

# **Osteoblast Differentiation and Disinfection Induced by Nitrogen Plasma-treated Surfaces**

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Running Head: Nitrogen Plasma-treated Surfaces for Tissue Engineering

## **Abstract**

Plasma technology is widely employed to tailor the surface chemistry of polymeric biomaterials. In this work, nitrogen-containing functional groups were generated on a polymer surface by N<sub>2</sub> plasma immersion ion implantation (PIII). We evaluated the abilities of the resulting surface to inhibit bacterial growth and to enhance osteoblast differentiation from the perspective of bone tissue engineering. Our results demonstrate that the N<sub>2</sub> PIII-treated polymer surface exhibits antibacterial properties against *Escherichia coli*. Moreover, the N<sub>2</sub> PIII-treated polymer surface has the ability to enhance differentiation of osteoblasts. N<sub>2</sub> PIII-treated polymer surface may therefore be useful in bone tissue engineering.

**Keywords:** bone tissue engineering, differentiation, disinfection, osteoblasts, plasma, polymer

## 1. Introduction

Recent research in tissue engineering has been focused on the chemistry of the material surface that regulates specific signaling pathways and controls cellular functions [1,2]. Among the various technologies used to tailor the surface chemistry, gas plasma treatment is relatively simple and is widely employed to modify a polymer surface and to render different properties. Careful control of the processing parameters can modulate the chemical specificities of the polymer surface, enabling the polymer to cater to a particular application [3-5].

A  $N_2$  plasma is typically composed of various nitrogen radicals, such as  $N_2^+$ ,  $N_2$  (excited), and  $N$  [6]. It is possible to produce nitrogen-containing functional groups, such as C-N, C=N, N-O, N=C-O, and N-C=O, on a polymer surface using the  $N_2$  plasma [4-6]. In this work, we generate nitrogen-containing functional groups on a polymer surface by  $N_2$  plasma immersion ion implantation (PIII), and then evaluate the ability of  $N_2$  PIII-treated polymer surface to inhibit bacterial growth and to enhance osteoblastic cell differentiation. Although plasma technology has been widely used to modify the surface chemistry of polymers, very little is known about influences of the  $N_2$  plasma-generated functional groups on osteoblastic cells. In this study we indicated the potential of  $N_2$  PIII-treated polymer surface in bone tissue engineering.

## 2. Materials and methods

### 2.1. Sample Preparation

Polyethylene (PE,  $M_w = 9 \times 10^4$  g/mol, Beijing Huaer Co., Ltd., China), which possesses a simple chemical structure, was chosen as the polymer in our study to more easily understand the surface chemical changes arising from the N<sub>2</sub> PIII treatment. The more common O<sub>2</sub> PIII treatment was also applied as the control. PE samples with dimensions of 10 mm x 10 mm x 1 mm were subjected to the PIII treatments using the following conditions based on previous studies [4,5]: bias voltage = -5 kV, radio frequency power = 1000 W, treatment time = 10 min, gas pressure =  $5 \times 10^{-5}$  torr, N<sub>2</sub> or O<sub>2</sub> flow rate = 10 sccm. The untreated PE, O<sub>2</sub> PIII-, and N<sub>2</sub> PIII-treated PE samples are denoted as PE control, O<sub>2</sub> PIII-treated polymer surface, and N<sub>2</sub> PIII-treated polymer surface, respectively. The prepared samples were stored in a vacuum chamber before the surface characterization.

### 2.2. Surface Characterization

Contact mode atomic force microscopy (AFM, Nanoscope III, Digital Instruments Co., USA) was used to observe the surface morphology and to measure the surface roughness of the samples (scanned area was 4  $\mu\text{m}$  x 4  $\mu\text{m}$ ). The static contact angles associated with distilled water for the samples were determined at ambient humidity and temperature using Ramé-Hart contact angle goniometry (Ramé-Hart instrument Co., USA).

The surface chemical states of the samples were examined by X-ray photoelectron spectroscopy (XPS, PHI 5802, Physical Electronics Inc., USA)

employing monochromatic Al K $\alpha$  radiation operated at 14 kV and 350 W. The same kind of samples was measured at three different points. All XPS data fitting was performed using 100 % Gaussian line shapes with a Shirley background subtraction.

### 2.3. Antibacterial assay

The antibacterial performance of the samples against *Escherichia coli* (*E. coli*) was assayed using a standard colony counting method [7]. In brief, 0.1 mL of  $1 \times 10^5$  CFU/mL *E. coli* suspensions was applied to the surface of each sample. After incubation for 24 hours at  $37 \pm 1$  °C with a relative humidity higher than 90 %, the *E. coli* cultures were transferred onto a Lysogeny Broth plate and incubated for another 24 hours. After incubation the viable colonies on the plate were counted.

### 2.4. Cell Culture

A mouse osteoblastic cell line (MC3T3-E1) derived from hamsters (RIKEN BioResource Center, Japan) was incubated in a minimal essential medium (invitrogen, USA) supplemented with 10% fetal bovine serum (invitrogen, USA). One ml cell suspension was seeded on each sample in the well of a 24-well cell culture plate and incubated at 37 °C in 5% CO<sub>2</sub> for varying periods of time.

### 2.5. Detection of Alkaline Phosphatase (ALP) and Osteocalcin (OC) expressions with real-time PCR

One ml of  $5 \times 10^4$  cell/mL cell suspension was applied to each sample in a 24-well cell culture plate. After incubation for 4 days, *in vitro* cell samples were washed

three times with phosphate buffered saline (PBS). Total RNA was extracted from these samples with an RNA extraction kit (Invitrogen, USA). One microgram of total RNA was reverse transcribed in a buffer containing 1  $\mu$ L oligo-dT primers (2.5 M), 250  $\mu$ M deoxynucleotides, 10 U RNasin (Promega, Japan), and 100 U Superscript II (GIBCO-BRL, USA?). This mixture was incubated for 40 min at 42 °C and then for 5 min at 95 °C. The expression levels of ALP, OC, and GAPDH were detected using the following primers: forward primer 5'-GAGCAGGAACAGAAGTTTGC-3' and reverse primer 5'-GTTGCAGGGTCTGGAGAGTA-3' for ALP [8], forward primer 5'-AGCTCAACCCCAATTGTGAC-3' and reverse primer 5'-AGCTGTGCCGTCCATACTTT-3' for OC [8], and forward primer 5'-AACTCCCATTCCTCCACCTT-3' and reverse primer 5'-GAGGGCCTCTCTCTTGCTCT-3' for GAPDH [8]. Each primer (12.5 pM) along with 0.5  $\mu$ L of template sample was added to a solution containing 12.5  $\mu$ L of iQ SYBR green supermix (Bio-Rad, Japan) (final volume: 25  $\mu$ L). The expression levels of *ALP*, and *OC* were indicated as the delta cycle times ( $\Delta$  cycle(t)) compared with *GAPDH* expression.

## 2.6. ALP Activity and OC Assay

One ml of  $5 \times 10^4$  cell/mL cell suspension was applied to each sample in a 24-well cell culture plate. After incubation for varying periods, *in vitro* cell samples were washed three times with PBS. The cells were lysed by freezing and thawing for three cycles in 200  $\mu$ L of 1 % triton X-100 in ultrapure water. The cell lysate solutions were

centrifuged at 2000 g for 10 min at 4 °C. The supernatants were stored at -20 °C prior to analysis of the total protein content, ALP activity assay and OC assay.

The ALP activity of the cell lysate supernatants after 4, 7, and 9 days incubation, was assayed using p-nitrophenylphosphate as a substrate by employing an ALP activity kit (Wako Co., Japan). The absorbance of the solution at 405 nm was measured using the microplate reader (Bio-Rad Laboratories Inc., USA). The levels of ALP activity were normalized to the total cellular protein content.

The cell culture medium obtained after 4 and 9 days incubation was centrifuged at 2000 g for 10 min at 4 °C. Quantification of OC in the supernatants was performed using a mouse OC EIA kit (Biomedical Technologies Inc., USA), according to its protocol. The absorbance of the solutions was measured at 450 nm using the microplate reader (Bio-Rad Laboratories Inc.). The levels of OC secretion were normalized to the total cellular protein content.

The quantification of protein in the cell lysate supernatants was performed using a micro-BCA protein assay kit (Thermo Fisher Scientific Inc., USA). The absorbance of the resulting solution at 570 nm was measured using a plate reader (Bio-Rad Laboratories Inc.).

## *2.7. Statistical analysis*

All data was analyzed using the Student's t-test, and probability values of less than 0.05 were considered to be statistically significant. Experimental results are expressed as the mean  $\pm$  the standard error of the mean.

### 3. Results

#### 3.1. Surface Characterization

The AFM observation showed that both the N<sub>2</sub> PIII-treated polymer surface and O<sub>2</sub> PIII-treated polymer surface had little effect on the morphology of the surface; the measured root mean square (RMS) roughness was about 200 nm for all the samples ( $p > 0.05$ ). In contrast, the N<sub>2</sub> PIII-treated polymer surface and O<sub>2</sub> PIII-treated polymer surface greatly improved the hydrophilicity of the PE control; water contact angle decreased from  $94.83^\circ \pm 1.21^\circ$  to  $37.93^\circ \pm 4.94^\circ$  and  $28.53^\circ \pm 2.02^\circ$  by the N<sub>2</sub> PIII-treated polymer surface and O<sub>2</sub> PIII-treated polymer surface, respectively. The improvement in surface hydrophilicity may be attributed to the formation of polar groups on the PE surface that were induced by the N<sub>2</sub> PIII and O<sub>2</sub> PIII treatments [6].

Table 1 shows the element ratios of O and N to C on the surfaces of the samples; the results suggest that nitrogen- and oxygen-containing functional groups were generated on the PE surface by the N<sub>2</sub> PIII and O<sub>2</sub> PIII treatments, respectively. From the high resolution XPS spectrum of C<sub>1s</sub> shown in Figure 1b, the oxygen-containing functional groups formed on the O<sub>2</sub> PIII sample were identified as C-O, C=O, and O-C=O [9]. From the high resolution XPS spectra of C<sub>1s</sub> and N<sub>1s</sub> shown in Figures 1c and 1d, the nitrogen-containing functional groups formed on the N<sub>2</sub> PIII-treated polymer surface were identified as C $\equiv$ N, C=N, C-N, O-C-N, and O=C-N [6,9].

#### 3.2. Antibacterial Properties

The N<sub>2</sub> PIII-treated polymer surface sample showed better disinfectant property to *E. coli* than the PE control and O<sub>2</sub> PIII-treated polymer surface. We observe that the



number of viable *E. coli* on the N<sub>2</sub> PIII-treated polymer surface was significantly lower than that on both the PE control and O<sub>2</sub> PIII-treated polymer surface after 24 hours of incubation, as shown in Figure 2a. The O<sub>2</sub> PIII-treated polymer surface exhibited no disinfectant properties.

### *3.3. ALP and OC gene Expression*

ALP and OC expression level are two important indicators for the early and mature differentiations of osteoblasts [10]. The results in Figures 2b and 2c showed that the MC3T3-E1 cells had higher ALP and OC expression levels on N<sub>2</sub> PIII-treated polymer surface compared with PE control and O<sub>2</sub> PIII-treated polymer surface.

### *3.4. ALP Activity and OC Assay*

The N<sub>2</sub> PIII-treated polymer surface promoted the differentiation of the MC3T3-E1 cells on its surface compared with the PE control and O<sub>2</sub> PIII-treated polymer surface, according to the results of the ALP activity and OC assay. ALP activity is a marker for the early and mature differentiations of osteoblasts, and is also an indicator of bone formation and matrix mineralization [10]. Figure 2d shows that the MC3T3-E1 cells on the N<sub>2</sub> PIII-treated polymer surface exhibited higher ALP activity than those on the PE control and O<sub>2</sub> PIII-treated polymer surface at the incubation periods of 4 and 9 days.

The promoted differentiation of the MC3T3-E1 cells on the N<sub>2</sub> PIII-treated polymer surface compared with the PE control was also confirmed by OC assay. OC secretion is another biological marker for terminal differentiation of osteoblasts. As shown in Figure 2e, the MC3T3-E1 cells on the N<sub>2</sub> PIII-treated polymer surface

secreted a significantly larger amount of OC than did those on the PE control at the incubation period of 4 days. Differences in OC secretion between the N<sub>2</sub> PIII-treated polymer surface and O<sub>2</sub> PIII-treated polymer surface were not statistically significant.

#### 4. Discussion

N<sub>2</sub> plasma is composed of many species of nitrogen radicals [6], which collide and react with polymeric chains on the polymer surfaces when a bias voltage is applied. The chemical and physical characteristics of the polymer surface can be tailored, depending on the treatment conditions (type of gas, pressure, temperature, treatment time, and the source power). In the present work, the N<sub>2</sub> and O<sub>2</sub> PIII treatments were applied to PE based upon our previous studies [4,5]. XPS analysis indicated that nitrogen-containing functional groups were formed on the N<sub>2</sub> PIII-treated polymer surface, and oxygen-containing functional groups were formed on the O<sub>2</sub> PIII-treated polymer surface (Table 1 and Figure 1) [6,9]. The nitrogen-containing functional groups on the N<sub>2</sub> PIII-treated polymer surface also contained oxygen, as indicated by XPS (Table 1). Co-existence of oxygen in these groups can be attributed to oxidation of less stable nitrogen-containing functional groups by atmospheric oxygen-containing species after the N<sub>2</sub> PIII treatment. For example, imine groups formed on the surface may be converted by the following reaction:  $\text{R-CH=NH} + \text{H}_2\text{O} \rightarrow \text{R-CH=O} + \text{NH}_3$ .

The N<sub>2</sub> PIII-treated polymer surface may possess antibacterial properties, although we have not observed this characteristic with the O<sub>2</sub> PIII-treated polymer surface (Figure 2a). Previous studies have reported that polymer surfaces with nitrogen-containing functional groups have excellent antibacterial properties [11]. However, the molecular mechanism underlying the antibacterial characteristics has not been elucidated.

The behavior of osteoblasts is dependent upon the surface characteristics of materials, including surface morphology [12], surface energy [13], surface charge [14],

and surface chemistry [15]. In general, plasma treatment can change the morphology and hydrophilicity of polymer surfaces. Although both the N<sub>2</sub> PIII-treated polymer surface and O<sub>2</sub> PIII-treated polymer surface had equivalent surface morphologies and hydrophilicities, the stimulating effects on osteoblast differentiation were observed only for the N<sub>2</sub> PIII-treated polymer surface. Variation in the chemical nature of the surface functional groups is likely to be more critical in determining the behavior of osteoblasts, affecting other surface characteristics such as surface charge [14] and/or surface protein adsorption [13]. Future studies will be directed toward fully characterizing the differences between the sample surfaces and their interactions with the osteoblasts.

N<sub>2</sub> PIII-treated polymer surface as described in our study is easily performed within a short period, with little impact on the intrinsic physical and chemical properties of the bulk polymer. More importantly, surface modification by this plasma technology is applicable to not only PE, but a variety of biodegradable polymers including poly(L-lactic acid) and poly( $\epsilon$ -caprolactone), both of which have an established safety record as bioresorbable polymers that are suitable for tissue engineering materials. Therefore, the N<sub>2</sub> PIII-treated polymer surface may be useful in obtaining polymeric materials that possess antibacterial properties and the ability to accelerate bone tissue regeneration.

## **5. Conclusion**

This work demonstrates that the N<sub>2</sub> PIII-treated PE surface has antibacterial properties and the ability to enhance osteoblast differentiation. The N<sub>2</sub> PIII-treated polymer surface may be useful in bone tissue engineering.

## **Acknowledgements**

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## Figure captions

Table 1 Element ratios of O/C and N/C in the surface of the samples determined by XPS.

Figure 1 High resolution XPS spectra of C<sub>1s</sub> of the surfaces of (a) PE control, (b) O<sub>2</sub> PIII-treated polymer surface, and (c) N<sub>2</sub> PIII-treated polymer surface, and (d) high resolution XPS spectrum of N<sub>1s</sub> of the surface of the N<sub>2</sub> PIII-treated polymer surface.

Figure 2: a) Number of viable *E. coli* on the PE control, O<sub>2</sub> PIII-treated polymer surface, and N<sub>2</sub> PIII-treated polymer surface after incubating for 24 hours (n = 6, \*\*: p < 0.001). b) ALP and c) OC expressions in MC3T3-E1 cells on the PE control, O<sub>2</sub> PIII-treated polymer surface, and N<sub>2</sub> PIII-treated polymer surface after incubating for 4 days, (n = 3, \*: p < 0.05). d) ALP activity and e) OC content normalized to the total protein content of the MC3T3-E1 cells on the PE control, O<sub>2</sub> PIII-treated polymer surface, and N<sub>2</sub> PIII-treated polymer surface (n = 6, \*: p < 0.05). O<sub>2</sub> PIII: O<sub>2</sub> PIII-treated polymer surface. N<sub>2</sub> PIII: N<sub>2</sub> PIII-treated polymer surface.

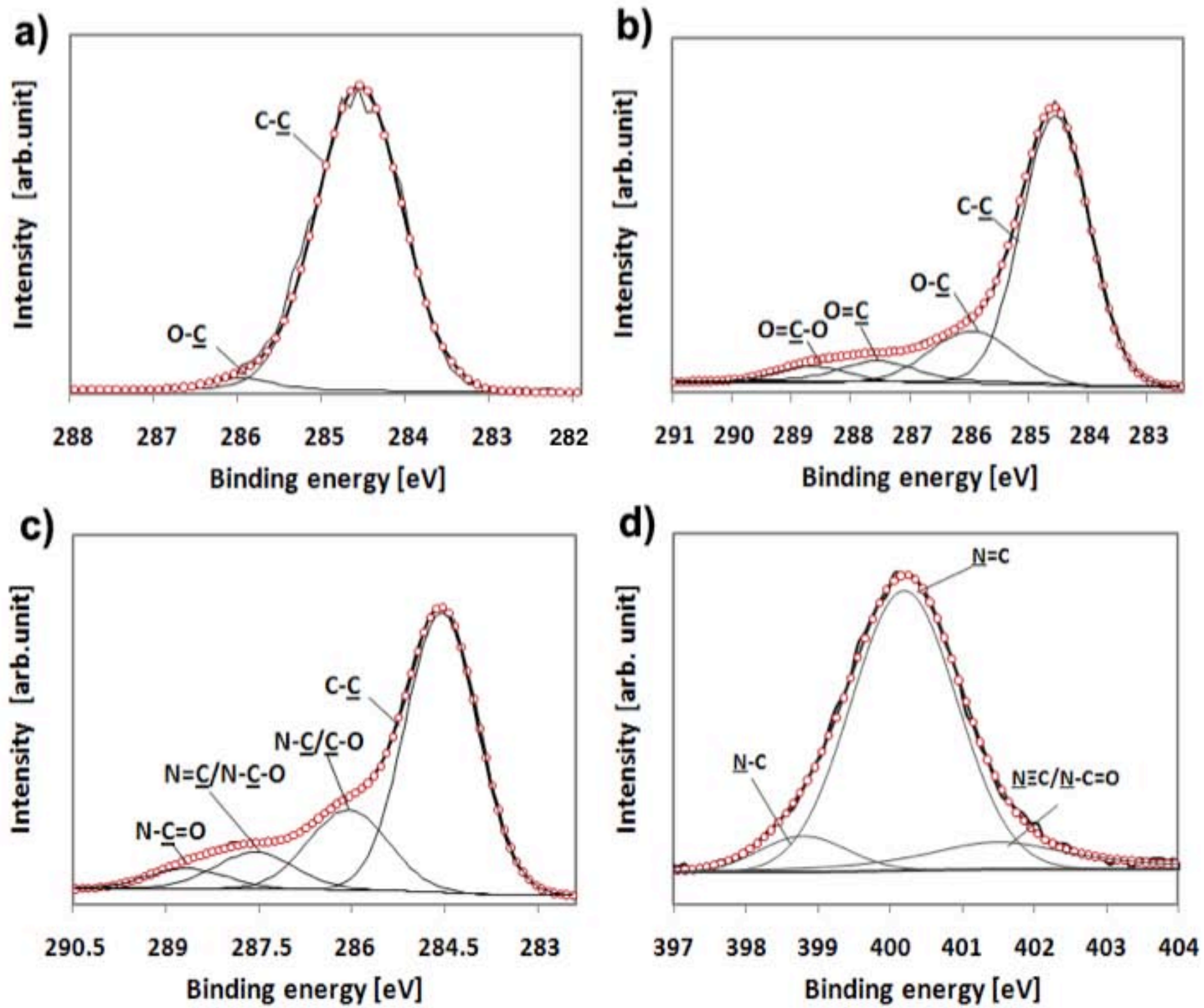


Figure 1

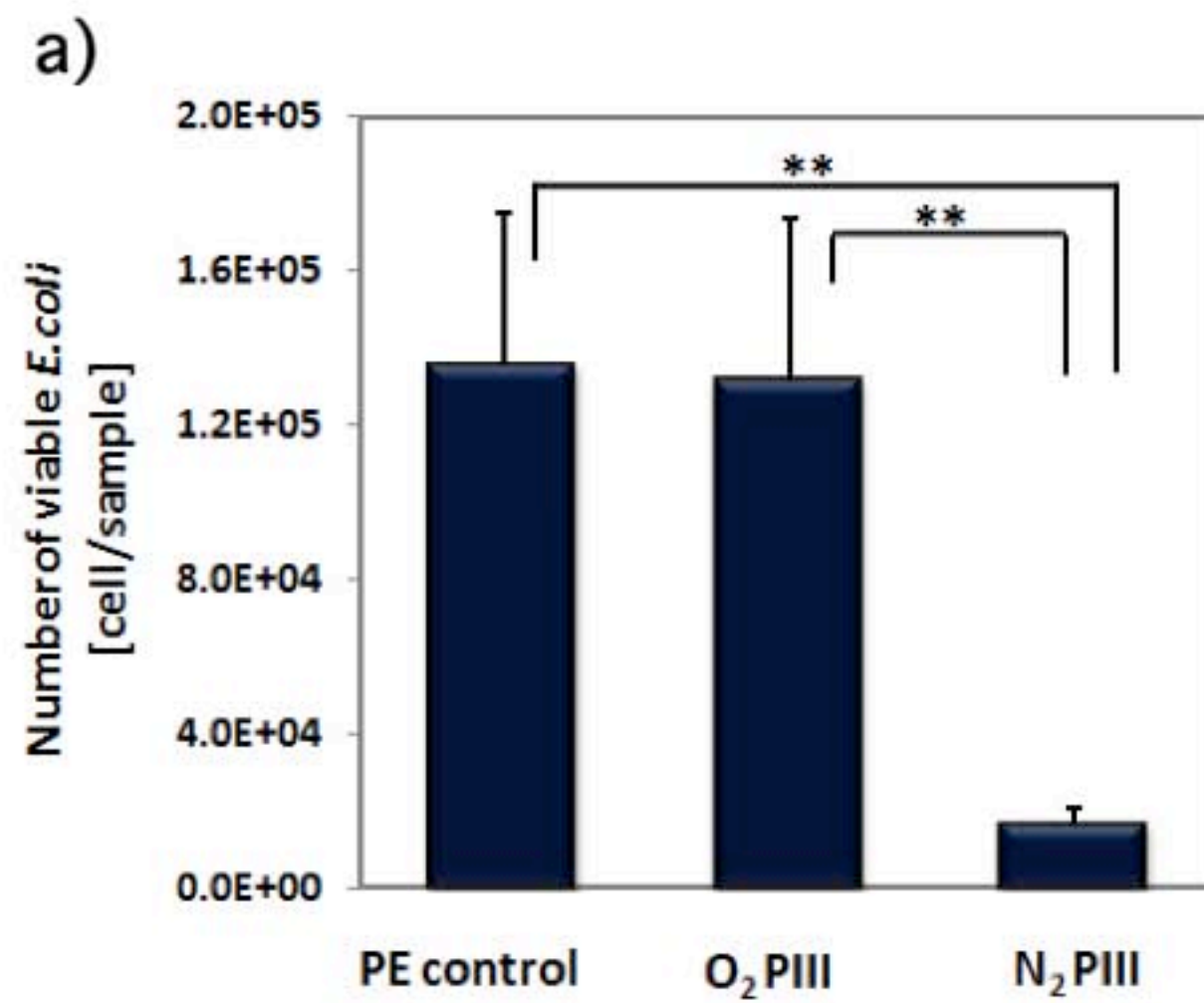


Figure 2

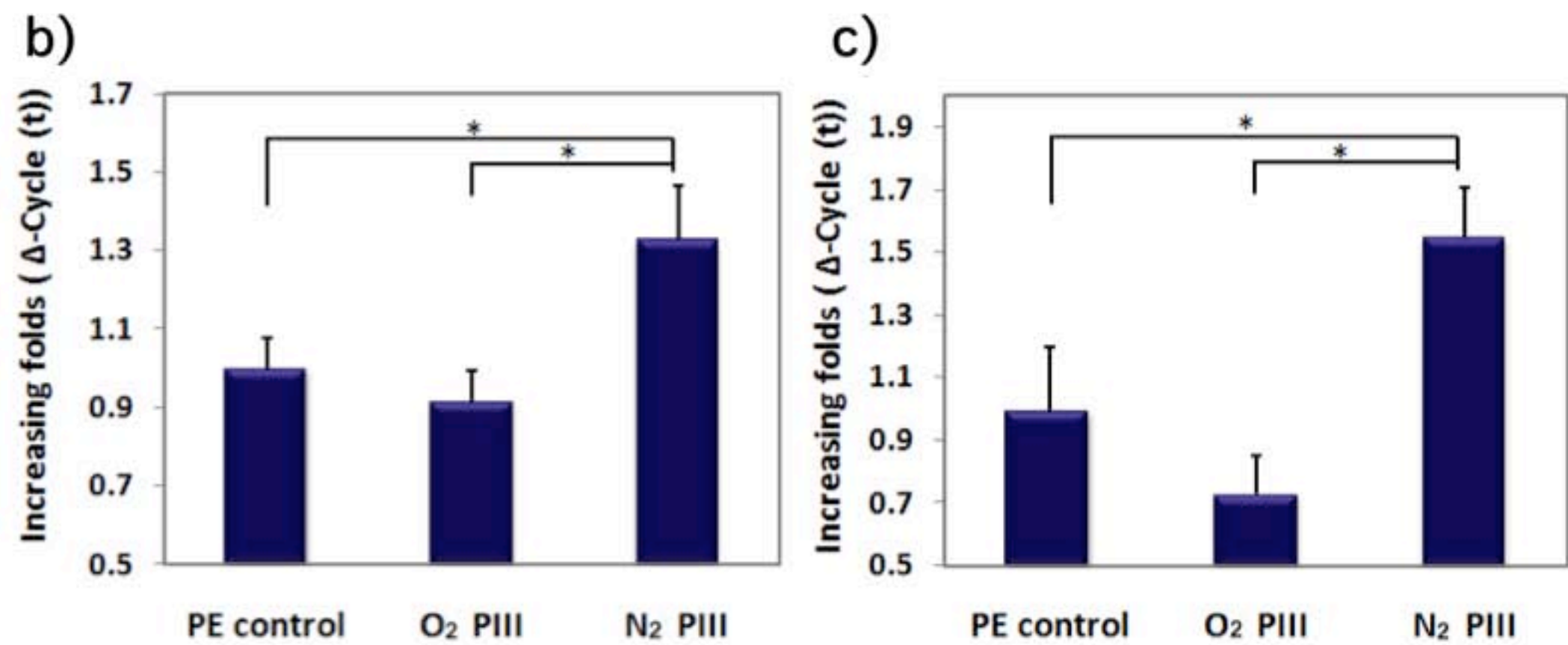


Figure 2

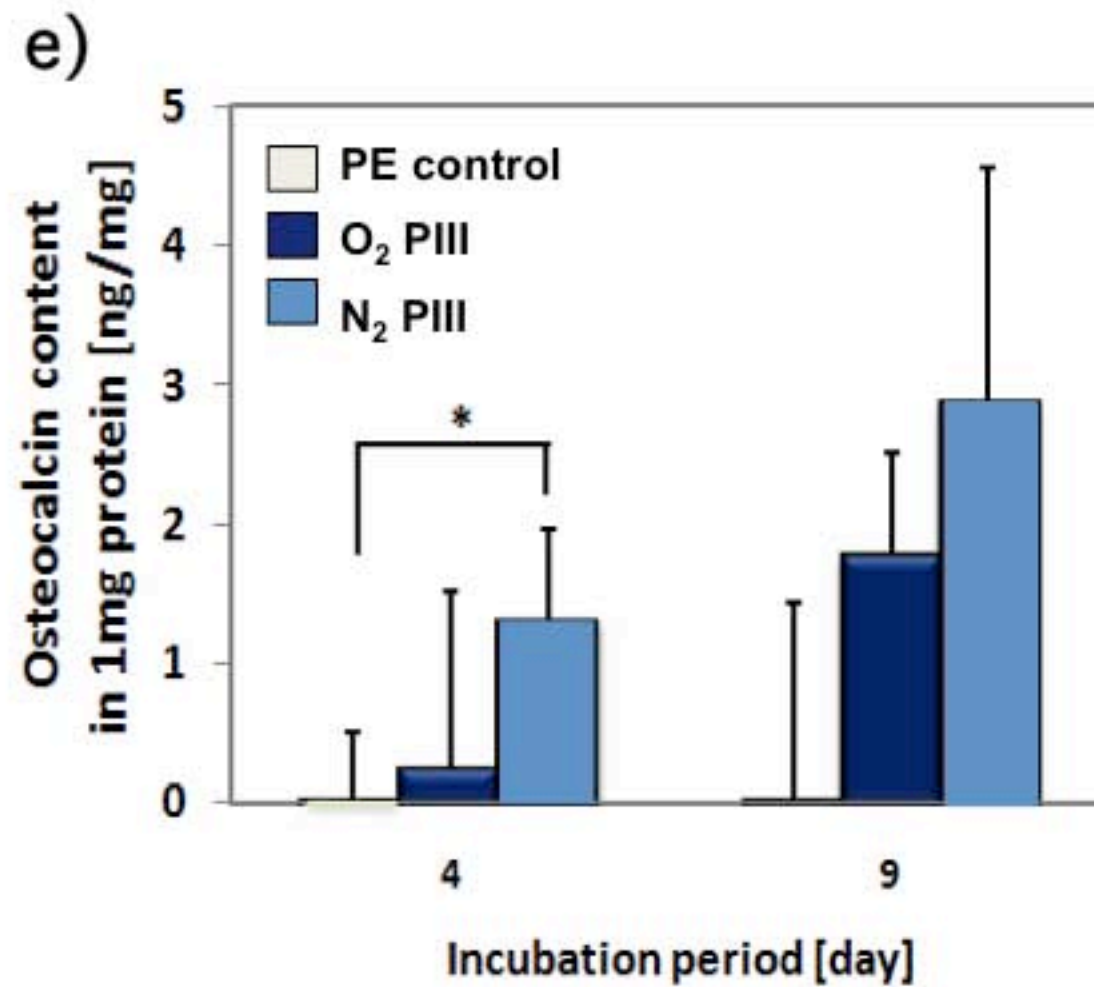
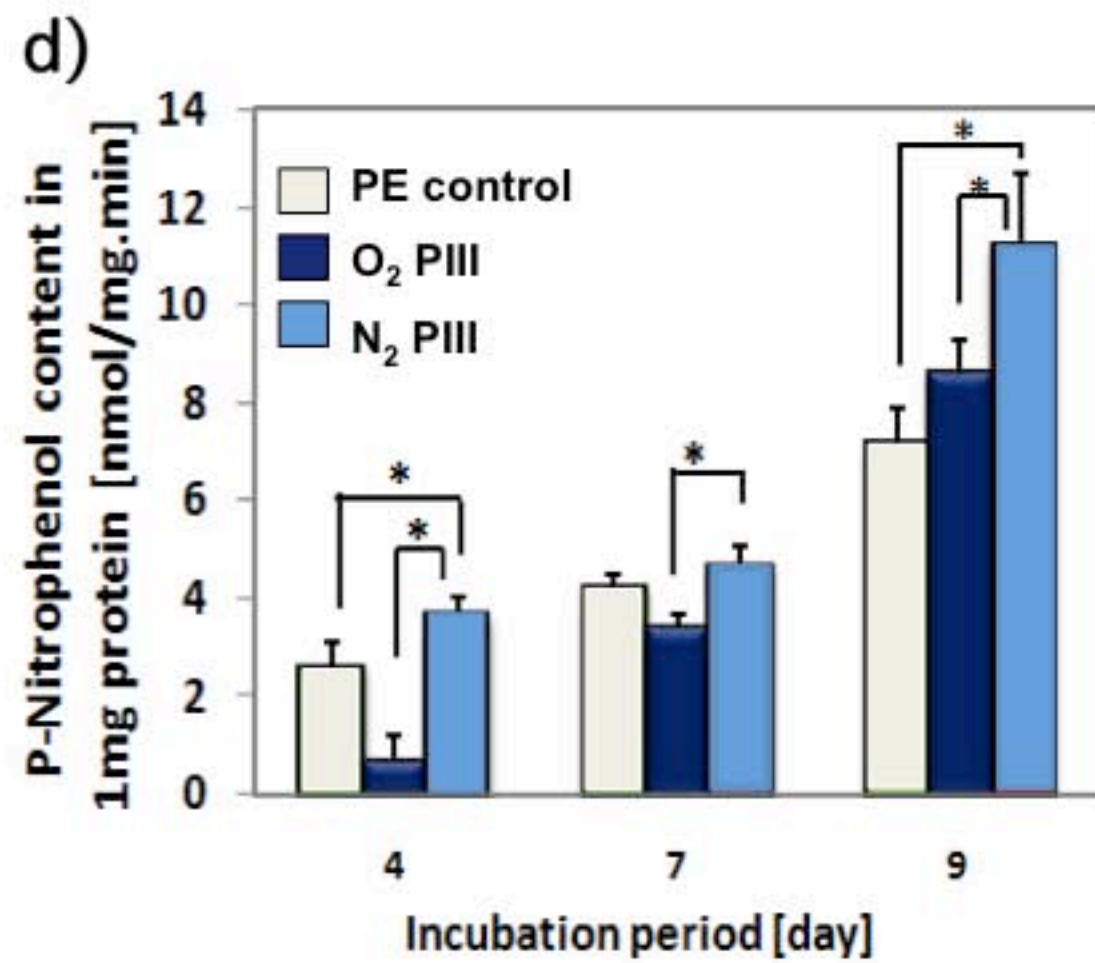


Figure 2

Table 1

Element ratios of O/C and N/C on the surface of the samples

	Element ratio	
	O/C	N/C
PE control	2.4	---
O <sub>2</sub> PIII	30.4	3.3
N <sub>2</sub> PIII	33.6	11.5