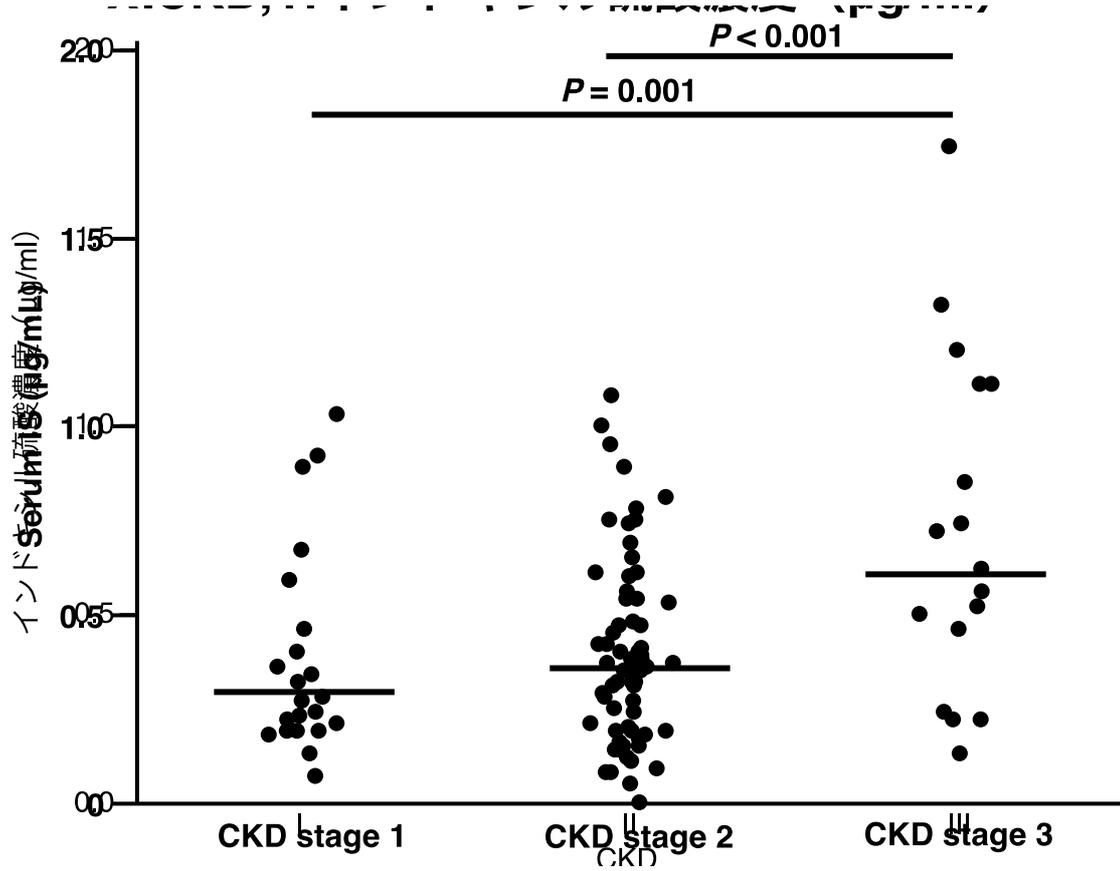
Figure 1. Serum levels of indoxyl sulfate (IS) are increased in patients with reduced renal function. CKD; chronic kidney disease.
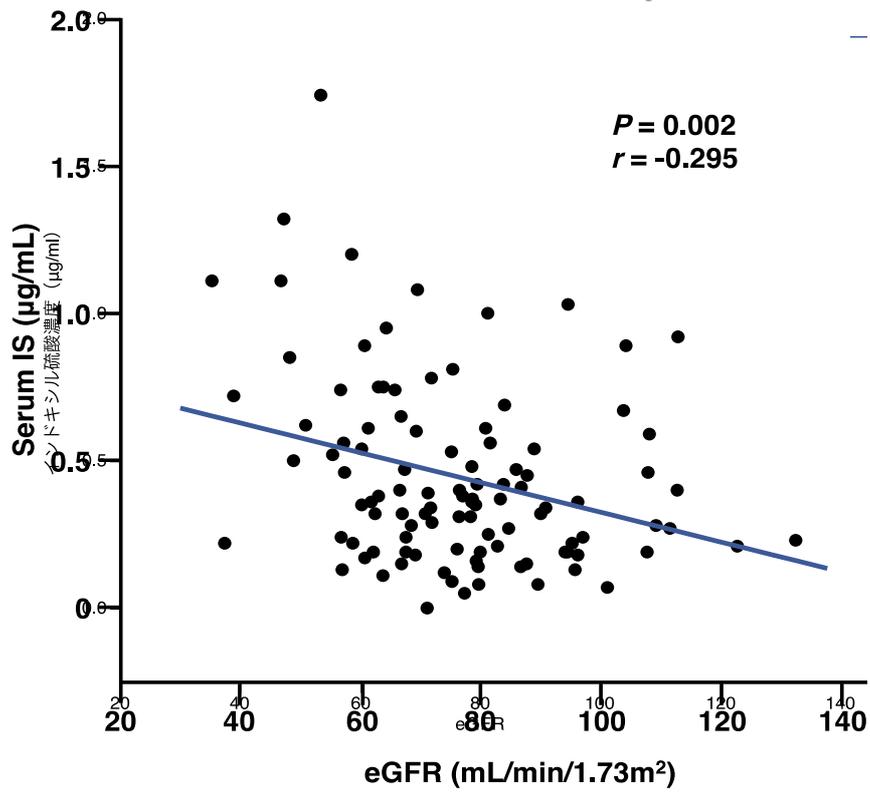
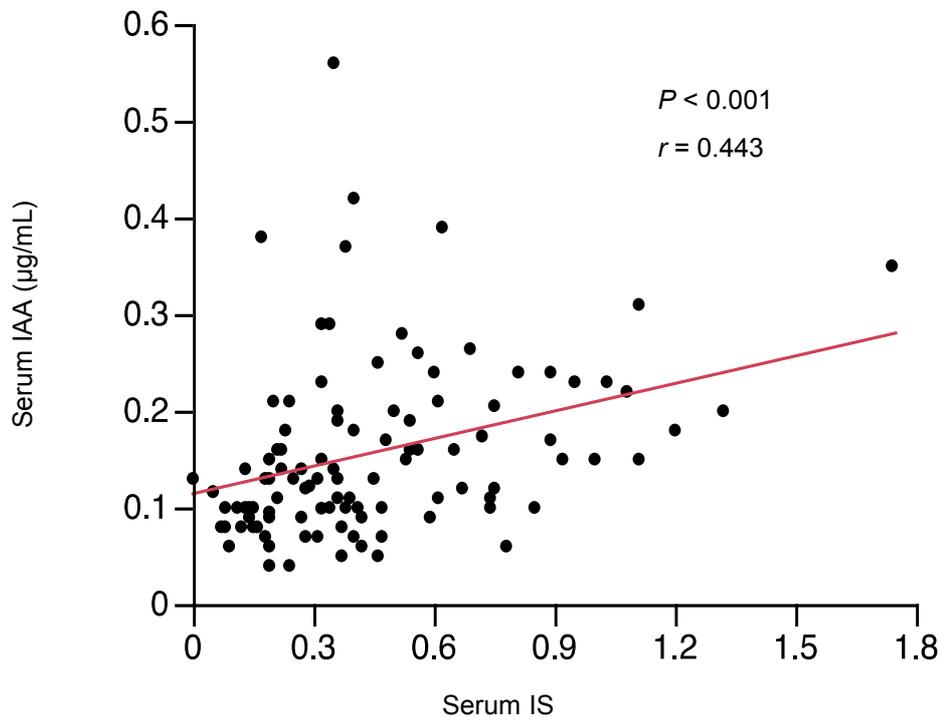**Figure 2a. Relationship between serum levels of indoxyl sulfate (IS) and renal function.** eGFR; estimated glomerular filtration rate.
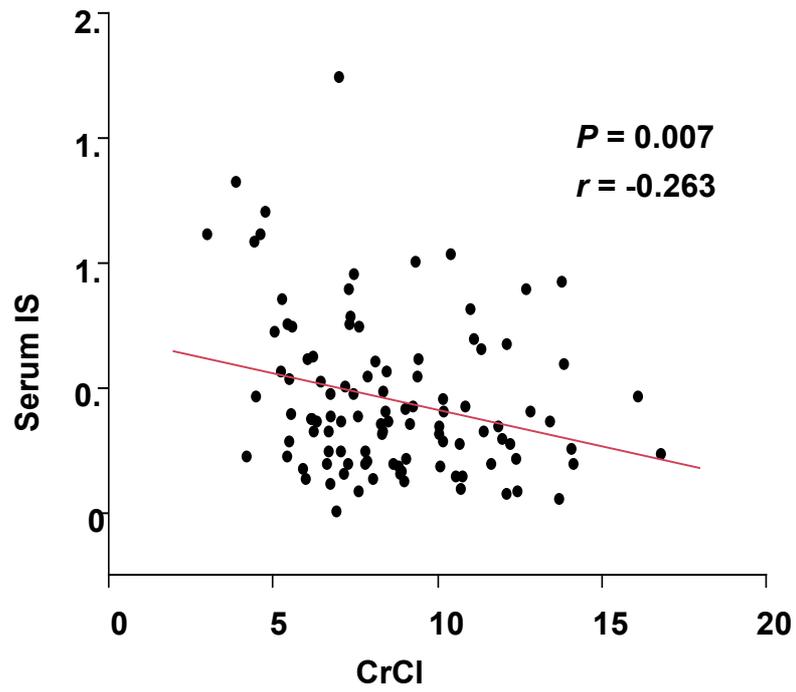
Figure 2b. Serum levels of indoxyl sulfate (IS) are increased in patients with reduced renal function. CrCl; creatinine clearance.
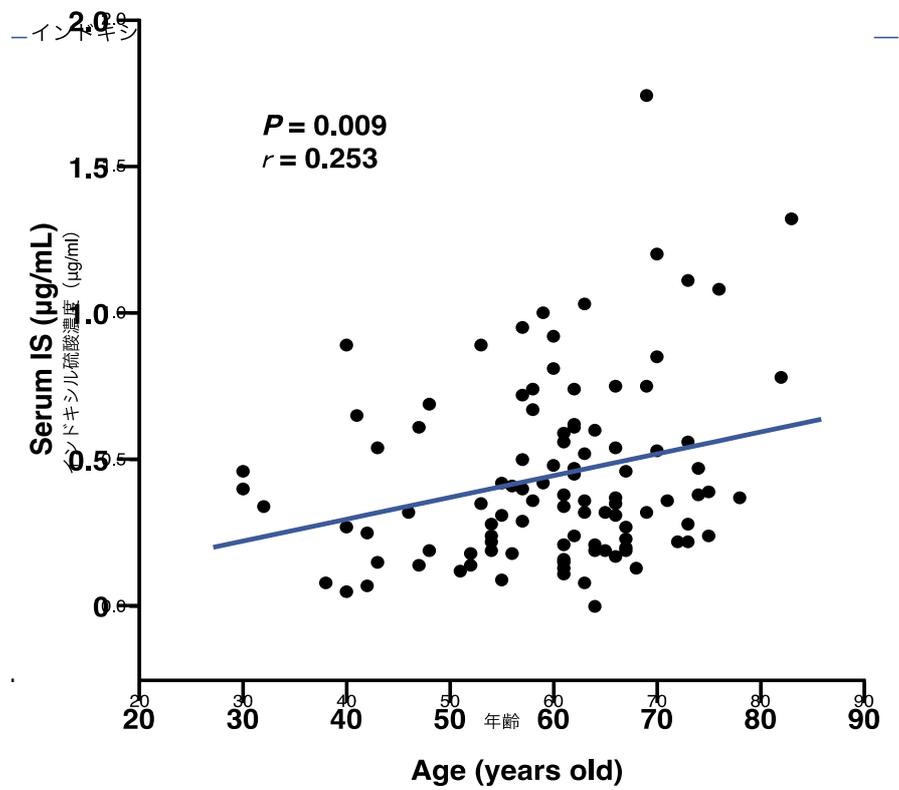
Figure 2c. Relationship between serum levels of indoxyl sulfate (IS) and age.

Fig. 3. Relationship between serum levels of IS and IAA.
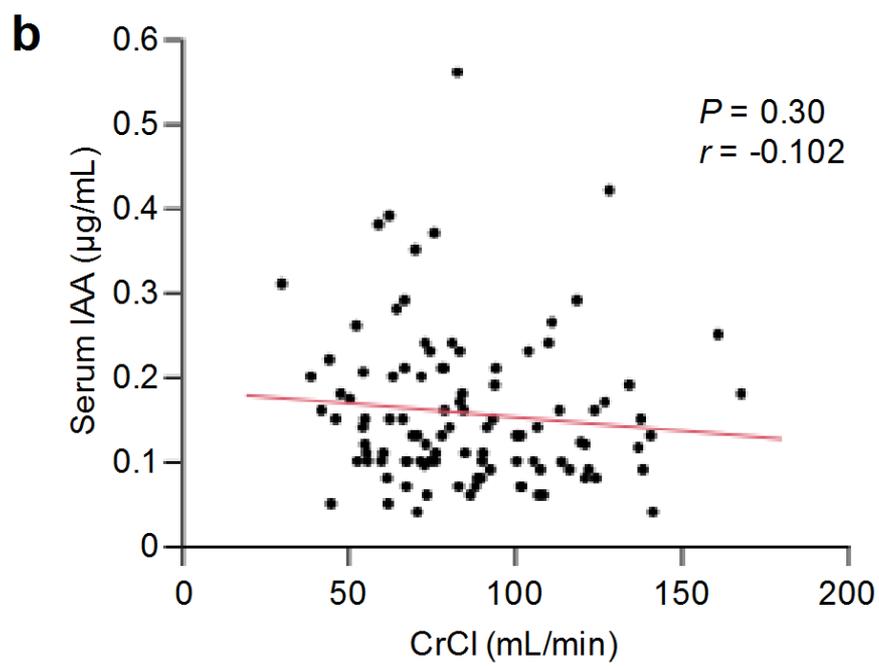
IAA = indole-3 acetic acid, IS = indoxyl sulfate.
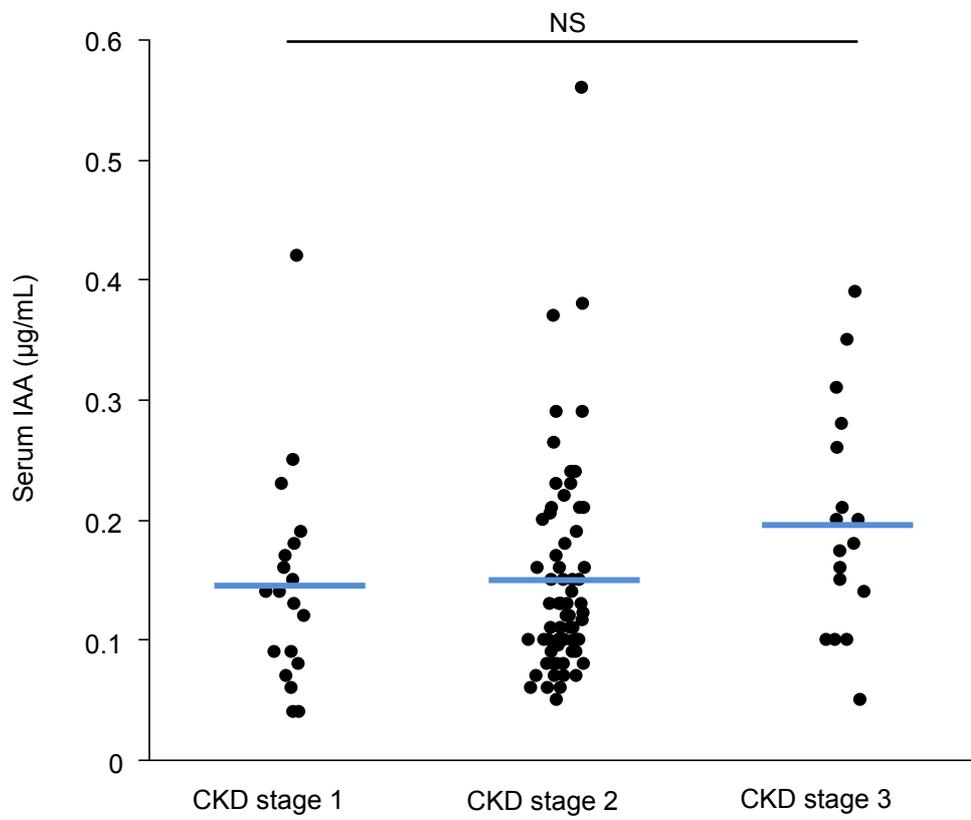
Fig. 4. Serum levels of IAA and CKD stags. CKD = chronic kidney disease,

IAA = indole-3 acetic acid.

a

Serum IAA (µg/mL) vs eGFR (mL/min/1.73m²)

P = 0.009
r = -0.255

b

Serum IAA (µg/mL) vs CrCl (mL/min)
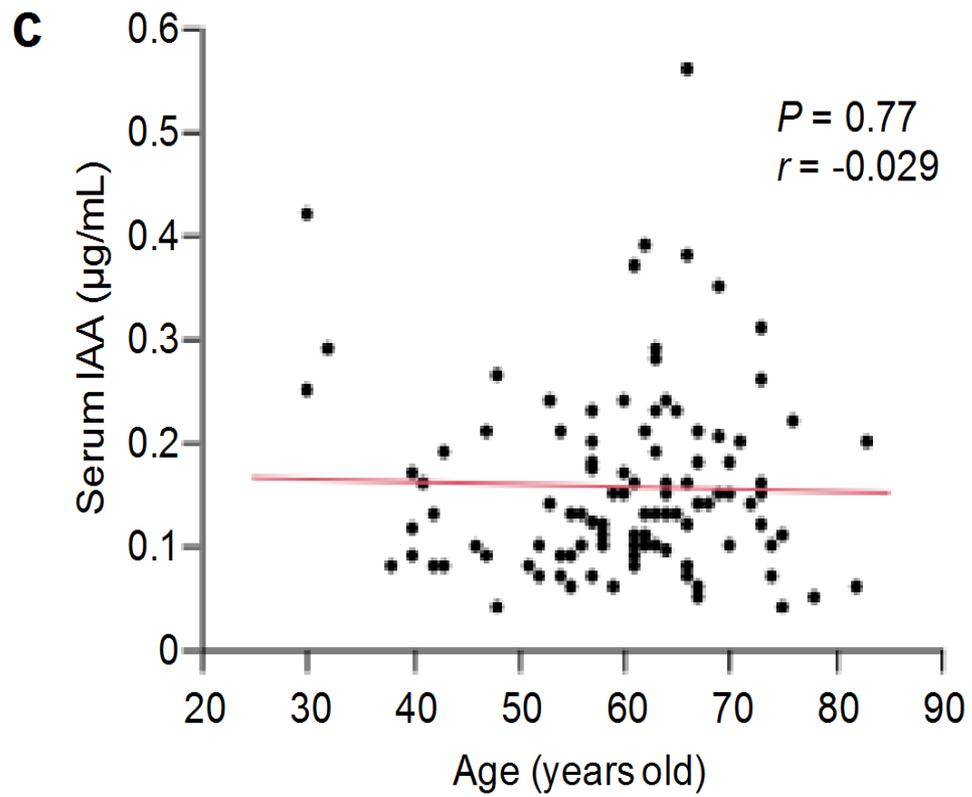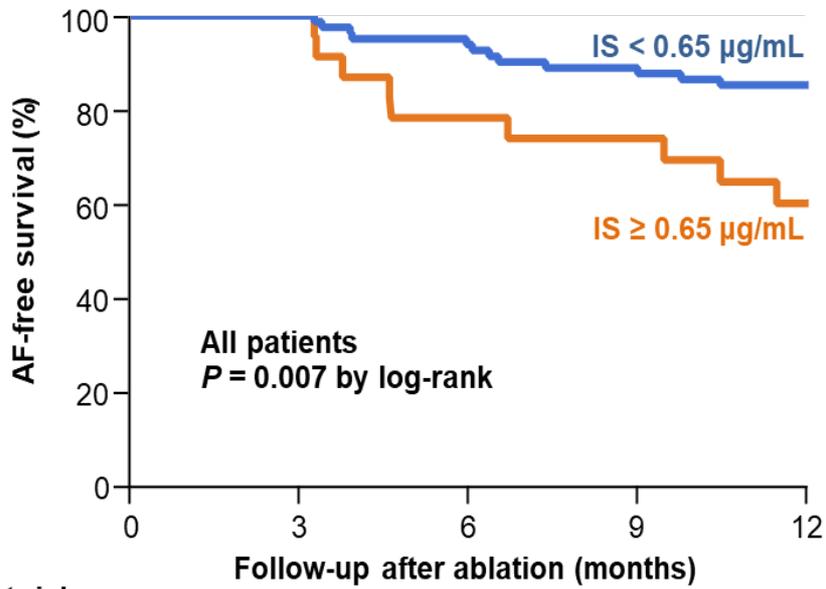
P = 0.30
r = -0.102
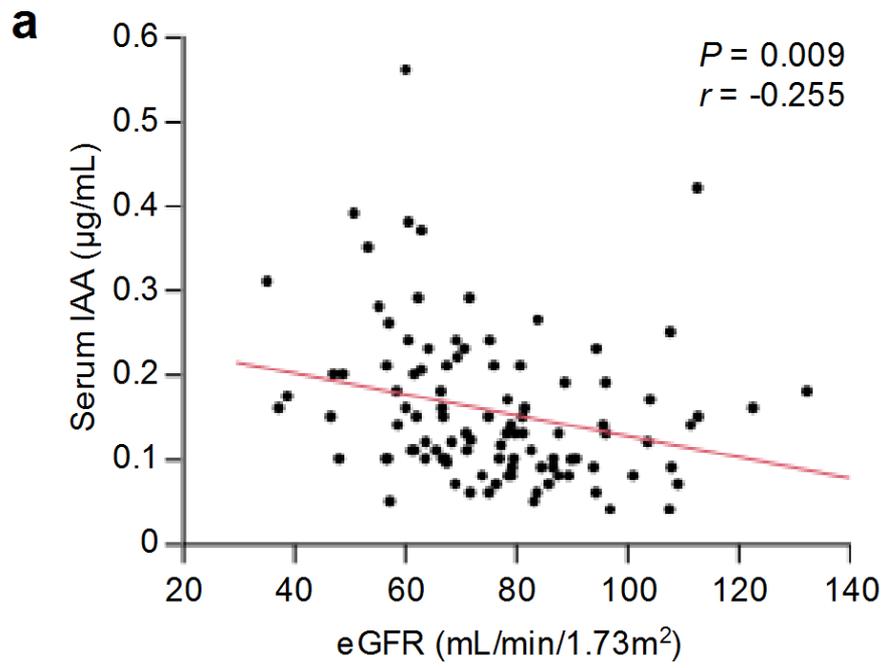
Fig. 5. Correlations between serum levels of IAA and eGFR (a), CrCl (b), or age (c).

CrCl = creatinine clearance, eGFR = estimated glomerular filtration rate,
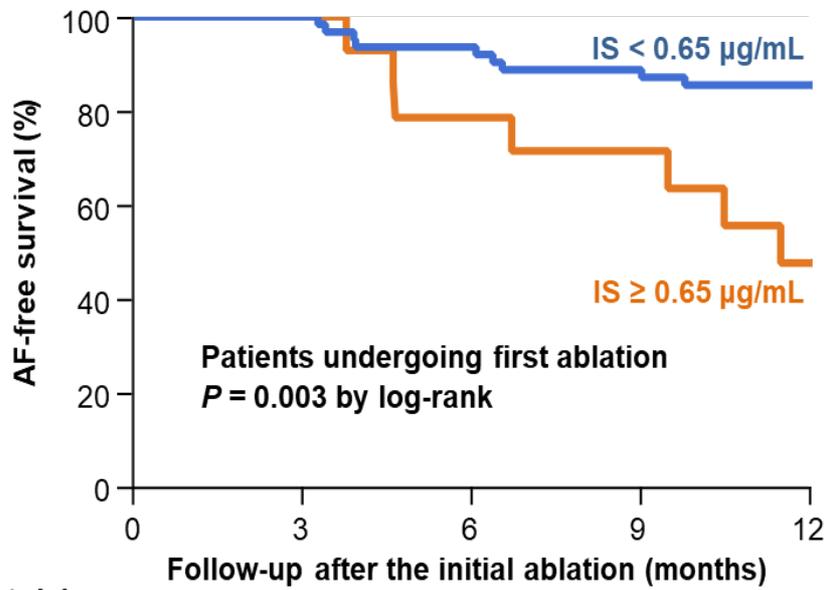
IAA = indole-3 acetic acid.

a

AF-free survival (%)

IS < 0.65 μg/mL

IS ≥ 0.65 μg/mL

All patients
P = 0.007 by log-rank

Follow-up after ablation (months)

Number at risk

IS < 0.65 μg/mL	82	82	77	73	69
IS ≥ 0.65 μg/mL	23	23	19	18	13

b

AF-free survival (%)

IS < 0.65 μg/mL

IS ≥ 0.65 μg/mL

Patients undergoing first ablation
P = 0.003 by log-rank

Follow-up after the initial ablation (months)

Number at risk

IS < 0.65 μg/mL	62	62	58	56	53
IS ≥ 0.65 μg/mL	14	14	12	11	6

44

C

Number at risk

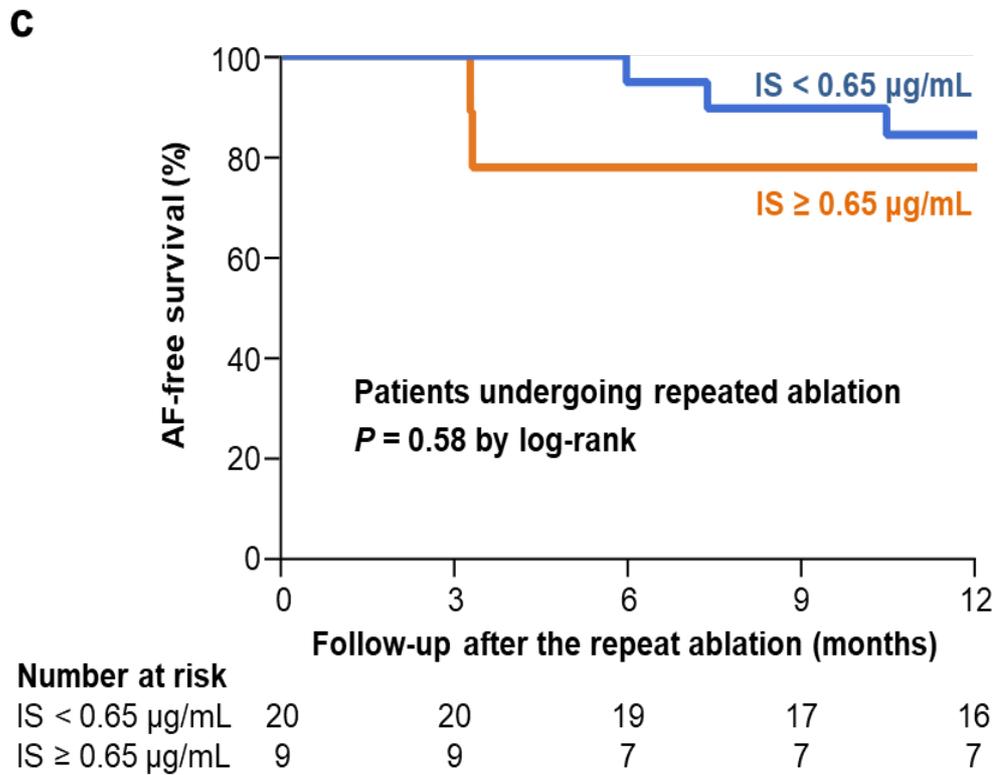|					
IS < 0.65 μg/mL	20	20	19	17	16
IS ≥ 0.65 μg/mL	9	9	7	7	7

Figure. 6.

Impact of indoxyl sulfate (IS) levels on the recurrence of atrial fibrillation (AF) after catheter ablation.
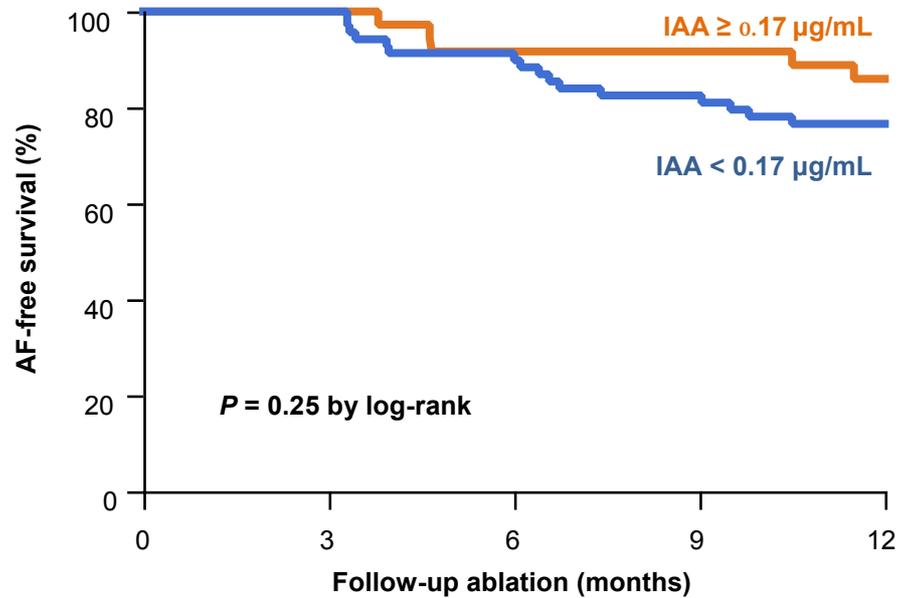
The AF-free survival rates are shown for the whole cohort according to the IS levels (A).

The AF-free survival rates are shown for patients undergoing a first AF ablation (B) and

patients undergoing a repeated AF ablation (C) according to the IS levels. The numbers

at the bottom of the graph indicates the number of 'at risk' patients at each follow-up

month.

Fig. 7. Impact of IAA levels on the recurrence of AF after catheter ablation.

The numbers at the bottom of the graph indicates the number of 'at risk' patients at

each follow-up month. AF = atrial fibrillation, IAA = indole-3 acetic acid.

謝辞

　本研究のご指導・ご鞭撻を賜りました、指導教員である筑波大学医学医療系循環器内科　家田真樹教授、青沼和隆教授に深く感謝の意を申し上げます。

　また、本研究の遂行において丁寧にご指導をいただきました、筑波大学医学医療系循環器内科　田尻和子助教に、ここに厚く感謝の意を申し上げます。

　さらに共同研究者として実験方法や解析について多大なご助言を頂きました、臨床薬剤学　本間真人教授、土岐浩介講師、大分大学医学部循環器内科・臨床検査診断学　髙橋尚彦教授に、厚く御礼を申し上げます。

　そして本研究を行うにあたり、常日頃から数々のご助言を賜りました、筑波大学医学医療系循環器内科　野上明彦教授、村越伸行准教授、許東洙准教授、山崎浩講師を始め、筑波大学循環器内科研究室の皆様に深く感謝の意を表します。

出典

　本学位論文では、Scientific Reports. 2018 Nov 22;8(1):17276.

(doi: 10.1038/s41598-018-35226-5.)に掲載された論文の内容を、

Scientific Reports 社の規定にしたがって再利用している。